Blessed Sacrament Parish

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

Liturgy Schedule

Saturday • 5:10 pm
Sunday • 10:00 am

Sunday • 7 am
Ge'ez Rite Catholic Mass

Monday to Friday 12:05 PM

Sacrament of Reconciliation
Monday to Friday at 11:30 & Saturdays at 4:30 pm

Sacrament of Initiation / Baptism, Confirmation & Communion: *Please contact the parish office.*

Sacrament of Marriage: *Please contact the parish office at least one year before proposed date of marriage.*

Sacrament of the Sick (Anointing): *after Mass on each First Friday of the month, or by request. Next Friday, September 4th at 12:05 Mass*

Parish Office Hours

Monday to Friday • 10 am–2:00 pm
Tel: (306) 522-7422

Pastor **Rev. James Hentges**:
pastor.bsacrament@sasktel.net

Secretary **Nancy Diokno**:
office.bsacrament@sasktel.net

Assistant **Mel Ochia**
assistant.bsacrament@sasktel.net

Caretaker **Berhe Zerai:**
caretaker.bsacrament@sasktel.net

Liturgical Ministry **Charmaine Elash**:
celash@sasktel.net

Music **Bernadette Kutarna:**
music.bsacrament@sasktel.net

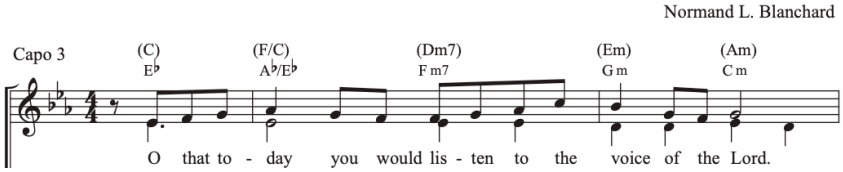
23rd Sunday in Ordinary Time

music for today's liturgy

Processional: Journey Song # 764
God Is Here! As We His People

Kyrie: CIS 3.1 - Gloria: CIS 3.2

Responsorial Psalm Response



Preparation of Gifts: Journey Song # 615
For the Fruits of This Creation

Eucharistic Acclamations: CIS 3.3-3.6

Communion: Journey Song # 780
Bread for the World

Recessional: Journey Song # 618
I Sing the Mighty Power of God

Interested in Becoming a Catholic?

We will begin sessions for those who are interested in becoming a Catholic and joining our parish. These sessions, for the Order of Christian Initiation of Adults (OCIA), guides interested non-Catholics through a process of initiation into the faith. We offer this program for individuals who have never been baptized in the Christian faith; for individuals who may have been baptized in another Christian denomination but wish to become members of the Catholic Church or individuals who have been baptized in the Catholic Church but have not received all the Sacraments of Initiation (Communion and/or Confirmation).

Donations to Blessed Sacrament Parish can be sent via **E-transfer (*interac*)** : **blessed.sacrament@sasktel.net**
Auto-Deposit Forms are available at the entrances of the church or at: **blessedsacramentregina.ca/donations/**

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Archdiocese of Regina
Bulletin
September 6, 2026
23rd Sunday in Ordinary Time

SEASON OF CREATION

Season of Creation 2026 September 1 to October 4

This year we will be guided by the vision of the prophet Ezekiel (47:1–12): a river flowing from the temple of God, which grows without stopping and brings life where everything seems barren.

Water heals, restores, and makes creation flourish. But it also challenges us: to recognize ecological damage, to embrace our interconnectedness, and to immerse ourselves in the responsibility of caring for and restoring our Common Home.

Religious leaders from around the world invite you to discover the Season of Creation 2026: Living Water and to join them on this journey of faith and action. youtu.be/xVVZ8LSpcRk

May this Season of Creation be a path for the healing of the Earth and human well-being to flourish together.

More resources can be found at: seasonofcreation.org

2026 CHAS Convention: Shared Vision, Sacred Work: Growing Healing Communities

We aim to promote a vision of health care so undeniably compassionate that families will accept nothing less.

The Catholic Health Association of Saskatchewan invites you to the 2026 Annual Convention, taking place October 29–30 at St. Joseph's Church , 260 25th Street East, Prince Albert. Join spiritual care providers, Catholic health leaders, clergy, and community members for two days of learning, dialogue, and mission focused collaboration. A special public event will also be offered, featuring Ryan Straschnitzki who shares his powerful story of survival and resilience after the Humboldt Broncos bus crash. All the information is at: chassk.ca/annual-convention-2026/

Visitation House Supported Through Queen City Marathon 2026

Fr. John Weckend ran in the first marathon in 2001 and since then has raised over $200,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina. Again, this year, Fr. John has organized and is running with the "Holy Soles" Team. The five team members chose the Virtual option to run on a day, time, and location that fits their schedules. This needs to be completed between September 13 (Marathon Day) and October 10.

Ways you can donate:

· Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7.

· Interac e-Transfer through Archdiocese of Regina. For recipient email address, enter visitationhouse@archregina.sk.ca In the Message, enter your address and phone number. Donations of any amount are welcome. Donations of $10 or more receive a charitable donation receipt from Visitation House.

Emmaus Mental Health Caregivers Support Group

Are you supporting a loved one living with mental health challenges? You are not alone. Our Emmaus Spiritual Peer Support for Caregivers groups offer a safe, faith-based space for those walking alongside a loved one experiencing mental health struggles. These gatherings provide prayer, reflection, and compassionate peer support rooted in the hope of Christ. We currently have groups operating once a month in Regina & Saskatoon with in-person and online options available. For more information or to join, please contact: emmausmentalhealth@gmail.com

Stewardship Bulletin Bits

"You, son of man, I have appointed watchman for the house of Israel…" - Ezekiel 33:7

Many of us are generous with our gifts. However, many of us are not generous in proportion to the gifts we have been given. How often do we give at the minimum level required? Remember, the Lord calls us to nurture and develop our gifts and to give back with increase. He calls us to be generous with all the gifts, especially the one that means the most to us.

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