

October 18, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

LITURGY SCHEDULE

SATURDAY • 5:10 PM

SUNDAY • 10:00 AM

SUNDAY • 7 AM
GE'EZ RITE CATHOLIC MASS

MONDAY TO FRIDAY 12:05 PM

Sacrament of Reconciliation
Monday to Friday at 11:30 &
Saturdays at 4:30 pm

**Sacrament of Initiation / Baptism,
Confirmation & Communion:** Please
contact the parish office.

Sacrament of Marriage: Please contact the
parish office at least one year before proposed
date of marriage.

Sacrament of the Sick (Anointing): after
Mass on each First Friday of the month,
or by request. Next Friday anointing,
November 6th at 12:05 Mass

PARISH OFFICE

Monday to Friday • 10 am – 2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@icloud.com

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net



29TH SUNDAY
IN ORDINARY TIME
music for today's liturgy

Processional: Journey Song #618

I Sing the Mighty Power of God

Kyrie: Ordinary Time Kyrie

Gloria: JS 226

Responsorial Psalm Response

Normand L. Blanchard



Preparation of Gifts: Journey Song #830
Sing a New Church

**Eucharistic Acclamations: JS 227 - 228 -
231-232**

Communion: Journey Song #827
Alleluia! Raise the Gospel

Recessional: Journey Song #580
Sing to the Mountains

DONATIONS

Donations to Blessed Sacrament Parish can be sent via
E-transfer (interac) : blessed.sacrament@sasktel.net
Auto-Deposit Forms are available at the entrances of
the church or at:
blessedsacramentregina.ca/donations/



VATICAN NEWS SERVICE

Go to the Parish home webpage to get Vatican News and recent
videos of the Holy Father:

blessedsacramentregina.ca

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Making Our Church More Accessible to All

We are pleased to announce two upcoming improvements to our parish that will make it easier for everyone to join us in worship. Our current accessibility ramp will be replaced with a new, sturdier structure built to serve our community safely for years to come. Alongside this, we will be installing automatic doors at our entrance, allowing parishioners using wheelchairs, walkers, or strollers — and anyone with their hands full — to come inside with ease and dignity.

Construction is expected to begin within the next two to three weeks and will take approximately one month to complete. We ask for your patience and prayers as this work gets underway, and please pardon our dust during construction.

How You Can Help

- Use one of the accessibility donation envelopes available in the pews
- Write “Accessibility” on your cheque and place it in the collection basket
- Scan the QR code below to give by credit card



Scan to Give

Accessibility Fund – Blessed Sacrament Parish

We are deeply grateful for everyone who has supported this effort, and we look forward to sharing updates as the work progresses.

✦ Choir

THE CHOIR fosters the active participation of the faithful by means of the singing (*General Instruction of the Roman Missal*, 103). The choir may sing alone or in alternation with the faithful. At other times, it supports the great voice of all the faithful, lifted in praise and thanks to God.

Today Catholic congregations are expected to sing most of the music at Mass. Singing is one sign of their participation. In the past, however, choirs provided most of the music. They sang the proper Entrance and Communion Antiphons, for example, as well as the unchanging parts of the Mass, such as the Kyrie, the Gloria, the Credo, the Sanctus, and the Agnus Dei. The choir still sings at those times of the liturgy, but it shares the responsibility of singing with the entire assembly.

Choirs also share the responsibility of praying. They are to sing from a location that facilitates their active participation (294), a place that makes it evident that choir members are part of the entire gathered community and from where each member may conveniently share in Communion (312).

For some centuries, choirs sang in a loft, usually raised over the back end of the church. This made them more audible, but it questioned other values the church now tries to address. Choir members should sense that they are part of the entire gathered assembly, and they should be able to participate easily in Communion.

Choirs are usually ready to welcome new members. If you would like to join, speak up! And if you are not a member of the choir, don't forget that the choir is there to assist you, not to replace you. You share responsibilities with them. Participate and sing!

Bulletin Inserts for the Liturgical Life of the Parish: Liturgical Ministers © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.

CALENDAR

Saturday, October 31st	ArchRegina Congress , 10:00 AM – 3:00 PM at Resurrection Parish
Saturday, November 7th	Finance Council meeting with presentation on a legacy fund to sustain our church into the future, in parish meeting room.
Saturday, November 14th	Pastoral Council meeting, 2-4:30 PM, in parish meeting room, introduction to the work of the pastoral council and planning for the future.

October 18, 2026



INTERESTED IN BECOMING A CATHOLIC?

We will begin sessions in November for those who are interested in becoming a Catholic and joining our parish. These sessions, for the Order of Christian Initiation of Adults (OCIA), guides interested non-Catholics through a process of initiation into the faith. We offer this program for individuals who have never been baptized in the Christian faith; for individuals who may have been baptized as a Catholic or in another Christian denomination but wish to become full active members of the Catholic Church Contact our parish office or Fr. Jim our pastor by email.

Marian Centre celebrates 60 years in Regina!

You are Invited to our OPEN HOUSE:

Saturday, October 24th From 2 pm to 4:00 pm

Go into the Market Place and Stay with Me.

From the Little Mandate of Madonna House

The afternoon includes time for visiting,
Looking through albums and socializing with snacks.

Please come and join us!

1835 HALIFAX STREET FOR 60 YEARS

HOLY FATHER'S PRAYER INTENTION FOR OCTOBER

For mental health ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

POPES ON TODAY'S GOSPEL

Jesus replies with a surprising political realism, linked to the theocentrism of the prophetic tradition. The tribute to Caesar must be paid because his image is on the coin; but the human being, every person, carries in him- or herself another image, that of God, and therefore it is to him and to him alone that each one owes his or her existence. The Fathers of the Church, drawing inspiration from the fact that Jesus was referring to the image of the Emperor impressed on the coin of the tribute, interpreted this passage in the light of the fundamental concept of the human being as an image of God, contained in the first chapter of the Book of Genesis. (...) This word of Jesus is rich in anthropological content and it cannot be reduced only to the political context. The Church, therefore, is not limited to reminding human beings of the right distinction between the sphere of Caesar's authority and that of God, between the political and religious contexts. The mission of the Church, like that of Christ, is essentially to speak of God, to remember his sovereignty, to remind all, especially Christians who have lost their own identity, of the right of God to what belongs to him, that is, our life.

(Pope Benedict XVI, Homily, 16 October 2011)

Are you ready to prepare for marriage within the Catholic faith?

Couples Connect

Join Us!
2027 sessions run
Jan.10 to Mar.21
At Resurrection Parish

Email Denny and Cynthia Lizée
dlizee@sasktel.net for more
information or to register

Faith-Based Marriage Preparation Program
Dating & newly-married couples are also welcome



Archdiocese of Regina *Bulletin*

October 18, 2026

29th Sunday in
Ordinary Time



ARCHREGINA CONGRESS

SATURDAY, OCTOBER 31

10:00 AM - 3:00 PM

At: Resurrection Parish

Register by October 26

To: mgurash@archregina.sk.ca
306-352-1651



Blessings Remembered, Hope Renewed

What might God be inviting our parish communities to become, and where do we begin? Join us for our annual Archdiocese of Regina Congress on October 31 at Resurrection Parish with an optional Mass at 9:00 AM.

Keynote Guest Speaker: Sr. Nathalie Becquart - Undersecretary of the General Secretariat of the Synod of Bishops (via Zoom)

Together we'll continue to explore God's vision for the Church and consider what that vision might look like in our parishes. Through prayer, communal discernment, and creative activities, we'll reflect on our blessings, name our challenges, and share our hopes and ideas for the future. Together, we'll identify practical, pastoral next steps for our parishes and our diocese and set a path forward as we prepare for our Archdiocesan Synod Assembly in May 2027.

Fall Development and Peace Workshops

This fall, Development and Peace - Caritas Canada invites us to ask: "Is Canada on Track for Justice?" Join us for a presentation and many activities exploring Canada's role in international development, hear about the importance of Canadian international aid, and discover how we can take action together for a more just and peaceful world.

Everyone is welcome!

For more information contact Michael LeBlanc at mleblanc@devp.org or 306-205-2334.

Workshop Dates:

October 18 - Campion College, Regina - 2:30 pm to 4:30 pm Lower Student Commons

October 25 - Christ the Redeemer Parish, Swift Current - 11:15am to 1:15 pm

October 30 - Holy Rosary Parish, Regina - 6:30pm-8:30pm

Pope's Prayer Intentions: October For Mental Health Ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses. popesprayer.va/praywiththepope/

The Myriam Family of the Prairies invites you For a day retreat for adults on October 24, 2026, From 9:30 am to 4:00 pm
With the theme: Like the Son; my filial life. The retreat will include Mass, Confessions, Holy hour, a talk, lunch and fellowship, in the beauty of nature and the silence of the countryside at our house of prayer in McLean. Free will offering- Register at 306-761-0528 or email: pss.prairies@famillemyriam.org

Archbishop's Appeal

In today's Gospel, Jesus reminds us to "give to Caesar what belongs to Caesar and to God what belongs to God." It is a simple yet powerful reminder that our lives, our gifts, and our blessings ultimately belong to God. We are called to honour Him not only with our words, but also through the way we live, serve, and care for others.

St. Paul also gives thanks for the faith, hope, and love of the Christian community—qualities that continue to strengthen the Church today. Every act of generosity, whether through our time, talents, or financial support, helps reflect God's love in the world.

As we continue the Archbishop's Appeal, may we prayerfully consider how each of us can share the gifts God has entrusted to us, helping to build a stronger and more compassionate Church for all.



Stewardship Bulletin Bits

"Render therefore to Caesar the things that are Caesar's and to God the things that are God's. - Matthew 22:21

Everything we are and everything we have belongs to God. We aren't "owners" of anything; we are merely "stewards" of the gifts God has given each of us. All God is asking is that we give back a portion of what He gave us. This is the essence of Stewardship. God should be our first priority in everything. All else comes second, especially our money.

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