

October 25, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

LITURGY SCHEDULE

SATURDAY • 5:10 PM

SUNDAY • 10:00 AM

SUNDAY • 7 AM

GE'EZ RITE CATHOLIC MASS

MONDAY TO FRIDAY 12:05 PM

Sacrament of Reconciliation

Monday to Friday at 11:30 &
Saturdays at 4:30 pm

**Sacrament of Initiation / Baptism,
Confirmation & Communion:** Please
contact the parish office.

Sacrament of Marriage: Please contact the
parish office at least one year before proposed
date of marriage.

Sacrament of the Sick (Anointing): after
Mass on each First Friday of the month,
or by request. Next Friday anointing,
November 6th at 12:05 Mass

PARISH OFFICE

Monday to Friday • 10 am – 2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@icloud.com

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net



**30TH SUNDAY
IN ORDINARY TIME**
music for today's liturgy

Processional: Journey Song #532

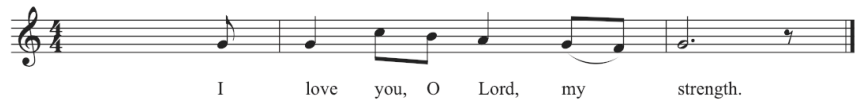
Loving and Forgiving

Kyrie: Ordinary Time Kyrie

Gloria: JS 226

Responsorial Psalm Response

Normand L. Blanchard



Preparation of Gifts: Journey Song #644
Your Words and Spirit and Life

**Eucharistic Acclamations: JS 227 - 228 -
231-232**

Communion: Journey Song #827
Alleluia! Raise the Gospel

Recessional: Journey Song #599
Halleluya! We Sing Your Praises

DONATIONS

Donations to Blessed Sacrament Parish can be sent via
E-transfer (*interac*) : blessed.sacrament@sasktel.net
Auto-Deposit Forms are available at the entrances of
the church or at:
blessedsacramentregina.ca/donations/



VATICAN NEWS SERVICE

Go to the Parish home webpage to get Vatican News and recent
videos of the Holy Father:

blessedsacramentregina.ca

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Making Our Church More Accessible to All

We are pleased to announce two upcoming improvements to our parish that will make it easier for everyone to join us in worship. Our current accessibility ramp will be replaced with a new, sturdier structure built to serve our community safely for years to come. Alongside this, we will be installing automatic doors at our entrance, allowing parishioners using wheelchairs, walkers, or strollers — and anyone with their hands full — to come inside with ease and dignity.

Construction is expected to begin within the next two to three weeks and will take approximately one month to complete. We ask for your patience and prayers as this work gets underway, and please pardon our dust during construction.

How You Can Help

- Use one of the accessibility donation envelopes available in the pews
- Write “Accessibility” on your cheque and place it in the collection basket
- Scan the QR code below to give by credit card



Scan to Give

Accessibility Fund – Blessed Sacrament Parish

We are deeply grateful for everyone who has supported this effort, and we look forward to sharing updates as the work progresses.

✠ All Saints

IN DESIGNATING one day on our calendar for all the saints, the Church chooses a time to honor our heroes—the men and women whose example we admire. Coming near the end of the Church year, the solemnity of All Saints invites us into the mystery of death and the promise of eternal life.

An early tradition placed the festival on May 13. According to one story, Pope Boniface IV (himself a saint) began the celebration in Rome. On that date in 609, he dedicated a very old building as a new church. The Pantheon had been built to honor all the pagan gods, but Boniface rededicated the building as a Christian church in the seventh century. He brought the relics of the martyrs from the catacombs to this famous public place of worship. The parade of relics changed the Pantheon from a place for worship of all the pagan gods to a place that honored Mary and all the Christian saints—and in turn the one Christian God. Eventually the idea of a feast of all saints was transferred to November 1, near the end of the Church year.

The Church honors many saints with a day of their own on the general liturgical calendar, but there are many more saints than those. Since Vatican II, the number of men and women canonized as saints has increased considerably. Although we do not celebrate all their names on specific dates in all our churches throughout the year, we do gather them as one on this day.

Secular tradition has turned the eve of All Saints (i.e., Halloween or All Hallows Eve) into a kind of anti-festival, a night when heroes of the underworld take command.

The Mass for All Saints Day always replaces the one for Ordinary Time, even when it falls on a Sunday.

Bulletin Inserts for the Liturgical Life of the Parish: The Liturgical Year © 2020
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Written by Paul Turner.

CALENDAR

Saturday, October 31st	ArchRegina Congress , 10:00 AM – 3:00 PM at Resurrection Parish
Saturday, November 7th	Finance Council meeting with presentation on a legacy fund to sustain our church into the future, in parish meeting room.
Saturday, November 14th	Pastoral Council meeting, 2-4:30 PM, in parish meeting room, introduction to the work of the pastoral council and planning for the future.

October 25, 2026



INTERESTED IN BECOMING A CATHOLIC?

We will begin sessions in November for those who are interested in becoming a Catholic and joining our parish. These sessions, for the Order of Christian Initiation of Adults (OCIA), guides interested non-Catholics through a process of initiation into the faith. We offer this program for individuals who have never been baptized in the Christian faith; for individuals who may have been baptized as a Catholic or in another Christian denomination but wish to become full active members of the Catholic Church Contact our parish office or Fr. Jim our pastor by email.

HOLY FATHER'S PRAYER INTENTION FOR OCTOBER

For mental health ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

POPES ON TODAY'S GOSPEL

This Sunday's Gospel (Mk 12:28-34) offers us Jesus' teaching on the greatest commandment, the commandment of love, which is two-fold: love of God and love of neighbour. (...) Before being a command — love is not a command — it is a gift, a reality that God allows us to know and experience, so that, like a seed, it can also germinate within us and develop throughout our life.

If the love of God has planted deep roots in a person, then he is able to love even those who do not deserve it, as God does us. Fathers and mothers do not love their children only when they deserve love; they always love them, though of course, they make them understand when they are wrong. We learn from God to seek only what is good and never what is evil. We learn to look at each other not only with our eyes, but with the eyes of God, which is the gaze of Jesus Christ. A gaze that begins in the heart and does not stop at the surface, that goes beyond appearances and manages to capture the deepest aspirations of the other: waiting to be heard, for caring attention, in a word: love. But the opposite is also true: that by opening myself to another, just as he or she is, by reaching out, by making myself available, I am also opening myself to know God, to feel that he is there and is good. Love of God and love of neighbour are inseparable and are mutually related.

(Pope Benedict XVI, Angelus, 4 November 2012)



**The Best of
the Baroque**
CONCERT SERIES

Songs of Faith

Wednesday, October 28, 2026, 7:00 pm
Our Savior's Lutheran Church
190 Massey Road

Featuring
The Luther Bach Choir
William Ireton, director
Mark Ancheta, collaborative pianist

Including works by:
Brahms
Mendelssohn
Beach
Hagenberg
Schütz

Freewill offering
Reception to follow





**Couples
connect**

Are you ready to prepare for marriage within the Catholic faith?

Join Us!
2027 sessions run
Jan.10 to Mar.21
At Resurrection Parish

Email Denny and Cynthia Lizée
dlizee@sasktel.net for more
information or to register

Faith-Based Marriage Preparation Program
Dating & newly-married couples are also welcome



Archdiocese of Regina *Bulletin*

October 25, 2026

30th Sunday in
Ordinary Time



ARCHREGINA CONGRESS

SATURDAY, OCTOBER 31

10:00 AM - 3:00 PM

At: Resurrection Parish

Register by October 26

To: mgurash@archregina.sk.ca

306-352-1651



Blessings Remembered, Hope Renewed

What might God be inviting our parish communities to become, and where do we begin? Join us for our annual Archdiocese of Regina Congress on October 31 at Resurrection Parish with an optional Mass at 9:00 AM.

Keynote Guest Speaker: Sr. Nathalie Becquart - Undersecretary of the General Secretariat of the Synod of Bishops (via Zoom)

Together we'll continue to explore God's vision for the Church and consider what that vision might look like in our parishes. Through prayer, communal discernment, and creative activities, we'll reflect on our blessings, name our challenges, and share our hopes and ideas for the future. Together, we'll identify practical, pastoral next steps for our parishes and our diocese and set a path forward as we prepare for our Archdiocesan Synod Assembly in May 2027.



Emmaus Mental Health Caregivers Support Group

Are you supporting a loved one living with mental health challenges? You are not alone. Our Emmaus Spiritual Peer Support for Caregivers groups offer a safe, faith-based space

for those walking alongside a loved one experiencing mental health struggles. These gatherings provide prayer, reflection, and compassionate peer support rooted in the hope of Christ. We currently have groups operating once a month in Regina & Saskatoon with in-person and online options available. For more information or to join, please contact: emmausmentalhealth@gmail.com

Archbishop's Appeal

In today's Gospel, Jesus teaches us that the greatest commandments are to love God with all our heart, soul, and mind, and to love our neighbour as ourselves. These two commandments are deeply connected—our love for God is revealed through the way we care for and respond to the people around us.

The readings remind us that faith is not only something we believe; it is something we live. In Exodus, God calls His people to show compassion and care for those who are vulnerable. In his letter to the Thessalonians, St. Paul celebrates a community whose faith was made visible through their actions and their example.

As we reflect on these readings, we are invited to consider how our own lives can become a reflection of God's love. Through simple acts of kindness, generosity, and compassion, we help make Christ's love present in the world.



Fall Development and Peace Workshops

This fall, Development and Peace - Caritas Canada invites us to ask: "Is Canada on Track for Justice?" Join us for a presentation and many activities exploring Canada's role in international development, hear about the importance of Canadian international aid, and discover how we can take action together for a more just and peaceful world.

Everyone is welcome!

For more information contact Michael LeBlanc at mleblanc@devp.org or 306-205-2334.

Workshop Dates:

October 25 - Christ the Redeemer Parish, Swift Current - 11:15am to 1:15 pm

October 30 - Holy Rosary Parish, Regina - 6:30pm-8:30pm

Stewardship Bulletin Bits

"You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind." - Matthew 22:37

Do you put other "gods" before God? Is your love of money, power, status, comfort or some personal possession greater than your love for God? Do you recognize that everything you have and that everything you are is a gift from God? Putting God first in everything helps keep us from becoming a slave to our possessions and to our pride.

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