

September 27, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

LITURGY SCHEDULE

SATURDAY • 5:10 PM

SUNDAY • 10:00 AM

SUNDAY • 7 AM

GE'EZ RITE CATHOLIC MASS

MONDAY TO FRIDAY 12:05 PM

Sacrament of Reconciliation

Monday to Friday at 11:30 &
Saturdays at 4:30 pm

**Sacrament of Initiation / Baptism,
Confirmation & Communion:** *Please
contact the parish office.*

Sacrament of Marriage: *Please contact the
parish office at least one year before proposed
date of marriage.*

Sacrament of the Sick (Anointing): *after
Mass on each First Friday of the month, or
by request. Next Friday, October 2nd at
12:05 Mass*

PARISH OFFICE

Monday to Friday • 10 am – 2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@icloud.com

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net



**26TH SUNDAY
IN ORDINARY TIME**
music for today's liturgy

Processional: Journey Song #465

At the Name of Jesus

Kyrie: CIS 3.1 - Gloria: CIS 3.2

Responsorial Psalm Response



Preparation of Gifts: Journey Song #791

Gift of Finest Wheat

Eucharistic Acclamations: CIS 3.3-3.6

Communion: Journey Song #824

Christ Be Our Light

Recessional: Journey Song #599

Halleluya We Sing Your Praises

INTERESTED IN BECOMING A CATHOLIC?

We will begin sessions for those who are interested in becoming a Catholic and joining our parish. These sessions, for the Order of Christian Initiation of Adults (OCIA), guides interested non-Catholics through a process of initiation into the faith. We offer this program for individuals who have never been baptized in the Christian faith; for individuals who may have been baptized in another Christian denomination but wish to become members of the Catholic Church or individuals who have been baptized in the Catholic Church but have not received all the Sacraments of Initiation (Communion and/or Confirmation). Contact our parish office or Fr. Jim our pastor by email.

DONATIONS

Donations to Blessed Sacrament Parish can be sent via
E-transfer (interac) : blessed.sacrament@sasktel.net
Auto-Deposit Forms are available at the entrances of the
church or at: blessedsacramentregina.ca/donations/



Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Making Our Church More Accessible to All

We are pleased to announce two upcoming improvements to our parish that will make it easier for everyone to join us in worship. Our current accessibility ramp will be replaced with a new, sturdier structure built to serve our community safely for years to come. Alongside this, we will be installing automatic doors at our entrance, allowing parishioners using wheelchairs, walkers, or strollers — and anyone with their hands full — to come inside with ease and dignity.

Construction is expected to begin within the next two to three weeks and will take approximately one month to complete. We ask for your patience and prayers as this work gets underway, and please pardon our dust during construction.

How You Can Help

- Use one of the accessibility donation envelopes available in the pews
- Write “Accessibility” on your cheque and place it in the collection basket
- Scan the QR code below to give by credit card



Scan to Give

Accessibility Fund – Blessed Sacrament Parish

We are deeply grateful for everyone who has supported this effort, and we look forward to sharing updates as the work progresses.

VATICAN NEWS

Go to the Parish home webpage to get Vatican News and recent videos of the Holy Father: blessedsacramentregina.ca



The HOLY SEE



Rosary

THE ROSARY is a prayer based on the repetition of the Lord's Prayer, the Hail Mary, and the Glory Be. During its recitation, the believer reflects upon the birth, life, death, and glory of Jesus Christ and the role of Mary. A chain of beads resembling a garland of roses gave the Rosary its name. The beads are not essential to the prayer, but they help count through fifty Hail Marys (five decades). The recitation of the traditional fifteen decades permitted unlettered Christians to imitate more simply the monastic practice of reciting all 150 psalms in weekly prayer.

In addition to meditation, the Rosary leads to petition. It implores Mary's intercession in bringing our prayers to God. As she won the cooperation of Jesus at the wedding feast at Cana, so we ask her to bring our needs to the Holy One of God.

The precise origins of the Rosary are obscure, but it probably formed in imitation of meditative practices of Islam and after the Christian desire for prayer in a language more easily understood than the Latin of the Mass. Its popularity increased after the fifteenth century due to the zealous encouragement of the followers of St. Dominic, who believed the Blessed Virgin had miraculously given the Rosary to him. Because believers who attended Mass at that time had less to say, do, or see compared with today, the recitation of the Rosary during Mass became a popular Catholic devotion much encouraged by religious educators. This was an honored custom for many centuries. The popes of the Church have continually cultivated the Rosary as part of the faithful's private devotion and especially in family prayer. Many Catholics recite it privately or in groups before Mass. The liturgy for the dead calls for a vigil service of Scripture readings on the night before the funeral, but many parishes replace it with the Rosary, even though the rubrics make no such provision.

Today we are encouraged to participate in the Mass and to pray the Rosary apart from the Eucharist.

WALKING TOGETHER

A program of Catholic Engaged Encounter designed to support **MARRIED COUPLES** in their vocation of marriage through accompaniment. Open to couples of all stages, from newly married to those celebrating decades of marriage. Each evening includes a themed presentation, dedicated time for couples to reflect and share privately, and an opportunity for group sharing.

Drop-in sessions, no registration required. Saturdays at 7:30 pm at Holy Rosary in the O'Neill room (use the west ramp entrance) September 26, October 17, November 21, December 19, January 23. For more information contact Miri or James Schiller at wd1@ceecanada.ca or 306-535-7518.

CALLING ALL SINGERS!!

The Blessed Sacrament Choir is starting again! Our first practise is on **SUNDAY OCTOBER 4, 11:15** right after Mass. Everyone is welcome to join us! The first thing we will be doing is learning new hymns.

Call Bernadette at 306-537-4158 with your questions and comments. See you there!

Bernadette, Music Director
Blessed Sacrament Choir

ANNUAL FALL SUPPER

Our Lady of Peace on Friday, Oct. 9, 5:30 to 6:30 p.m., Turkey supper catered by Charlotte's Catering. Tables will be reserved for groups of 6 or more. Orders will be delivered of 10 or more meals. Tickets: Adults \$29.00, youth 5 to 12 \$15.00 and preschool FREE. Call Anita at 543-0421 or text 526-5130, or call or text Dennis at 530-2370, with e-transfer available to: ourladyofpeace@sasktel.net.

TAKE ACTION TO KEEP CANADA ON TRACK FOR JUSTICE

While the most vulnerable populations in the Global South are facing an increase in conflicts, climate change, and the plundering of resources, funding for international aid and development is on the decline. Like many countries in the Global North, Canada has announced cuts of \$2.7 billion to official development assistance over the next four years. This affects health and education systems, exacerbates poverty, and widens inequalities in the poorest countries. We are already seeing the repercussions on a global scale.

Together, let's make international solidarity a priority. Watch the campaign video from Development and Peace — Caritas Canada to learn more: devp.org/campaign.

POPES ON TODAY'S GOSPEL

Fear is a natural dimension of life. In childhood we experience forms of fear that subsequently are revealed to be imaginary and disappear; other fears emerge later which are indeed founded in reality: these must be faced and overcome with human determination and trust in God. However, especially today, there is a deeper form of fear of an existential type and which sometimes borders on anguish: it is born from a sense of emptiness, linked to a certain culture permeated with widespread theoretical and practical nihilism. In the face of the broad and diversified panorama of human fears, the Word of God is clear: those who "fear" God "are not afraid". Fear of God, which the Scriptures define as "the beginning of knowledge" coincides with faith in him, with sacred respect for his authority over life and the world. To be without "fear of God" is equivalent to putting ourselves in his place, to feeling we ourselves are lords of good and evil, of life and death. Instead, those who fear God feel within them the safety that an infant in his mother's arms feels (cf. Ps 130: 2). Those who fear God are tranquil even in the midst of storms for, as Jesus revealed to us, God is a Father full of mercy and goodness. Those who love him are not afraid

– Pope Benedict, XVI, *Angelus*, 22 June 2008

POPES PRAYER INTENTIONS

For the care of water.

Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have equal access to it.

Couples
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Are you ready to prepare for marriage within the Catholic faith?

Join Us!
2027 sessions run
Jan.10 to Mar.21
At Resurrection Parish

Email Denny and Cynthia Lizée
dlizee@sasktel.net for more
information or to register



Faith-Based Marriage Preparation Program
Dating & newly-married couples are also welcome

CALENDAR

Saturday, October 31st ArchRegina Congress, 10:00 AM – 3:00 PM at Resurrection Parish



Archdiocese of Regina

Bulletin

September 27, 2026

26th Sunday in Ordinary Time



ARCHREGINA CONGRESS

SATURDAY, OCTOBER 31
10:00 AM - 3:00 PM
SAVE THE DATE!!
RESURRECTION PARISH



2026 CHAS Convention: Shared Vision, Sacred Work: Growing Healing Communities

We aim to promote a vision of health care so undeniably compassionate that families will accept nothing less. The Catholic Health Association of Saskatchewan invites you to the 2026 Annual Convention, taking place October 29-30 at St. Joseph's Church, 260 25th Street East, Prince Albert. Join spiritual care providers, Catholic health leaders, clergy, and community members for two days of learning, dialogue, and mission focused collaboration. chassk.ca/annual-convention-2026/

MyGen Visioning Meeting

The Office of Youth and Young Adult Ministry of the Archdiocese of Regina invites anyone interested to join us for a night of visioning for the My Gen Youth Rally. My Gen is now 15 years old, and we recognize that it could benefit from some newness and freshness. Come brainstorm with us and share ideas with the My Gen Planning Committee! Wednesday, October 7, 2026 at 6:30 PM Archdiocese of Regina Office 200 - 2151 Scarth Street

Catholic Engaged Encounter

Getting married? Want a weekend away to focus on your relationship? "A Wedding is a Day, a Marriage is a Lifetime". Catholic Engaged Encounter has been providing meaningful, retreat format marriage preparation for over 50 years in 30 countries and 200 dioceses worldwide. The next weekend is October 2-4, 2026 in Caronport. For more info or to register visit ceecanada.ca/regina

Stewardship Bulletin Bits

"Do nothing out of selfishness; rather, humbly regard others as more important than yourselves..."
Philippians 2:3

Pride and ego are hard things to control. We see how others act or dress and think we are superior to them. We idolize our own self-image. But if we truly believe everything is a gift from God, we recognize all the people that God has put in our lives as gifts! We are grateful for how they enrich our lives. Pray every day for the people in your life: your family, your friends and those who make you angry.

Season of Creation
Closing Prayer Service
Sunday, October 4
7:00 AM SK



SEASON OF CREATION



Living Water
Season of Creation 2026

IMMERSION IN LIVING WATER
Exodus 47:9, 12

 **CAMPION COLLEGE**
AT THE UNIVERSITY OF REGINA

2026 JESUIT LECTURE

Navigating a Polarized World:

Helpful Insights Along the Ignatian Way

FRIDAY, OCTOBER 16 | 7PM | CAMPION COLLEGE



John Meehan, SJ

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