

Sunday, March 23, 2025



BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina

LITURGY SCHEDULE

Saturday 5:10 pm

Sunday 10:00 am

Monday through Friday, 12:05 PM

Sacrament of Reconciliation

Before Mass: weekdays 11:30 am, Saturdays at 4:30 pm

Thursdays in Lent: 5 PM Taizé Prayer

**Fridays in Lent: Stations of the Cross
after the midday Liturgy**

Sacrament of Initiation / Baptism, Confirmation & Communion: Please contact the parish office.

Sacrament of Marriage: Please contact the parish office at least one year before proposed date of marriage.

Anointing of the Sick: after First Friday Mass, April 4th or by request.

**TODAY'S MUSIC
3RD SUNDAY LENT**

SATURDAY 5:10 PM

**Processional: Journey Song # 818
*Here I Am, Lord***

Responsorial Psalm: *The Lord is merciful and gracious.*

**Preparation of Gifts: Journey Song #348
*This Season Calls Us***

Eucharistic Accl: CBW 227-232.

**Communion: Journey Song # 534
*Create in Me***

**Recessional: Journey Song # 739
*O Beauty, Ever Ancient***

SUNDAY 10 AM

**Processional: Journey Song # 626
*Come to the Water***

Responsorial Psalm: *The Lord is merciful and gracious.*

**Preparation of Gifts: Journey Song # 363
*Healer of Our Every Ill***

Eucharistic Accl: CBW 227-232.

**Communion: Journey Song # 81
*Seed Scattered and Sown***

Post Communion: *One Thing I Ask*

**Recessional: Journey Song # 733
*Lead Me Lord***

PARISH OFFICE

Regular Hours • Tuesday to Friday • 11:00–2:00 PM

Tel: (306) 522-7422 • www.blessedsacramentregina.ca

Pastor: Rev. James Hentges: pastor.bsacrament@sasktel.net

Secretary Nancy Diokno: office.bsacrament@sasktel.net

Assistant: Mel Ochia assistant.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash: celash@sasktel.net

Music Bernadette Kutarna: music.bsacrament@sasktel.net

Caretaker Teklesenbet Mebrahtu (contact via parish office).

HOLY FATHER'S PRAYER INTENTION

For families in crisis • Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Sunday, March 23, 2025

CALENDAR

Tuesday, March 25th	Confirmation/First Communion Preparation, 4:30 PM, Parish Meeting Room
Thursday, March 27th	Taizé Prayer around the Cross, 5 PM
Friday, March 28th	Stations of the Cross, after midday Mass
Thursday, April 10th	Communal Penance Service, 5 PM

FINANCIAL UPDATE	February 2025
Donations via Direct Deposit	\$2,190.00
Donation Envelopes	\$4,448.35
Loose Collection	\$960.95
Good Shepherd Community	\$500.00
Total Regular Donations this Month (February)	\$8,099.30
Amount Needed Each Month for Operating Expenses	\$13,500.00
Monthly Deficit	-\$5,400.70
Building Fund (collected)	\$530.00
Other Collections in February	
Diocesan Collections	\$220.00
Marian Centre	\$320.00

- A complete 2024 Parish Financial Report will be distributed before the Parish Annual General meeting on June 8th. It can also be requested in advance by contacting the parish office.
- 2025 AGM is scheduled for Pentecost, June 8th, after the 10 am Eucharist. The meeting will be followed by a cookout.

DONATIONS

Donations to Blessed Sacrament Parish can be sent via E-transfer (*interac*) to:
blessedsacrament@sasktel.net

Auto-Deposit Forms are available at the entrances of the church or
blessedsacramentregina.ca/donations/



HOLY WEEK AND EASTER
 AT BLESSED SACRAMENT CHURCH

Communal Penance Service

Thursday, April 10th 5 pm

Palm Sunday of the Lord's Passion

Sat., April 12th, 5:10 pm • Sunday, April 13th, 10 am

Weekday Eucharist of Holy Week

Monday, Tuesday & Wednesday, 12:05 PM

Holy Thursday, April 17th

7:00 PM • Mass of the Lord's Supper

Good Friday, April 18th

9:00 am • Ge'ez (Eritrean) Rite
 3:00 PM • The Passion of the Lord

Saturday, April 19th

8:00 PM • The Great Vigil of Easter
 12:00 midnight • Ge'ez (Eritrean) Rite

Easter Sunday, April 20th

10:00 AM • Easter Day Mass



Taizé Prayer • Thursday, 5 PM

CHILDREN'S LITURGY

We have a "Children's Liturgy" every other Sunday at 10 am Mass. This liturgy is for all young children. We aim to provide the children with an adapted Liturgy of the Word which will encourage them to listen, pray and respond to the word of God within a safe place.

THIS LENT, *TURN DEBT INTO HOPE*

2025 is a Jubilee year. A year in which Pope Francis invites us to "*forgive the debts* of countries that will never be able to repay them." (*Spes non confundit*, 16). Development and Peace — Caritas Canada is responding to this call through the global *Turn Debt into Hope* campaign.

External debt and ecological debt: Who owes whom?

Peru is facing an ecological debt crisis as extractive industries, often foreign-owned, plunder its natural resources, harming the environment and human rights.

These industries contribute to the unjust enrichment of the Global North at the expense of the Global South. Thus, as countries in the Global South incur financial debts that further impoverish them, they are owed a mounting ecological debt by the Global North that is never settled.

Our partners, the Episcopal Commission for Social Action (CEAS) and the Institute Bartolomé de Las Casas (IBC) work closely with affected communities, advocating for justice and sustainable alternatives.

This Lent, discover the work of CEAS and IBC by reading our Mini-magazine and watching our testimonial video at devp.org/lent.

Here is one way that you can join us:

- **Donating online** at devp.org/give or during the Solidarity Sunday collection on April 6, the fifth Sunday of Lent. Your generosity helps support over 79 projects in 34 countries around the world!

Forgiveness at Mass

THE SACRAMENT of Penance is the Church's special celebration of pardon, but forgiveness of sins is also one of the fruits of the Mass. There are many moments throughout the Eucharistic celebration when the texts and gestures of the Mass express the community's sorrow for sins.

We begin with the Penitential Act, which includes striking the breast in a simple gesture of sorrow.

The presider then asks that God have mercy on us and forgive our sins. On Sundays, this penitential rite may be replaced with a sprinkling rite, signifying our purification. While singing the Glory to God and the Lamb of God, we ask the One who takes away the sins of the world to have mercy on us.

When the deacon or priest kisses the Gospel, he prays that its words may wipe away our sins.

While washing his hands, the priest asks God to wash away his iniquity and cleanse him of sin.

During the Lord's Prayer, we all ask God to forgive us our sins.

And, of course, the sharing of Communion itself forgives sins (*Catechism of the Catholic Church*, 1393–1394). The main purposes of Mass are to express thanks and praise to God and to sanctify the assembly through Holy Communion. But one of the other results is the forgiveness of sins.

The faithful who are aware of grave sin should celebrate the Sacrament of Penance before presenting themselves for Communion. Reconciliation is advised for all, no matter how light our sins may be. But the faithful struggling with ordinary sinful lives may find assurance that their participation at Mass will grant forgiveness through word, gesture and sacrament.



Archdiocese of Regina

Bulletin

March 23, 2025

Third Sunday of Lent

MyGen Youth Rally

Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "My Gen" Youth Rally. This one-day event is free of charge and happens on Saturday March 29th at Archbishop M.C. O'Neill High School in Regina. It starts at 9:00 am and ends at 11:00 pm. It will be a day of music, talks, games, prayer, service projects, sacraments and community. Further info and registration link can be found at: mygenrally.ca Spots ARE limited!

Young Adult Ministry - Missions Trip to Mexico

The Office of Youth and Young Adult Ministry will be hosting a small group of young adults (age 18 and up) on a missions trip to Mexico over the Christmas holiday this year. (We would leave boxing day) We will begin forming this community of missionaries in early Spring. If you would like to join us, please indicate your interest by the end of March by emailing ooyam@archregina.sk.ca for more details.

Women's Commission Study of Synod Final Document Save the Dates!

The Women's Commission of the Archdiocese of Regina invites Women's Commission Study of Synod Final Document The Women's Commission in the Archdiocese of Regina invites all women to a special 3-part study series on the Synod on Synodality. Together, we will explore the themes of Communion, Participation, and Mission as presented in the Synod's Final Document. This is a chance to deepen our understanding of the Synod's message, reflect on its implications for the Church, and share our voices in meaningful discussions.

Session Dates:

- Session 1: April 2, 7:00 - 9:00 PM – The Heart of Synodality
- Session 2: April 9, 7:00 – 9:00 PM – The Conversion of Relationships & Processes
- Session 3: April 16, 7:00 - 9:00 PM – Forming a People for Missionary Discipleship

Please register here: us02web.zoom.us/meeting/register/5z-J1qzz0Qj-21YR1pBNJw

After registering, you will receive a confirmation email containing information about joining the meeting.

Questions? Email womenscommissionregina@gmail.com

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Please join Resurrection Parish's social justice committee on April 4th at 7 pm for the 4th Annual Diocese English Live Stream of the Way of the Cross Through the Voice of Victims Supporting Victims of Clergy Sexual Abuse. You can participate in person or online at: youtube.com/live/1m2azbEorSY?feature=share

Please join St. Jean Baptiste on April 4th at 7 pm for the 3rd Annual Diocese French Live Stream of the Way of the Cross Through the Voice of Victims: Supporting Victims of Clergy Sexual Abuse. You can participate either in person or online. The link is: youtube.com/channel/UCyAgZj0wG1YvhSDq1CPPokQ/about



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Stewardship Bulletin Bit

"He said to the gardener, 'For three years now, I have come in search of fruit on this fig tree but have found none.'" - Luke 13:7

We can all be like the barren fig tree at times. Do you cling to what you have, or do you generously share with others? How will you respond when God asks you what you have done with all the gifts He has given you? Remember, not only are we called to be generous, but we are also called to develop and nurture our gifts and return them with an increase. We are called to be generous with all of gifts; especially the one that means the most to you.