

September 20, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

LITURGY SCHEDULE

SATURDAY • 5:10 PM

SUNDAY • 10:00 AM

SUNDAY • 7 AM

GE'EZ RITE CATHOLIC MASS

MONDAY TO FRIDAY 12:05 PM

Sacrament of Reconciliation

Monday to Friday at 11:30 &
Saturdays at 4:30 pm

**Sacrament of Initiation / Baptism,
Confirmation & Communion:** *Please
contact the parish office.*

Sacrament of Marriage: *Please contact the
parish office at least one year before proposed
date of marriage.*

Sacrament of the Sick (Anointing): *after
Mass on each First Friday of the month, or
by request. Next Friday, September 4th at
12:05 Mass*

PARISH OFFICE

Monday to Friday • 10 am–2:00 pm
Tel: (306) 522-7422 • Notice: Office is
closed on September 23, Wednesday for a
Parish Administrative Staff Workshop

Pastor Rev. James Hentges:
pastor.bsacrament@icloud.com

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net



**25TH SUNDAY
IN ORDINARY TIME**
music for today's liturgy

Processional: Journey Song #616
Oh, Who Can Know the Mind of God

Kyrie: CIS 3.1 - Gloria: CIS 3.2

Responsorial Psalm Response



David J. Paines

Preparation of Gifts: Journey Song #793
One Bread One Body

Eucharistic Acclamations: CIS 3.3-3.6

Communion: Journey Song #626
Come to the Water

Recessional: Journey Song #647
Lord of All Hopefulness

INTERESTED IN BECOMING A CATHOLIC?

We will begin sessions for those who are interested in becoming a Catholic and joining our parish. These sessions, for the Order of Christian Initiation of Adults (OCIA), guides interested non-Catholics through a process of initiation into the faith. We offer this program for individuals who have never been baptized in the Christian faith; for individuals who may have been baptized in another Christian denomination but wish to become members of the Catholic Church or individuals who have been baptized in the Catholic Church but have not received all the Sacraments of Initiation (Communion and/or Confirmation). Contact our parish office or Fr. Jim our pastor by email.

DONATIONS

Donations to Blessed Sacrament Parish can be sent via
E-transfer (interac): blessed.sacrament@sasktel.net
Auto-Deposit Forms are available at the entrances of the
church or at: blessedsacramentregina.ca/donations/



Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Making Our Church More Accessible to All

We are pleased to announce two upcoming improvements to our parish that will make it easier for everyone to join us in worship. Our current accessibility ramp will be replaced with a new, sturdier structure built to serve our community safely for years to come. Alongside this, we will be installing automatic doors at our entrance, allowing parishioners using wheelchairs, walkers, or strollers — and anyone with their hands full — to come inside with ease and dignity.

Construction is expected to begin within the next two to three weeks and will take approximately one month to complete. We ask for your patience and prayers as this work gets underway, and please pardon our dust during construction.

How You Can Help

- Use one of the accessibility donation envelopes available in the pews
- Write “Accessibility” on your cheque and place it in the collection basket
- Scan the QR code below to give by credit card



Scan to Give

Accessibility Fund – Blessed Sacrament Parish

We are deeply grateful for everyone who has supported this effort, and we look forward to sharing updates as the work progresses.

VATICAN NEWS

Go to the Parish home webpage to get Vatican News and recent videos of the Holy Father: blessedsacramentregina.ca



The HOLY SEE



✠ Crying Babies

THE NOISE created by crying babies at church is second only to the noise created by people debating whether or not the babies belong there.

On one hand, babies can disturb the whole proceedings. They draw attention to themselves and away from the liturgy. They make it hard to hear and harder to concentrate. Those whose hearing is impaired especially suffer.

On the other hand, babies are part of the family. They belong with their parents, and because we’ve baptized them into the community, they belong with us.

Some parishes offer cry rooms. They provide a place for babies to scream their lungs out, but they also remove parents from the worshiping assembly. Adults in the cry room looking at Mass through a glass window might just as well be watching it on big-screen TV.

Other parishes offer babysitting. This permits parents to bring their children to church but entrust them to the trained care of someone who can give them full attention.

If you are the parent of a crying baby at church, your child’s care comes first. If you need to get up, walk around, leave for a while, or offer some other comfort to your baby, do it. Your actions will not be any more disturbing than your baby’s tears. Your demonstration of love will inspire others to charity.

If you are near the parents of a crying baby, offer to help. They might appreciate your support, especially if they’re watching another child.

And if you are frustrated because you cannot hear over the din and no one’s doing anything about it, do your best. As with any distraction that challenges our prayer, pray with it, for it, and through it. If it keeps you from praying the way you would like, pray the way you can. God will understand.

Bulletin Inserts for the Liturgical Life of the Parish: Gestures, Postures, and Customs of the Liturgy © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.

Blessed Sacrament Church has a room for a “cry room” near the front entrance to the Church in the south-west corner with a restroom.

WALKING TOGETHER

A program of Catholic Engaged Encounter designed to support **MARRIED COUPLES** in their vocation of marriage through accompaniment. Open to couples of all stages, from newly married to those celebrating decades of marriage. Each evening includes a themed presentation, dedicated time for couples to reflect and share privately, and an opportunity for group sharing.

Drop-in sessions, no registration required. Saturdays at 7:30 pm at Holy Rosary in the O'Neill room (use the west ramp entrance) September 26, October 17, November 21, December 19, January 23. For more information contact Miri or James Schiller at wd1@ceecanada.ca or 306-535-7518.

CALLED TO SERVE

Catholic Health Association of Saskatchewan (CHAS)

The Catholic Health Association of Saskatchewan (CHAS) invites applications for its Board of Directors. Guided by our vision of a Catholic community empowered to continue Christ's healing ministry, CHAS is currently focused on strengthening palliative care and building stronger bridges between Catholic health care and our dioceses.

We are seeking individuals with expertise in Board Governance, Financial Management, Catholic Health Care, Ethics, or Advocacy. Facilitating board participation from all the dioceses in Saskatchewan is a priority that is supported by virtual meeting options.

To learn more or submit an application, please visit chassk.ca or contact Peter Oliver, Executive Director at:

peter@chassk.ca or 306-955-2427.

Deadline: September 23, 2026.

ANNUAL FALL SUPPER

Our Lady of Peace on Friday, Oct. 9, 5:30 to 6:30 p.m., Turkey supper catered by Charlotte's Catering. Tables will be reserved for groups of 6 or more. Orders will be delivered of 10 or more meals. Tickets: Adults \$29.00, youth 5 to 12 \$15.00 and preschool FREE. Call Anita at 543-0421 or text 526-5130, or call or text Dennis at 530-2370, with e-transfer available to: ourladyofpeace@sasktel.net.

POPES ON TODAY'S GOSPEL

The labourers who had remained in the marketplace had probably given up all hope. That day had come to nothing. Nevertheless, someone still believed in them. What point is there to take on labourers only for the last hour of the working day? And yet, even when it seems we are able to do little in life, it is always worthwhile. There is always the possibility to find meaning, because God loves our life. And the originality of this landowner is also seen at the end of the day, at pay time. (...) For the owner of the vineyard, that is, for God, it is just that each person has what he needs to live. He called the labourers personally, he knows their dignity, and on the basis of this, he wants to pay them, and he gives all of them one denarius. The story says that the labourers from the first hour are disappointed: they cannot see the beauty of the gesture of the landowner, who was not unjust, but simply generous; who looked not only at merit, but also at need. God wants to give his Kingdom, that is, full, eternal and happy life, to everyone. And this is what Jesus does with us: he does not establish rankings, he gives all of himself to those who open their hearts to him.

– Pope Leo XIV, General Audience, 4 June 2025

POPES PRAYER INTENTIONS

For the care of water.

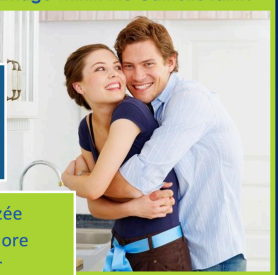
Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have

Couples
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Are you ready to prepare for marriage within the Catholic faith?

Join Us!
2027 sessions run
Jan.10 to Mar.21
At Resurrection Parish

Email Denny and Cynthia Lizée
dlizee@sasktel.net for more
information or to register



Faith-Based Marriage Preparation Program
Dating & newly-married couples are also welcome

CALENDAR

Saturday, October 31st ArchRegina Congress, 10:00 AM – 3:00 PM at Resurrection Parish

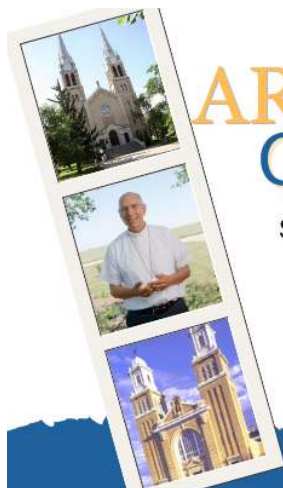


Archdiocese of Regina

Bulletin

September 20, 2026

25th Sunday in Ordinary Time



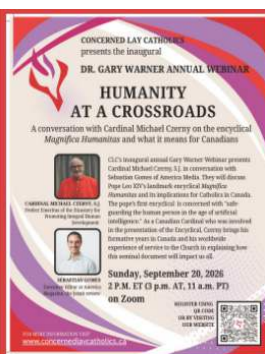
ARCHREGINA CONGRESS

SATURDAY, OCTOBER 31
10:00 AM - 3:00 PM
SAVE THE DATE!!
RESURRECTION PARISH



Catholic Engaged Encounter

Getting married? Want a weekend away to focus on your relationship? "A Wedding is a Day, a Marriage is a Lifetime". Catholic Engaged Encounter has been providing meaningful, retreat format marriage preparation for over 50 years in 30 countries and 200 dioceses worldwide. The next weekend is October 2-4, 2026 in Caronport. For more info or to register visit ceecanada.ca/regina



CLC's inaugural annual Gary Warner Webinar presents Cardinal Michael Czerny, S.J., in conversation with Sebastian Gomes of America Media. They will discuss Pope Leo XIV's landmark encyclical Magnifica Humanitas and its implications for Catholics in Canada. The pope's first encyclical is concerned with "safe-guarding the human person in the age of artificial intelligence." As a Canadian Cardinal who was involved in the presentation of the encyclical, Czerny brings his formative years in Canada and his worldwide experience of service to the church in explaining how this seminal document will impact us all.

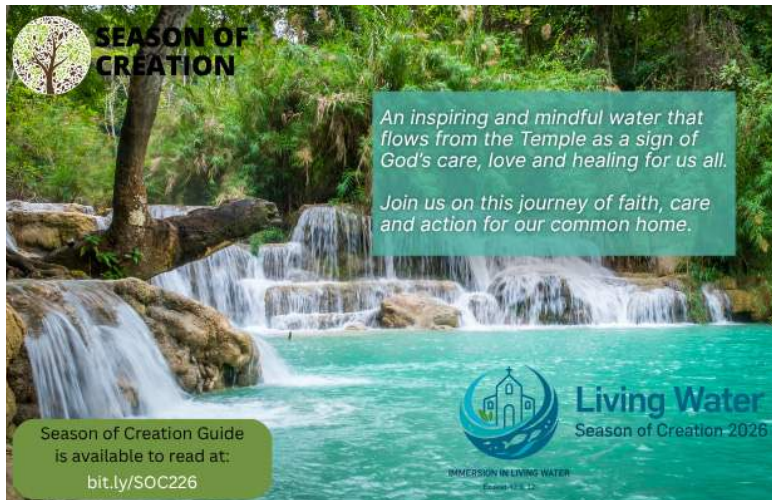
Register at: concernedlaycatholics.ca/upcoming-events/2a8chs3olxvjo6hgrjerjlniwa2hhz

2026 CHAS Convention: Shared Vision, Sacred Work: Growing Healing Communities

We aim to promote a vision of health care so undeniably compassionate that families will accept nothing less. The Catholic Health Association of Saskatchewan invites you to the 2026 Annual Convention, taking place October 29-30 at St. Joseph's Church, 260 25th Street East, Prince Albert. Join spiritual care providers, Catholic health leaders, clergy, and community members for two days of learning, dialogue, and mission focused collaboration. chassk.ca/annual-convention-2026/



Is Canada on Track for Justice? Learn about current issues in international aid through the testimonials and perspectives of guests from the Global North and the Global South. Saturday, September 26 at 11:30 AM. Register at: us02web.zoom.us/join/register/WN_vg_1p3gdSHa-6dKIYitnsW#/registration



Pope's Prayer Intentions: September For the Care of Water

Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have equal access to it.

popesprayer.va/praywiththepope/

Stewardship Bulletin Bits

"Thus, the last will be first, and the first will be last".
- Matthew 20:16

You've heard the saying "it's not where you start, but how you finish." This certainly applies to this Bible passage. We have a responsibility not only for our own lives, but for the lives of others as well. We are called to generously share our gifts with others, not hoard them for our own use. Our sincere gratitude and cheerful generosity will help us live "Godcentered" lives and not "self-centered" lives.

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