

April 5, 2026



BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina.ca

PARISH OFFICE

WILL BE CLOSED DURING EASTER WEEK

Email: blessed.sacrament@sasktel.net
Monday to Friday • 10 am–2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@sasktel.net

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assistant.bsacrament@sasktel.net

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Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net

DONATIONS

Donations to Blessed
Sacrament Parish can
be sent via E-transfer
(interac) to:



blessed.sacrament@sasktel.net

THANK YOU!

- To all the musicians, readers, communion ministers, altar servers and other liturgical ministers.
- To those providing hospitality before and after Mass and the assistance of others.



LITURGY SCHEDULE

Saturday 5:10 pm • Sunday 10 am

Easter Monday to Thursday, April 6-9

12:05 PM Eucharist

Reconciliation before Mass

GE'EZ RITE HOLY WEEK & EASTER OF THE GOOD SHEPHERD COMMUNITY

- **5 April 2026, Palm Sunday, 6- 9:00 am**
Holy Mass.
- **6-8 April 2026, Holy Week, 6:15-8:00 pm**
Adoration (Kyrie eleison) each day.
- **9 April 2026, Holy Thursday, 6:15-8:00 pm**
Holy Mass and washing of feet.
- **10 April 2026, Good Friday, 9 am-4 pm**
Friday Adoration.
- **11 April 2026, Holy Saturday, 6-8 am**
Holy Mass and distribution of Sedge.
- **11-12 April 2026 – Easter, 9 pm - 2 am**
Vigil of the Lord's Resurrection and Holy Easter Mass.

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nēhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

CALENDAR

April 6-9th	<i>Parish Mass, 12:05 pm with Sacrament of Reconciliation before.</i>
April 9th	<i>Good Shepherd Community (Ge'ez Rite) Holy Thursday, 6:15-8:00 pm</i>
April 10th	<i>Good Shepherd Community (Ge'ez Rite) Good Friday, 9 am - 4 pm</i>
April 11th	<i>Good Shepherd Community (Ge'ez Rite) Holy Saturday, 6-8 am</i>
April 11th	<i>Good Shepherd Community (Ge'ez Rite) Easter Vigil, 9 PM - 2 AM</i>
May 15th	<i>50th Anniversary of the ordination of our pastor, Fr. Jim Hentges. Eucharist 5 pm with dinner after at the Italian Club (approximately 7 pm). Details forthcoming.</i>
June 7th	<i>Annual General Meeting, after 10 am Sunday Mass</i>

 Holy Water

HOLY WATER will be flowing freely from every font after the Easter Vigil this year. Most churches keep holy water on hand either in the baptistry or in a separate covered font so the faithful have ready access to it. A priest or deacon may pray the Church's water blessing at any time of year, but the blessing of all blessings happens at the Easter Vigil.

Baptism is the sacrament that opens the door to the others and incorporates us into the Body of Christ. So solemn is the rite, so rich its meaning, that we first bless its water. We pray that the Holy Spirit will vivify the water, making it fit for its holy purpose.

Holy water, quite simply, is leftover baptismal water. We set it by the doors of the church and bring it to our homes because it will remind us of our Baptism.

The water we bless at Easter usually does not last the whole year. In the old days, we used to have a second water blessing on Pentecost to boost the supply. Now there are several occasions when we bless water. For example, a water blessing and sprinkling can replace the Penitential Act on any

Sunday. On those days when the priest walks around sprinkling you with water at the beginning of Mass, he's not just playing games. He's making the connection between that Sunday and Easter, days of Baptism, faith, and new life.

Other occasions for blessing water include the rite of infant Baptism or a prayer service just to bless water as found in the *Book of Blessings*. The blessing should be a public event, not a private prayer in the sacristy. That way we can all join in the prayer and the renewal of our Baptism.

Ideally, the water we bless on Easter will at least last throughout Easter Time. During Easter Time, we have alternate prayers for the sprinkling that replace Sunday's Penitential Act, and for the blessing of water at infant Baptism. The prayers assume that we're using water that was already blessed at the Vigil.

Whenever you use holy water, whether walking into church, sprinkling your home, or burying the dead, it will always remind us of what happens at Easter throughout the Church, the Baptism that makes us members of the household of God.

April 5, 2026

EASTER MESSAGE FROM THE ARCHBISHOP

Dear friends, as we prepare to celebrate the Resurrection, let us learn from the Lord, and from these accounts of his passion.

First, Jesus does not run away from the persecution he faces. God is not in fact powerless in this situation. Flights of angels could have rescued Jesus. God's power is ultimately revealed in the resurrection. But Jesus chooses not to use divine power – in the sense of force – to confront injustice, to come down from the cross. That would in effect be to take leave of his human nature, to step back from the Incarnation. And it would also be to step back from what he came to do and to reveal, which is the fulness and depth of God's love for humanity, and God's desire to transform and redeem the world by love.

Second, Jesus rejects the notion that we respond to violence by violence. One who lives by the sword dies by the sword. That is faithful to what he taught in the Sermon on the Mount. He does confront the soldier who hits him, and elsewhere in his teaching, we do see him resist and confront injustice and evil, but he does not do so by violence. He confronts in order to bring change.

Finally, his response to injustice and political force is ultimately to remain faithful to why he came: to serve and to give himself fully – this is my body broken, my blood poured out for you and to trust in the Father, who raises him from death to life, revealing in a lasting and definitive way that with God, love conquers hate, cruelty and misuse of power do not have the last word, and love ultimately reigns supreme. Dear friends, this is what we celebrate in every Eucharist, and what we celebrate in a very special way in the liturgies of Holy Week and Easter.

May we as Christians, individually and as communities, give courageous witness to this message of love, this way of carrying authority, this way of confronting injustice in our tumultuous world of today.

Christ is Risen, trampling on death by death. Love and life have the last word. Let us rejoice! Happy Easter to all of you!

+ Archbishop Donald Bolen

Full text available in printed form at the entrances of the church or online at the parish website.

1ST ANNUAL ARCHBISHOP'S DINNER

Friday May 8, 2026

Conexus Arts Centre, Regina, SK

Doors Open 5:30pm

Buffet Dinner, Entertainment and
Remarks from Archbishop Donald Bolen

\$60.00/person or Table of 8 - \$480.00

Registration information available via archregina.sk.ca.

Call 306-352-1651 or QR code below

Dietary options may be available on request

Join us for this special evening of celebration, gratitude,
and community!



ARCHDIOCESE OF
Regina



In the three-video Dying with Christ – Living with Hope series, we seek to demystify death and the dying process, making way for a new approach to end of life questions. The discussion, led by theologians and healthcare professionals, will give timeless perspectives on suffering, grief, dying, and our duty to care. We will discover that when we make a commitment to die with Christ, we can truly live with hope.

TRAIN THE TRAINER SESSIONS ON ZOOM

- Thursday, April 23, 30, & May 7, 6 pm CT
- Tuesday, May 19, 26, & June 2, 7 pm CT
- Monday, June 15, 22, & 29, 5:30 pm CT



Learn More

if you have any questions, you can learn more by scanning the QR code, using the URL below or contacting Brad MacKinnon at bmackinnon@cmdacanada.org.



cmdacanada.org/dying-with-christ-living-with-hope/



ABOUT CMDA CANADA

Dying with Christ - Living with Hope is a production of the Christian Medical and Dental Association of Canada. CMDA Canada seeks to equip, encourage and engage Christian doctors and dentists across Canada.



Archdiocese of Regina

Bulletin

April 5, 2026

Easter Sunday

*Happy
Easter*

From Archbishop Don
and all of the staff at
the Archdiocese of
Regina



Dying with Christ - Living with Hope

Dying with Christ – Living with Hope is a faith-filled program that speaks to one of the most important topics of our human experiences. Led by theologians and Christian healthcare professionals, this series offers meaningful insight into suffering, grief, dying, the duty to care, and how we can enter more deeply into the Christian hope of dying with Christ.

CMDA Canada is offering three live online opportunities to participate in this three-session series. Participants will not only experience the program firsthand but will also be equipped to bring it to their own communities, parishes, and ministry settings. A Chance to bring Christ's message of hope to our world.

Spring 2026 Online Series Options:

- Thursday, April 23, 30, & May 7 — 6:00 pm CT
- Tuesday, May 19, 26, & June 2 — 7:00 pm CT
- Monday, June 15, 22, & 29 — 5:30 pm CT

Register: cmdacanada.org/event/dying-with-christ-living-with-hope-spring-series/ Questions? Contact Brad MacKinnon via email: bmackinnon@cmdacanada.org

Development and Peace invites you to a weekend of reflection and immersion into the world of social justice. The Regional Assembly is for members/supporters in the dioceses of Regina, Saskatoon, Prince Albert, and Keewatin-Le Pas. The theme of this year is On Track for Justice: Pathways to Peace.

To register at forms.office.com/r/cYpPE2DQa1, email mleblanc@devp.org, call 306-205-2334 (Note: remote participation options are available; please see registration link).

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25th Anniversary of Our Divine Mercy Conference

April 12, 2026 at 1:15 PM

At St. Peter's Parish, 100 Argyle Street

Archbishop Don Bolen will be the main celebrant and homilist at the Holy Sacrifice of the Mass at 3:05 pm.

For tickets call - 306- 949-8998

E-mail eadmoleskiw@sasktel.net for more info

Livestream available

103rd Annual Regina Diocesan CWL Convention

St. Gerard parish, 125 3 Ave N, Yorkton

Hosted by hosted by the Morning Star region

Theme: Ignite your Passion, Empower His Mission

When: Saturday, April 18th, 2026

Time: 8:30 am registration and refreshments

9:05 am to 3:30 pm convention and annual meeting of members

To register: reginadiocesanconv@gmail.com

Pope's Prayer Intentions: April For priests in crisis

Let us pray for priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer. popesprayer.va/praywiththepope/

Archdiocese Downtown Office Parking Change - PayByPhone Only

Parishioners visiting our downtown offices should be aware that as of March 1, 2026, the City of Regina has moved all paid on-street parking downtown to the PayByPhone system. Coin payment at parking meters is no longer available. To make your visit easier, you may wish to download the PayByPhone app before arriving. Parking can also be paid online at PayByPhone.com or by calling 1-888-680-7275. For more information and instructions, visit: Regina.ca/ParkingApp or Regina.ca/PayByPhone. Please note: Free two-hour parking remains available one block south of our offices on Scarth Street. Thank you for planning ahead when visiting our downtown offices.

Stewardship Bulletin Bit

"This man God raised on the third day and granted that he be visible, not to all the people, but to us, the witnesses chosen by God in advance, who ate and drank with him after he rose from the dead." Acts 10:40-41

The first disciples were people who witnessed the risen Christ in the flesh. The author of Acts emphasizes that they ate and drank with the risen Christ. How we take care of each other "in this life" is an important part of our spiritual life. Stewardship is not about having pious thoughts, but about making life better for others in the flesh.