

Sunday, March 29, 2026

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • www.blessedsacramentregina.ca

HOLY WEEK

Monday to Wednesday
March 30th to April 1st

- Mass 12:05 PM
- Reconciliation 11:30 am



PALM SUNDAY OF THE LORD'S PASSION

music for today's liturgy

EASTER TRIDUUM

Blessing of Palms and Gospel of Christ's entry into Jerusalem (begins at entrance).

HOLY THURSDAY

APRIL 2ND • 7 PM

MASS OF THE LORD'S SUPPER
adoration until 10 pm

GOOD FRIDAY

APRIL 3RD • 3 PM

PASSION OF THE LORD

HOLY SATURDAY

BLESSING EASTER BASKETS 12 NOON

EASTER VIGIL

APRIL 4TH • 8 PM

EASTER MORNING

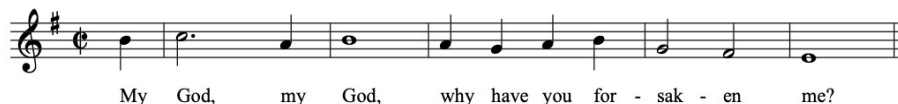
APRIL 5TH • 10 AM

THE RESURRECTION
OF THE LORD

Processional: Journey Song # 366
All Glory Laud and Honour

Responsorial Psalm Response Refrain

"My God, my God, why have you forsaken me?"



Preparation of Gifts: Journey Song #369
At the Name of Jesus (join in refrain)

Eucharistic Acclamations: CIS 5.7 to 5.10

Communion: Journey Song #40 Taste and See

Recessional: Journey Song #500
Lift High the Cross

Choir practises are scheduled for:

- Saturday March 28, 3:30 to 4:30, before 5:10 p.m. Mass
- Sunday March 29, 11:15 after Mass and coffee

All are welcome to join! Call Bernadette (306) 537-4158

Email: music.bsacrament@sasktel.net

EASTER WEEK • APRIL 6-9

Eucharist is Mon - Thur 12:05 pm

Sunday, March 29, 2026

PARISH OFFICE HOURS

Monday to Friday • 10 am–2:00 pm
Tel: (306) 522-7422

Pastor Rev. James Hentges:
pastor.bsacrament@sasktel.net

Secretary Nancy Diokno:
office.bsacrament@sasktel.net

Assistant Mel Ochia
assistant.bsacrament@sasktel.net

Caretaker Berhe Zerai:
caretaker.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash:
celash@sasktel.net

Music Bernadette Kutarna:
music.bsacrament@sasktel.net

DONATIONS

Donations to Blessed Sacrament Parish can be sent via

E-transfer (interac) :
blessed.sacrament@sasktel.net



Auto-Deposit Forms
 are available at the entrances
 of the church or at:

blessedsacramentregina.ca/donations/

HOLY FATHER'S APRIL INTENTION

For priests in crisis

Let us pray for priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer.

2026 Financial Update for	February	January
<i>Donations via Direct Deposit or Sent</i>	\$3,749.00	\$3,195.00
<i>Donation Envelopes</i>	\$5,355.00	\$5,372.40
<i>Loose Collection</i>	\$1,997.20	\$1,265.35
<i>Donation via Canada Helps</i>	\$350.00	\$10.00
<i>New Year Offering</i>		\$570.85
<i>Good Shepherd Community</i>	\$1,001.41	\$1,044.05
<i>Other Donations (vigil lights, flowers, books, parking etc)</i>		\$467.05
<i>KCs Sant Nino Council</i>		\$730.00
<i>Donations for Use of Church (i.e. wedding, concerts, parking etc.)</i>	\$30.00	\$990.00
<i>Total Donations for past year</i>	\$12,482.61	\$13,644.70
<i>Amount Needed Annually for General Operating Expenses</i>	\$14,000.00	\$14,000.00
<i>Annual Balance (" - " is deficit)</i>	-\$1,517.39	-\$355.30
<i>Other collections:</i>		
<i>Building Fund (collected)</i>	\$450.00	\$315.00
<i>Marian Centre</i>	\$230.00	
<i>Fund for the Hungry</i>	\$40.00	
<i>Designated Donations</i>	\$220.00	\$400.00
<i>Other Collections</i>	\$320.00	\$120.00

Note: Also, note that we received from the City of Regina, Heritage Fund, a one-time grant of \$20,000 to assist in covering the expenses of our painting of the church.

CALENDAR

March 31st	<i>Taizé Prayer Around the Cross, Ecumenical Prayer Service, 5 PM</i>
April 2nd	<i>Holy Thursday, Mass of the Lord's Supper, 7 pm</i>
April 3rd	<i>Good Friday, The Passion of the Lord, 3 pm</i>
April 4th	<i>Holy Saturday, Easter Vigil, 8 pm</i>
April 5th	<i>Easter Sunday Mass 10 am</i>
April 10th	<i>Good Shepherd Community (Ge'ez Rite) Good Friday</i>
April 11th	<i>Good Shepherd Community (Ge'ez Rite) Easter Vigil, 8 PM</i>

BLESSING OF THE EASTER BASKETS

Swieconka(sh-vee-en-soon-kah) is one of the most enduring and beloved Polish traditions. Baskets containing a sampling of Easter foods are brought to church to be blessed on Holy Saturday. The basket is traditionally lined with a white linen or lace napkin and decorated with sprigs of boxwood, the typical Easter evergreen. Poles take special pride in preparing a decorative and tasteful basket with crisp linens, occasionally embroidered for the occasion, and just enough boxwood and ribbon woven through the handle. Observing the beautiful foods and creations of other parishioners is one of the special joys of the event.

REGINA PRO-LIFE FUNDRAISING BANQUET

There will be a Pro-Life fundraising banquet on May 2nd at St. Martin de Porres Parish. To purchase tickets, please phone 306.569.1985. Further information is posted on our bulletin boards.

STRAINING TO HEAR IN OUR CHURCH?

Large and older spaces with high ceilings like our church don't offer the best listening environment.

Then add the usual sounds of movement, children trying to be reverent, the distance from the speaker to ears, even those with mild or moderate hearing loss can miss a great deal.

In addition to our high-end amplifier system, we have an FM transmitter to assist listening. We have some listening devices available at the front entrance to the church or contact an usher. Or you can bring your own small FM radio with headphones.



We also feature **Auracast** - a bluetooth transmission which can connect to some newer hearing aids. Usually via your phone.

Palms

THE CATHOLIC faithful use palm branches at Mass on Palm Sunday and bring them home for devotional purposes. Palm Sunday is the popular name for the Sunday before Easter, though its full title is Palm Sunday of the Lord's Passion. Two Gospel passages are proclaimed at Mass that day: One tells of people waving branches or spreading cloaks to welcome Jesus in triumph to Jerusalem, and the other tells of his passion and death.

Any branches may be used in the liturgy, but parishes usually provide palm branches, as mentioned in John's Gospel (12:13). The faithful hold them at the beginning of the Mass for the blessing and procession.

After Mass, people may bring the branches home as a sacramental. Various customs have developed. Some place branches behind a wall-mounted crucifix or other religious image. Others cleverly fold them into crosses. Still others incorporate blessed branches into improvised prayers for protection during harmful weather.

Used palm branches are burned the following year, and the ashes are placed on the heads of the faithful on Ash Wednesday. Some parishes burn their own ashes. People who wish to dispose of old palm branches may offer them back for burning or dispose of them at home in some reverent manner.

Palm branches appear in religious art as a symbol of martyrdom. In the Book of Revelation (7:9), a great multitude praises God with palm branches in hand. In the apocryphal gospel of pseudo-Matthew (20-21), a palm tree miraculously bends over to nourish the Holy Family on the flight into Egypt, and an angel plants one of its branches in paradise, making the palm a sign of victory in any contest.



Archdiocese of Regina

Bulletin

March 29, 2026

Palm Sunday



Please join the Archdiocesan Social Justice Commission for an afternoon Lenten Scripture Reflection and Sharing in:

Swift Current: Mar 28, from 11:00-2:30

This will be a time for inspiration: to reflect on scripture, to listen to the Holy Spirit, and to renew our Christian faith through action. The Social Justice Commission will guide those gathered, which we hope is you, to deepen our sense of God's justice, our call to do charity, and to think critically about how we love our neighbours. We will have a small lunch (soup and sandwiches). To register, please scan the QR Code below:



Stewardship Bulletin Bit

"As they were marching out, they came upon a man of Cyrene, Simon by name; this man they pressed into service to carry his cross." Matthew 27:32

The Lord calls us to love God and to love our neighbor. Every day we are presented with opportunities to love our neighbor and help him "carry his cross." These opportunities aren't usually big events, they are usually ordinary occurrences like helping someone carry their groceries or holding the door open for them. The key is putting the other person's needs before our own and not expecting anything in return.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawê, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

25th Anniversary of Our Divine Mercy Conference

April 12, 2026 at 1:15 PM

At St. Peter's Parish, 100 Argyle Street

Archbishop Don Bolen will be the main celebrant and homilist at the Holy Sacrifice of the Mass at 3:05 pm.

For tickets call - 306-949-8998

E-mail eadmoleskiw@sasktel.net for more info

Livestream available

103rd Annual Regina Diocesan CWL Convention

St. Gerard parish, 125 3 Ave N, Yorkton

Hosted by hosted by the Morning Star region

Theme: Ignite your Passion, Empower His Mission

When: Saturday, April 18th, 2026

Time: 8:30 am registration and refreshments

9:05 am to 3:30 pm convention and annual meeting of members

To register: reginadiocesanconv@gmail.com

Thank you for giving from the heart to Share Lent 2026!

Development and Peace — Caritas Canada thanks you for supporting the On Track for Justice campaign with your Share Lent donation. If you have not yet had a chance to give, you can still place your Share Lent envelope in the offertory or donate online at devp.org/give. Thank you for continuing to pray for all those who are working to build a world of peace and justice.

Archdiocese Downtown Office Parking Change - PayByPhone Only

Parishioners visiting our downtown offices should be aware that as of March 1, 2026, the City of Regina has moved all paid on-street parking downtown to the PayByPhone system. Coin payment at parking meters is no longer available. To make your visit easier, you may wish to download the PayByPhone app before arriving. Parking can also be paid online at PayByPhone.com or by calling 1-888-680-7275. For more information and instructions, visit: Regina.ca/ParkingApp or Regina.ca/PayByPhone. Please note: Free two-hour parking remains available one block south of our offices on Scarth Street. Thank you for planning ahead when visiting our downtown offices.

Good Friday Musica Sacra

You are warmly invited to join us at Campion College for Good Friday Musica Sacra on Friday, April 3, 2026, at 7:30 pm.

This year's program, titled "Songs of Love and Sacrifice," offers a contemplative journey through sacred music and spirit-filled readings. Please join us for a soul-stirring performance by the Musica Sacra Voices, led by artistic directors Diane Taylor-Neale and Brianna Levesque. It is a beautiful opportunity to reflect on the solemnity of Good Friday through the power of voice and word.

Location: Campion College, 3737 Wascana Pkwy, Regina, SK
Room: 2nd Floor Chapel