# Blessed Sacrament Parish

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

## Liturgy Schedule

**Saturday • 5:10 pm**
**Sunday • 10:00 am**

**Sunday • 7 am**
**Ge'ez Rite Catholic Mass**

**Monday to Friday 12:05 PM**

**Sacrament of Reconciliation**
**Monday to Friday at 11:30 &**
**Saturdays at 4:30 pm**

**Sacrament of Initiation / Baptism, Confirmation & Communion:** *Please contact the parish office.*

**Sacrament of Marriage:** *Please contact the parish office at least one year before proposed date of marriage.*

**Sacrament of the Sick (Anointing):** *after Mass on each First Friday of the month, or by request. Next Friday anointing, December 4th at 12:05 Mass*

## Parish Office

**Monday to Friday • 10 am – 2:00 pm**
**Tel: (306) 522-7422**

*Pastor* **Rev. James Hentges**:
pastor.bsacrament@icloud.com

*Secretary* **Nancy Diokno**:
office.bsacrament@sasktel.net

*Assistant* **Mel Ochia**
assistant.bsacrament@sasktel.net

*Caretaker* **Berhe Zerai:**
caretaker.bsacrament@sasktel.net

*Liturgical Ministry* **Charmaine Elash**:
celash@sasktel.net

*Music* **Bernadette Kutarna:**
music.bsacrament@sasktel.net



## Solemnity of Christ the King

## *music for today's liturgy*

**Processional: Journey Song #761**
*Table of Plenty*

**Kyrie: Ordinary Time Kyrie**

**Gloria: JS 226**

**Responsorial Psalm Response**




**Preparation of Gifts: Journey Song #780**
*Bread for the World*

**Eucharistic Acclamations: JS 227 - 228 - 231-232**

**Communion: Journey Song #828**
*Whatsoever You Do*

**Recessional: Journey Song #759**
*Sing with all the Saints in Glory*

## Donations

Donations to Blessed Sacrament Parish can be sent via **E-transfer (*interac*)** : **blessed.sacrament@sasktel.net**
***Auto-Deposit Forms*** are available at the entrances of the church or at:
**blessedsacramentregina.ca/donations/**

## Vatican News Service

*Go to the Parish home webpage to get Vatican News and recent videos of the Holy Father:*

blessedsacramentregina.ca

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

## TAIZÉ PRAYER

"Taizé Advent Ecumenical Prayer will take place at Blessed Sacrament Church, 2049 Scarth Street in downtown Regina, 5 p.m. Mondays November 29, December 7, 14 and 21.



**TAIZÉ PRAYER**
**Bible Introduction following the Service**
*Thursday, December 2, 7 pm*
*First Week of Advent*

The music of Taizé, with its distinctive, repetitive chants on a simple prayer phrase or word of scripture encourages a contemplative disposition that allows one to go deeper, beyond the mere surface level, into a profound encounter with God in the inner room of the heart."

From all walks of life and all denominations, everyone is welcome!"

## "THE CHRISTMAS MESSIAH"

***Friday, Dec. 4, 7:00 pm at Blessed Sacrament. The Halcyon Chamber Choir will sing excerpts from the Christmas section of the Messiah and other songs.*** This will be a benefit concert for the interfaith Saturday lunch program. Admission by donation. All are welcome!

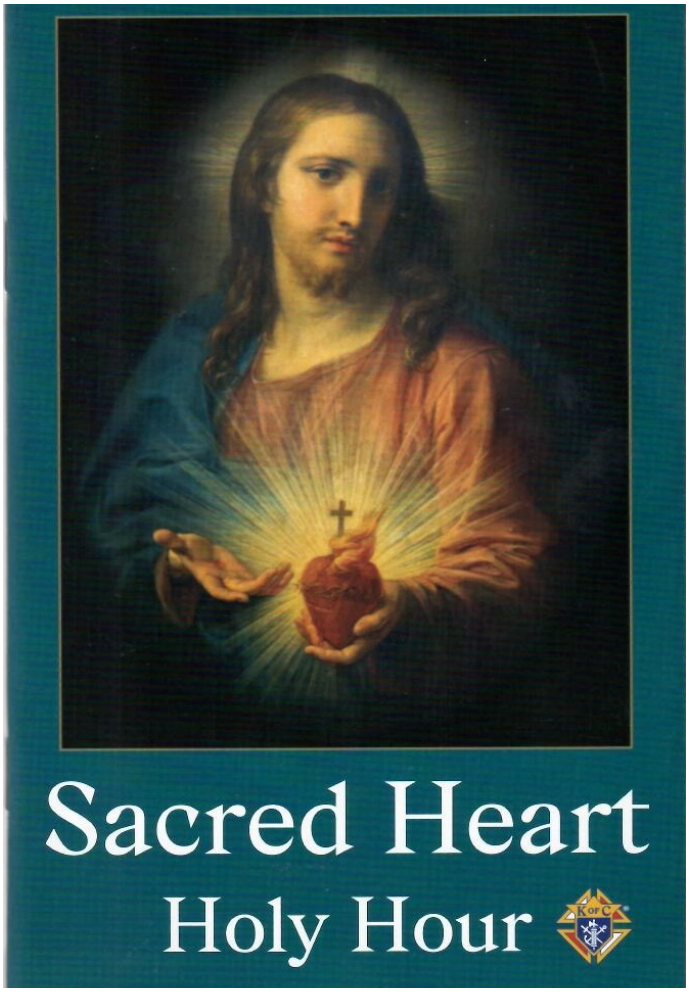
## HOLY FATHER'S PRAYER INTENTION FOR NOVEMBER

***For the proper use of wealth***

*Let us pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service the common good and solidarity of those who have less.*

## HOLY HOUR WITH THE PILGRIM ICON OF THE SACRED HEART OF JESUS

As part of the **Knights of Columbus Pilgrim Icon Program**, the **Santo Niño Council** is bringing the traveling icon of the Sacred Heart of Jesus to Blessed Sacrament Church. Everyone is invited to a **Holy Hour on Tuesday, November 24th, right after the midday Mass**. Please come and spend an hour in prayer and adoration before Our Lord, and bring to His Sacred Heart your intentions, your families, and our parish. *"Come to me, all you who labour and are burdened, and I will give you rest"* (Matthew 11:28).




| Calendar | |
|---|---|
| Monday, November 30th | **Taizé Advent Ecumenical Prayer 5:00 pm (every Monday in Advent)** |
| Thursday, December 3rd | Born this Day, 2026 Catholic High School Advent Choral Concert |
| Friday, December 4th | The **Halcyon Chamber Choir** will sing excerpts from the Christmas section of the Messiah, accompanied by portative (pipe) organ and cello. |
| Saturday, December 5th | **Parish Finance Council** meeting, 10 am, in the parish conference room. |
| Saturday, December 5th | **Face to Face Ministries** is hosting a Youth Retreat at Holy Family Parish on Saturday, December 5! Youth in Grades 5–8 are invited from 2:00–4:45 pm, followed by Mass at 5:00 pm. |

## Popes on Today's Gospel

The son of the man in his glory, surrounded by his angels, acts like the shepherd who separates the sheep from the goats and set the just on his right and the reprobates on his left. (…) The criterion of judgment is decisive. This criterion is love, the concrete charity to neighbour, and in particular to the "little", the people in the greatest difficult: hungry, thirsty, foreigners, naked, sick and in prison. The king solemnly declares to all that what they did or did not do to them, they did or did not do to him himself. That is to say that Christ identifies with "the least of these" his brethren, and the Last Judgment will be the account of what previously happened in earthly life. (…) This is why Jesus wishes to associate us with his kingship; this is why he invites us to collaborate in the coming of his Kingdom of love, justice and peace. It is left to us to respond to him, not with words but with deeds: by choosing the path of effective and generous love for our neighbour we allow him to extend his lordship in time and space.

*(Pope Benedict XVI, Address to pilgrims from the Archdiocese of Amalfi-Cava De' Tirreni, Italy, 22 November 2008)*




# Our Lord Jesus Christ, King of the Universe

**Jesus Christ** is king of all creation. At the end of Matthew's Gospel, Jesus tells his disciples, "All authority in heaven and on earth has been given to me" (28:18). The Book of Revelation calls him, "King of kings and Lord of lords" (19:16). People wanted to make Jesus a king after he worked the miracle of the loaves, but he went away by himself instead (John 6:15). They wanted a secular king to govern their land. Jesus wanted to rule their hearts.

The Catholic Church celebrates the kingship of Christ on the last Sunday of the Church year. The liturgical year reaches its climax in a celebration that honors the supreme command of Christ. He has dominion over all creation, and he rules every person who believes in him.

The Solemnity of Christ the King entered the Catholic calendar in 1925, which Pope Pius XI had set aside as a holy year. Pius thought the feast would bring the year to a solemn close, help combat the forces of secularism, and remind the world that Christ is its ultimate ruler. The pope chose the last Sunday of October because of its proximity to the end of the liturgical year and to serve as a prelude to All Saints Day on Nov. 1. The same day was already being observed as Reformation Sunday in the Protestant traditions.

Pope Paul VI moved the observance from the end of October to the very last Sunday of the Church year in order to exalt its theme even more. Now we end the year with an idea that sums up all that we have celebrated and that prepares us to start anew: this Jesus, whose birth we will soon celebrate, is the king of all creation.

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Archdiocese of Regina
# Bulletin
November 22, 2026
*Our Lord Jesus Christ, King of the Universe*










### Advent Journey

Sign up for a weekly Advent series with weekly reflections, music, prayer, resources and other activities to enhance your Advent Journey. We will email these reflections each week during Advent.
Sign up here: bit.ly/JourneyThroughAdvent
or email mgurash@archregina.sk.ca.

### Archbishop's Appeal

In today's Gospel, Jesus reminds us that our love for God is shown through the way we care for one another. When we welcome the stranger, serve those in need, and offer compassion to others, we are serving Christ Himself.

The prophet Ezekiel shares the image of God as a loving shepherd who seeks out, gathers, and cares for His people. We are called to reflect that same care and compassion in our own lives. Through our prayers, actions, and generosity, we help bring God's love to those around us.

The Archbishop's Appeal is one way we can respond to this call, supporting ministries that serve the vulnerable, strengthen our communities of faith, and share the hope of Christ with others. Thank you for the many ways you help care for God's people and build His Kingdom.

ARCHBISHOP'S appeal

### Stewardship Bulletin Bits

*"...whatever you did for one of the least of my brothers, you did for me." - Matthew 25:40*
Most of us are generous when it's convenient for us. We are generous when we have the time or the money. But real generosity is the opposite of that. It means giving of one's time, money, compassion, forgiveness or mercy when it's not convenient to us, when it's not on our schedule, but on the other person's timeline.

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