

April 19, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

LITURGY SCHEDULE

SATURDAY • 5:10 PM

SUNDAY • 10:00 AM

SUNDAY • 7 AM

GE'EZ RITE CATHOLIC MASS

MONDAY TO FRIDAY 12:05 PM

Sacrament of Reconciliation

Monday to Friday at 11:30 &
Saturdays at 4:30 pm

**Sacrament of Initiation / Baptism,
Confirmation & Communion:** *Please
contact the parish office.*

Sacrament of Marriage: *Please contact
the parish office at least one year before
proposed date of marriage.*

Sacrament of the Sick (Anointing):
*after Mass on each First Friday of the
month, or by request. Next Friday, May
1st at 12:05 Mass*

PARISH OFFICE HOURS

Monday to Friday • 10 am–2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@sasktel.net

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net



THIRD SUNDAY OF EASTER
music for today's liturgy

Processional: Journey Song # 425

Jesus is Risen

Sprinkling Rite/Gloria: CIS 3.2

Responsorial Psalm Response

Normand L. Blanchard



Preparation of Gifts: Journey Song # 417

Two Were Bound for Emmaus

Eucharistic Acclamations: CIS 3.3-3.6

Communion: Journey Song # 761

Come to the Feast

Recessional: Journey Song # 397

Christ, the Lord, is Risen Today

ELIZABETH HEIDT • REST IN PEACE

Elizabeth Heidt passed away on Wednesday, April 1, 2026. She had just celebrated her 107th birthday a couple of days earlier. Elizabeth had a long and meaningful life. She slowed down after suffering a stroke in her 101st year. Prior to that, Elizabeth was a centurion, driving her and her friends around town. She was also actively participating in taking lifelong learning classes at the university and practicing Tai Chi for exercise. She was a very charitable person, actively involved with and donating to several charitable organizations. Elizabeth was born in Regina, SK, in 1919 to her parents, John and Theresa Heidt and lived her entire life in Regina. Memorial Service celebrating Elizabeth's life will be held at Blessed Sacrament Parish, 2049 Scarth St, Regina, SK, on Tuesday, April 28, 2026, at 10:00 am.

April 19, 2026

*The Parish Councils invite you to the
50th Anniversary of Ordination as Priest
Our Pastor, Father James Hentges
May 15, 2026
5 PM Eucharist
Blessed Sacrament Church
6:30 PM Reception and Dinner
Italian Club*

To reserve a dinner ticket after Masses see someone at entrances or please email or stop by the parish office.

For dinner ticket: suggested donation is \$50 (\$20 child) to Blessed Sacrament Parish

DONATIONS

Donations to Blessed Sacrament Parish can be sent via E-transfer (*interac*) : blessed.sacrament@sasktel.net

Auto-Deposit Forms are available at the entrances of the church or at:



blessedsacramentregina.ca/donations/

- Envelopes for 2026 are available by the front entrance..
- Tax receipts for donations are available in envelopes at the front entrance of the Church.

HOLY FATHER'S PRAYER APRIL PRAYER INTENTION

For priests in crisis

Let us pray for priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer.

DEVELOPMENT AND PEACE REGIONAL ASSEMBLY

All are invited to a weekend of reflection and immersion into the world of social justice. The Regional Assembly is for members/ supporters in the dioceses of Regina, Saskatoon, Prince Albert, and Keewatin-Le Pas on May 1 -3. The theme of this year is On Track for Justice: Pathways to Peace. To register at forms.office.com/r/cYpPE2DQa1, email mleblanc@devp.org, call 306-205-2334 (Note: remote participation options are available; please see registration link).

1ST ANNUAL ARCHBISHOP'S DINNER

Friday May 8, 2026

Conexus Arts Centre, Regina, SK
Doors Open 5:30pm
Buffet Dinner, Entertainment and
Remarks from Archbishop Donald Bolen
\$60.00/person or Table of 8 - \$480.00

Registration information available via archregina.sk.ca.
Call 306-352-1651 or QR code below
Dietary options may be available on request

Join us for this special evening of celebration, gratitude, and community!

ARCHDIOCESE OF Regina

If you would like to be part of a parish table for the Archbishop's dinner, call the parish office during office hours to add your name to one of our tables. Or send by email to:

blessed.sacrament@sasktel.net

CALENDAR

Saturday, April 25th	<i>Myriam Family of the Prairies Day retreat for adults from 9:30 am to 4:00 pm. Please register by phoning at 306-761-0528 or email: pss.prairies@famillemyriam.org</i>
Saturday, April 25th	<i>Marian Centre will host a Come and Go Tea, 2-4:30 PM, for farewell to Charlie and welcome new director, Mary McGoff and David Guzman on his return.</i>
Friday, May 8th	<i>Annual Archbishop's Dinner, Conexus Centre, 5:30 pm</i>
Friday, May 15th	<i>50th Anniversary of the ordination of our pastor, Fr. Jim Hentges. Eucharist 5 pm with reception and dinner after at the Italian Club (approximately 6:30 pm).</i>
Sunday, June 7th	<i>Annual General Meeting, after 10 am Sunday Mass</i>

CCCB: REFLECTION ON THE HOLY FATHER'S CALL
FOR PEACE, HUMAN DIGNITY, AND MORAL
RESPONSIBILITY IN PUBLIC LIFE

Ottawa, April 16, 2026 — In light of recent public commentary surrounding the Holy Father's appeals for peace, the Canadian Conference of Catholic Bishops' (CCCB) Communications Service wishes to reiterate several principles of Catholic teaching that remain especially relevant in times of war and international tension.

Pope Leo XIV's witness in such moments is moral and pastoral, not partisan. His words remind the world that peace is never advanced by contempt, that leadership requires restraint, and that the suffering of innocent people should always be avoided as much as possible.

Catholic teaching holds that war is subject to strict conditions of moral legitimacy. The use of force cannot be presumed to be just a priori; it must satisfy grave and demanding criteria, and may be considered only as a last resort. Even where force is judged permissible, the protection of civilians remains a fundamental obligation. The destruction of essential civilian infrastructure and the resulting suffering of non-combatants are to be avoided.

It is also important to recall that imagery or rhetoric presenting political leaders in terms that belong uniquely to Christ and His saving work is wholly unfitting. In addition to being disrespectful, such representations blur the proper distinction between faith and political power, distorting the meaning of both.

As a Catholic institution with a national mandate, the CCCB does not intervene in the internal political affairs of other countries. At the same time, recent events make it opportune to underscore the moral principles that should inform public life everywhere, including truthfulness, humility, reverence, and concern for the innocent.

The faithful in Canada are encouraged to continue praying for the Holy Father, for peace among nations, and for all who suffer because of war.



AS YOU enter a Catholic church building, you say hello to those arriving with you. Your parish may have someone at the door to add to this friendly encounter. That person is the greeter.

This role is fairly new. It evolved from the Church's desire to encourage the "full, conscious, and active participation" of the people in harmony with Vatican II's *Constitution on the Sacred Liturgy* (14). Human beings are more apt to pray together, sing together, and observe silences together if they are united in faith and service. This bonding begins at each Mass as soon as we arrive at church. Greeting one another is more than a social convention. It begins to form the Body of Christ assembled for worship on this day.

Our time together at Mass is framed by the formation of community before and after the service. When Mass is over, we go in peace to love and serve the Lord. Having worshiped as one, we leave to serve as one.

A greeter welcomes you to the building and helps you feel at home. If you are unfamiliar with the church you are visiting, the greeter will help you find participation aids, a place to sit, the location of restrooms, and any other useful information.

Even though some people take on the role of greeter at a parish church, everyone shares this responsibility. When you greet others on your way in or out of the building, you are connecting with them in faith, acknowledging the values you share, supporting them with your prayer, and reminding them that none of us is alone. God is with us always, manifest in the simple care of Christian brothers and sisters at church.

**Maybe you can be a greeter or "hospitality minister"?
See Father Jim or someone on the parish councils.
Help us welcome all, most especially visitors, to our
parish community.**



MAiD

and mental illness

What's at Stake?



Larry Worthen,
MA (Th.), LLB
Executive Director, Christian Medical
and Dental Association of Canada

Join the conversation:

- May 11 – Saskatoon
- May 12 – Prince Albert
- May 13 – Yorkton
- May 14 – Weyburn
- May 15 – Moose Jaw
- May 16 – Regina

Scan here to
RSVP



Learn more: hopedoesnotexpire.ca



Development and Peace invites you to a weekend of reflection and immersion into the world of social justice. The Regional Assembly is for members/supporters in the dioceses of Regina, Saskatoon, Prince Albert, and Keewatin-Le Pas on May 1 -3. The theme of this year is On Track for Justice: Pathways to Peace. To register at forms.office.com/r/cYpPE2D-Qa1, email mleblanc@devp.org, call 306-205-2334 (Note: remote participation options are available; please see registration link).

TF S03 | E20 | Do Miracles Still Happen?

In this episode of Thinking Faith, Deacon Eric Gurash and Dr. Brett Salkeld respond to a question from Grade 9-10 students at Miller High School: Do miracles still happen—and why can't science prove them? Exploring Scripture, theology, and real-world examples, they unpack the relationship between miracles, faith, and scientific evidence. The conversation highlights why miracles in the Bible—and today—are not "proofs" that force belief, but signs that invite a personal response and deeper relationship with God. This episode offers a thoughtful and accessible look at how faith and reason work together, and why miracles ultimately point beyond themselves to hope, conversion, and God's presence in the world.

bit.ly/TFArchdioceseReginaS03E20

Dying with Christ - Living with Hope

Dying with Christ - Living with Hope is a faith-filled program that speaks to one of the most important topics of our human experiences. Led by theologians and Christian healthcare professionals, this series offers meaningful insight into suffering, grief, dying, the duty to care, and how we can enter more deeply into the Christian hope of dying with Christ. CMDA Canada is offering three live online opportunities to participate in this three-session series. Participants will not only experience the program firsthand but will also be equipped to bring it to their own communities, parishes, and ministry settings. Spring 2026 Online Series Options:

- Thursday, April 23, 30, & May 7 — 6:00 pm CT
- Tuesday, May 19, 26, & June 2 — 7:00 pm CT
- Monday, June 15, 22, & 29 — 5:30 pm CT

Register: cmdacanada.org/event/dying-with-christ-living-with-hope-spring-series/ Questions? Contact Brad MacKinnon via email: bmackinnon@cmdacanada.org



Every human life is a sacred gift from God. We are called to accompany those who suffer, to uphold their dignity, and to ensure they receive authentic care, compassion, and hope. Mental illness requires treatment, support and love — never abandonment or the offer of death. Many of us know someone living with mental illness — a family member, friend, neighbour, or colleague. **At this critical moment, let us raise our voices in faithful witness to the Gospel of life.**

Visit HelpNotHarmCanada.ca today and ask your MP to support Bill C-218

Festival of Faith 2026

You Did It For Me

The Call to Mission
Animated by Hospitality

July 8 - 14 Formation - Celebration
Prayer - Community

Fr. Ron Rolheiser
CMI



Oblate Priest, theologian, professor, and award-winning author

Eric A. Clayton



Award-winning writer, speaker, storyteller and retreat leader

PLUS:

Debbie Rolfe
Sr. Cindy Lewans, PM
Fr. Kevin McGee
Matthew Prokpas
Wagner Barbosa

All are welcome. Free-will offering. Pick and choose your sessions.

Register: stphilipnriparish.ca



Stewardship Bulletin Bit

"Did not our hearts burn within us while He talked to us on the road, while He opened to us the scriptures?"
Luke 24:32

How often do you take the time to discern what Jesus is calling you to do with your life? Are your prayers always petitions, asking Jesus to do things for you? If so, that's a one-sided relationship. Living our faith means developing a personal relationship with Jesus. Just like any friendship, there is give and take, each side listening to each other and helping each other out. Take time, in silence, to listen to what Jesus is asking of you today.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.