

November 1, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

LITURGY SCHEDULE

SATURDAY • 5:10 PM

SUNDAY • 10:00 AM

SUNDAY • 7 AM

GE'EZ RITE CATHOLIC MASS

MONDAY TO FRIDAY 12:05 PM

Sacrament of Reconciliation

Monday to Friday at 11:30 &
Saturdays at 4:30 pm

**Sacrament of Initiation / Baptism,
Confirmation & Communion:** Please
contact the parish office.

Sacrament of Marriage: Please contact the
parish office at least one year before proposed
date of marriage.

Sacrament of the Sick (Anointing): after
Mass on each First Friday of the month,
or by request. Next Friday anointing,
November 6th at 12:05 Mass

PARISH OFFICE

Monday to Friday • 10 am – 2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@icloud.com

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net



ALL SAINTS SUNDAY

IN ORDINARY TIME

music for today's liturgy

Processional: Journey Song #733

Lead Me, Lord

Kyrie: Ordinary Time Kyrie

Gloria: JS 226

Responsorial Psalm Response

Leo Marchildon



Lord, this is the com-pa-ny of those who seek your face.

Preparation of Gifts: Journey Song #644

Your Words and Spirit and Life

**Eucharistic Acclamations: JS 227 - 228 -
231-232**

Communion: Journey Song #40

Taste and See

Recessional: Journey Song #504

For All the Saints

DONATIONS

Donations to Blessed Sacrament Parish can be sent via
E-transfer (interac) : blessed.sacrament@sasktel.net
Auto-Deposit Forms are available at the entrances of
the church or at:
blessedsacramentregina.ca/donations/



VATICAN NEWS SERVICE

*Go to the Parish home webpage to get Vatican News and recent
videos of the Holy Father:*

blessedsacramentregina.ca

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Making Our Church More Accessible to All

We are pleased to announce two upcoming improvements to our parish that will make it easier for everyone to join us in worship. Our current accessibility ramp will be replaced with a new, sturdier structure built to serve our community safely for years to come. Alongside this, we will be installing automatic doors at our entrance, allowing parishioners using wheelchairs, walkers, or strollers — and anyone with their hands full — to come inside with ease and dignity.

Construction is expected to begin within the next two to three weeks and will take approximately one month to complete. We ask for your patience and prayers as this work gets underway, and please pardon our dust during construction.

How You Can Help

- Use one of the accessibility donation envelopes available in the pews
- Write “Accessibility” on your cheque and place it in the collection basket
- Scan the QR code below to give by credit card



Scan to Give

Accessibility Fund – Blessed Sacrament Parish

We are deeply grateful for everyone who has supported this effort, and we look forward to sharing updates as the work progresses.

✠ All Saints

IN DESIGNATING one day on our calendar for all the saints, the Church chooses a time to honor our heroes—the men and women whose example we admire. Coming near the end of the Church year, the solemnity of All Saints invites us into the mystery of death and the promise of eternal life.

An early tradition placed the festival on May 13. According to one story, Pope Boniface IV (himself a saint) began the celebration in Rome. On that date in 609, he dedicated a very old building as a new church. The Pantheon had been built to honor all the pagan gods, but Boniface rededicated the building as a Christian church in the seventh century. He brought the relics of the martyrs from the catacombs to this famous public place of worship. The parade of relics changed the Pantheon from a place for worship of all the pagan gods to a place that honored Mary and all the Christian saints—and in turn the one Christian God. Eventually the idea of a feast of all saints was transferred to November 1, near the end of the Church year.

The Church honors many saints with a day of their own on the general liturgical calendar, but there are many more saints than those. Since Vatican II, the number of men and women canonized as saints has increased considerably. Although we do not celebrate all their names on specific dates in all our churches throughout the year, we do gather them as one on this day.

Secular tradition has turned the eve of All Saints (i.e., Halloween or All Hallows Eve) into a kind of anti-festival, a night when heroes of the underworld take command.

The Mass for All Saints Day always replaces the one for Ordinary Time, even when it falls on a Sunday.

CALENDAR

Saturday, November 7th	Finance Council meeting with presentation on a legacy fund to sustain our church into the future, in parish meeting room.
Saturday, November 14th	Pastoral Council meeting, 2-4:30 PM, in parish meeting room, introduction to the work of the pastoral council and planning for the future.

INTERESTED IN BECOMING A CATHOLIC?

We will begin sessions in November for those who are interested in becoming a Catholic and joining our parish. These sessions, for the Order of Christian Initiation of Adults (OCIA), guides interested non-Catholics through a process of initiation into the faith. We offer this program for individuals who have never been baptized in the Christian faith; for individuals who may have been baptized as a Catholic or in another Christian denomination but wish to become full active members of the Catholic Church Contact our parish office or Fr. Jim our pastor by email.



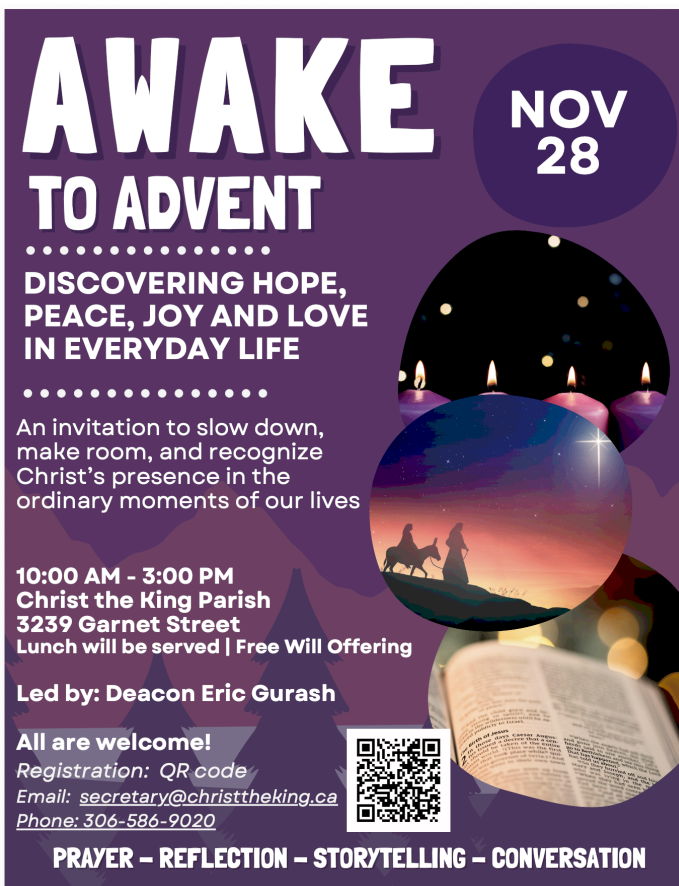
Couples Connect

Are you ready to prepare for marriage within the Catholic faith?

Join Us!
2027 sessions run
Jan. 10 to Mar. 21
At Resurrection Parish

Email Denny and Cynthia Lizée
dlizee@sasktel.net for more
information or to register

Faith-Based Marriage Preparation Program
Dating & newly-married couples are also welcome



AWAKE TO ADVENT

NOV 28

.....
DISCOVERING HOPE, PEACE, JOY AND LOVE IN EVERYDAY LIFE
.....

An invitation to slow down, make room, and recognize Christ's presence in the ordinary moments of our lives

10:00 AM - 3:00 PM
Christ the King Parish
3239 Garnet Street
Lunch will be served | Free Will Offering

Led by: Deacon Eric Gurash

All are welcome!
Registration: QR code
Email: secretary@christtheking.ca
Phone: 306-586-9020

PRAYER - REFLECTION - STORYTELLING - CONVERSATION

HOLY FATHER'S PRAYER INTENTION FOR NOVEMBER

For the proper use of wealth

Let us pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service the common good and solidarity of those who have less.

POPES ON TODAY'S GOSPEL

The Beatitudes bring with them a new interpretation of reality. They are both the path and the message of Jesus the Teacher. At first glance, it seems impossible to declare as blessed those who are poor, or those who hunger and thirst for justice, the persecuted or the peacemakers. Yet, that which seems inconceivable in the world's thinking is filled with meaning and light when brought into contact with the Kingdom of God. In the saints, we see this kingdom approaching and becoming present among us. Saint Matthew rightly presents the Beatitudes as a teaching, depicting Jesus as a Master, who transmits a new perspective on things, which is reflected in his own journey. The Beatitudes, however, are not just another teaching; they are the teaching par excellence. In the same way, the Lord Jesus is not just one of many teachers, he is the Master par excellence. Moreover, he is the Educator par excellence. We are his disciples and are in his "school." We learn how to discover in his life, namely in the path he has travelled, a horizon of meaning capable of shining a light on all forms of knowledge.

- Pope Leo XIV, Homily, 1 November 2025

ALL SOULS DAY • NOVEMBER 2ND

All Souls Day, is the day Catholics pray for all the faithful departed still being purified before entering heaven. It follows All Saints Day, which honours those already in heaven. Catholics believe the living can help the dead through prayer, almsgiving, and especially the offering of Mass. Many families visit cemeteries, tend graves, light candles, and remember loved ones by name. The day expresses the communion of saints, the bond between the living and the dead in Christ, and the Christian hope of resurrection.



Archdiocese of Regina *Bulletin*

November 1, 2026

All Saints

Emmaus Mental Health Caregivers Support Group

Are you supporting a loved one living with mental health challenges? You are not alone. Our Emmaus Spiritual Peer Support for Caregivers groups offer a safe, faith-based space for those walking alongside a loved one experiencing mental health struggles. These gatherings provide prayer, reflection, and compassionate peer support rooted in the hope of Christ. We currently have groups operating once a month in Regina & Saskatoon with in-person and online options available. For more information or to join, please contact: emmausmentalhealth@gmail.com



Emmaus Men's Spiritual Peer Support

Are you a man living with mental health challenges and looking for a place of faith, honesty, and support? Our Emmaus Men's Spiritual Peer Support Group offers a welcoming, confidential space to share, pray and walk together in hope. These evenings are centered on accompaniment, encouragement, and the gentle presence of Christ. This group meets monthly. If you are interested in taking part, please contact: emmausmentalhealth@gmail.com

Emmaus Women's Spiritual Peer Support Group (Online)

Are you a woman living with mental health challenges and seeking faith-filled support? Our Emmaus Women's Spiritual Peer Support Group offers a welcoming, confidential online space to share, pray, and walk together in hope. Rooted in our Catholic faith, these gatherings are centered on accompaniment, encouragement, and the gentle presence of Christ. This group currently meets once a month online, making it accessible for many. To learn more, please contact: emmausmentalhealth@gmail.com

Archbishop's Appeal

Today we celebrate the Feast of All Saints, a reminder that holiness is not reserved for a select few, but is a calling shared by all of God's people. In the Beatitudes, Jesus offers a vision of what it means to live as a disciple—through humility, mercy, compassion, and a deep trust in God.

The saints we honor today came from many different walks of life, but they shared a common desire to follow Christ and reflect His love in the world. The readings remind us that we are all children of God, called to grow in holiness and to live with hope as we journey toward His Kingdom.



Stewardship Bulletin Bits

"Whoever exalts himself will be humbled; but whoever humbles himself will be exalted." - Matthew 23:12

The world celebrates people in the spotlight and those who have the most of everything. We think celebrity, money and possessions are the key to happiness. Yet, our world is filled with more loneliness, anxiety, and depression than ever before. The lives of the saints show that the key to a happy life are relationships. Relationships with God and each other. Trust is the foundation of any good relationship and humility is the seed of trust.

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YOUTH RETREAT
NOVEMBER 20-21, 2026
JOHN 8:32

THE TRUTH
At the Myriam Family of the Prairies
McLean, SK

WILL SET YOU FREE

RSVP pss.prairies@familyofthemyriam.org
or phone Sr. Stephanie @ 306-761-0528

For youth between 14-17
Suggested donation: \$50/person