

October 4, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

LITURGY SCHEDULE

SATURDAY • 5:10 PM

SUNDAY • 10:00 AM

SUNDAY • 7 AM

GE'EZ RITE CATHOLIC MASS

MONDAY TO FRIDAY 12:05 PM

Sacrament of Reconciliation
Monday to Friday at 11:30 &
Saturdays at 4:30 pm

**Sacrament of Initiation / Baptism,
Confirmation & Communion:** *Please
contact the parish office.*

Sacrament of Marriage: *Please contact the
parish office at least one year before proposed
date of marriage.*

Sacrament of the Sick (Anointing): *after
Mass on each First Friday of the month,
or by request. Next Friday anointing,
November 6th at 12:05 Mass*

PARISH OFFICE

Monday to Friday • 10 am – 2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@icloud.com

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net



**27TH SUNDAY
IN ORDINARY TIME**
music for today's liturgy

Processional: Journey Song #575
Joyful We Adore You

Kyrie: CIS 3.1 - Gloria:

Responsorial Psalm Response

Frank Lynch



Preparation of Gifts: Journey Song #717
Christians Let Us Love One Another

Eucharistic Acclamations: CIS 3.3-3.6

Communion: Journey Song #786
I Received the Living God

Recessional: Journey Song #589
O God Beyond All Praising

CHILDREN'S CHOIR

Families with children are invited to become part of the Children's Choir. Our first meeting will be on Friday October 16 from 6 to 6:45 p.m. at Blessed Sacrament Church. At this time we will talk about plans for a special Advent event to be held Sunday afternoon December 20 at Blessed Sacrament Church. Children will learn about being in a choir, will be learning fun hymns and will have some speaking parts and costumes for the special Advent event. Children ages 5 and up are welcome! Sign up sheets will be at Masses on October 10 and 11. To learn more, call:

- Margarita (639) 997-1243 or Bernadette (306) 537-4158

DONATIONS

Donations to Blessed Sacrament Parish can be sent via
E-transfer (interac): blessed.sacrament@sasktel.net
Auto-Deposit Forms are available at the entrances of the
church or at: blessedsacramentregina.ca/donations/



Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Making Our Church More Accessible to All

We are pleased to announce two upcoming improvements to our parish that will make it easier for everyone to join us in worship. Our current accessibility ramp will be replaced with a new, sturdier structure built to serve our community safely for years to come. Alongside this, we will be installing automatic doors at our entrance, allowing parishioners using wheelchairs, walkers, or strollers — and anyone with their hands full — to come inside with ease and dignity.

Construction is expected to begin within the next two to three weeks and will take approximately one month to complete. We ask for your patience and prayers as this work gets underway, and please pardon our dust during construction.

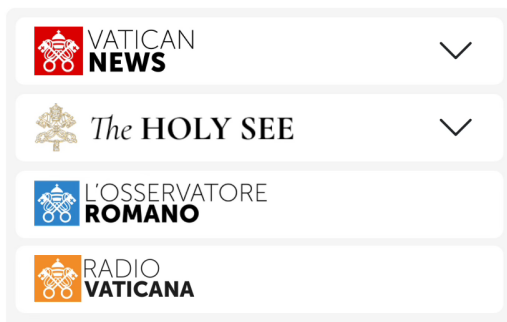
How You Can Help

- Use one of the accessibility donation envelopes available in the pews
- Write “Accessibility” on your cheque and place it in the collection basket
- Scan the QR code below to give by credit card



Scan to Give

Accessibility Fund – Blessed Sacrament Parish



Go to the Parish home webpage to get Vatican News and recent videos of the Holy Father:
blessedsacramentregina.ca

Altar Servers

ALTAR SERVERS assist at Mass. They may carry the cross, candles, and incense in the procession (*General Instruction of the Roman Missal*, 100). At the Preparation of the Gifts they arrange the corporal, purificator, chalice, pall, and Missal on the altar (139), and assist in receiving the offerings (140). They present the water to the priest or deacon (142), who adds some to the wine. Servers may incense the priest and the people (75). They wash the priest's hands (145). They may ring a bell and incense the Body and Blood of Christ during the elevations (150). They may exchange peace with other ministers (154). After Communion, they may remove the vessels (163).

Servers have their own seats (294), and they show their reverence by their dress (339), by bowing and genuflecting when appropriate (49, 90), by singing and joining in the responses (40). The *General Instruction of the Roman Missal* never suggests that the server hold the Missal so the priest can read the Collect and the Prayer after Communion—surely an oversight. The server usually performs this function because the priest is supposed to be at the chair rather than the altar, offering these prayers with his own hands extended rather than holding the book (124, 127, 165).

Someone probably assisted as an altar server from the earliest centuries, but the first documented encouragement for students to do so dates to the ninth-century Synod of Mainz. Permission for girls to be altar servers was implicit in the 1983 *Code of Canon Law* and explicit in a 1992 instruction of the Congregation for Divine Worship and the Discipline of the Sacraments.

Bulletin Inserts for the Liturgical Life of the Parish: Liturgical Ministers © 2020
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Written by Paul Turner.

BLESSED SACRAMENT CHOIR

The Blessed Sacrament Choir is starting again! Our first practise is on **SUNDAY OCTOBER 4, 11:15** right after Mass. Everyone is welcome to join us! The first thing we will be doing is learning new hymns.

INTERESTED IN BECOMING A CATHOLIC?

We will begin sessions for those who are interested in becoming a Catholic and joining our parish. These sessions, for the Order of Christian Initiation of Adults (OCIA), guides interested non-Catholics through a process of initiation into the faith. We offer this program for individuals who have never been baptized in the Christian faith; for individuals who may have been baptized in another Christian denomination but wish to become members of the Catholic Church or individuals who have been baptized in the Catholic Church but have not received all the Sacraments of Initiation (Communion and/or Confirmation). Contact our parish office or Fr. Jim our pastor by email.

TAKE ACTION TO KEEP CANADA ON TRACK FOR JUSTICE

While the most vulnerable populations in the Global South are facing an increase in conflicts, climate change, and the plundering of resources, funding for international aid and development is on the decline. Like many countries in the Global North, Canada has announced cuts of \$2.7 billion to official development assistance over the next four years. This affects health and education systems, exacerbates poverty, and widens inequalities in the poorest countries. We are already seeing the repercussions on a global scale. Together, let's make international solidarity a priority. Watch the campaign video from Development and Peace — Caritas Canada to learn more: devp.org/campaign.

PRAYER SERVICE FOR VICTIMS OF CLERGY SEXUAL ABUSE

At St. Cecilia Parish on Friday, October 9th at 7 p.m., there will be a prayer service for victims of clergy sexual abuse. The prayer service that will be used is "The Way of the Cross".

Everyone is invited and welcome to attend.

HOLY FATHER'S PRAYER INTENTION FOR OCTOBER

For mental health ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

POPES ON TODAY'S GOSPEL

The Gospel today (cf. Lk 10: 1-12, 17-20) presents Jesus sending out 72 disciples to the villages he is about to visit in order to prepare the way. This is a particular feature of the Evangelist Luke, who stressed that the mission was not exclusive to the Twelve Apostles but extended also to the other disciples. Indeed, Jesus said: "The harvest is plentiful but the labourers are few" (Lk 10: 2). There is work for all in God's field. Christ, however, did not limit himself to sending out his missionaries: he also gave them clear and precise instructions on how to behave. He first sent them out "two by two" so that they might help each other and bear witness to brotherly love. He warned them that they would be like "lambs in the midst of wolves". They were to be peaceful in spite of everything, and were to bear a message of peace in every situation; they were not to take clothes or money with them in order to live on whatever Providence offered them; they were to heal the sick as a sign of God's mercy; wherever people rejected them, they were to depart, doing no more than to alert them to the responsibility for rejecting Kingdom of God.

May this Gospel reawaken in all the baptized the awareness that they are missionaries of Christ, called to prepare the way for him with words and with the witness of their lives.

—Pope Benedict XVI, Angelus, 8 July 2007

Couples
connect

Are you ready to prepare for marriage within the Catholic faith?

Join Us!
2027 sessions run
Jan.10 to Mar.21
At Resurrection Parish

Email Denny and Cynthia Lizée
dlizee@sasktel.net for more
information or to register

Faith-Based Marriage Preparation Program
Dating & newly-married couples are also welcome





Archdiocese of Regina *Bulletin*

October 4, 2026
27th Sunday in
Ordinary Time



ARCHREGINA CONGRESS

SATURDAY, OCTOBER 31

10:00 AM - 3:00 PM

At: Resurrection Parish

Register by October 26

To: mgurash@archregina.sk.ca
306-352-1651



2026 CHAS Convention: Shared Vision, Sacred Work: Growing Healing Communities

We aim to promote a vision of health care so undeniably compassionate that families will accept nothing less. The Catholic Health Association of Saskatchewan invites you to the 2026 Annual Convention, taking place October 29-30 at St. Joseph's Church, 260 25th Street East, Prince Albert. Join spiritual care providers, Catholic health leaders, clergy, and community members for two days of learning, dialogue, and mission focused collaboration. chassk.ca/annual-convention-2026/

Fall Development and Peace Workshops

This fall, Development and Peace - Caritas Canada invites us to ask: "Is Canada on Track for Justice?" Join us for a presentation and many activities exploring Canada's role in international development, hear about the importance of Canadian international aid, and discover how we can take action together for a more just and peaceful world.

Everyone is welcome!

For more information contact Michael LeBlanc at mleblanc@devp.org or 306-205-2334.

Workshop Dates:

October 3 - Regional Online Workshop

- 10:00 am to 12 noon on Zoom:

us02web.zoom.us/j/61Pbkn6S2Ww8PMYMMMLwBQ

October 18 - Campion College, Regina - 3:30 pm to 5:30 pm (Room TBD)

October 25 - Christ the Redeemer Parish, Swift Current - 11:15am to 1:15 pm

October 30 - Holy Rosary Parish, Regina - 6:30pm-8:30pm

Stewardship Bulletin Bits

"The stone that the builders rejected has become the cornerstone..." - Matthew 21:42

Jesus was rejected by the religious and political leaders of his day, as well as ordinary citizens, but he was still obedient to God, the Father. Similarly, living a stewardship lifestyle may cause you to be "rejected" by others, but we, too, are called to be obedient. Saying grace before a meal in a restaurant may attract some strange looks from some. But to others it is a sign that God is alive and well!

Archdiocese of Regina LAY FORMATION PROGRAM



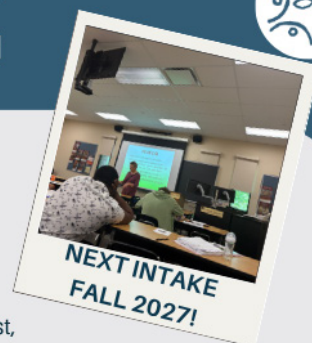
OUR OCTOBER CLASSES AT A GLANCE:

- Mental Health First Aid
- Mental Health Ministry

For more info or to be added to the intake list, please contact Deacon Eric Gurash

306-721-6724

egurash@archregina.sk.ca



2026 JESUIT LECTURE

Navigating a **Polarized World:**
Helpful Insights Along the Ignatian Way

FRIDAY, OCTOBER 16 | 7PM | CAMPION COLLEGE

John Meehan, SJ



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