

Sunday, March 9, 2025



BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina

LITURGY SCHEDULE

Saturday 5:10 pm

Sunday 10:00 am

Monday through Friday, 12:05 PM

Sacrament of Reconciliation

Before Mass: weekdays 11:30 am, Saturdays at 4:30 pm

Thursdays in Lent: 5 PM Taizé Prayer

**Fridays in Lent: Stations of the Cross
after the midday Liturgy**

Sacrament of Initiation / Baptism, Confirmation & Communion: *Please contact the parish office.*

Sacrament of Marriage: *Please contact the parish office at least one year before proposed date of marriage.*

Anointing of the Sick: *after First Friday Mass, April 4th or by request.*

PARISH OFFICE

Regular Hours • Tuesday to Friday • 11:00–2:00 PM

Tel: (306) 522-7422 • www.blessedsacramentregina.ca

Pastor: Rev. James Hentges: pastor.bsacrament@sasktel.net

Secretary Nancy Diokno: office.bsacrament@sasktel.net

Assistant: Mel Ochia assistant.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash: celash@sasktel.net

Music Bernadette Kutarna: music.bsacrament@sasktel.net

Caretaker Teklesenbet Mebrahtu (*contact via parish office*).

HOLY FATHER'S PRAYER INTENTION

For families in crisis • *Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.*

TODAY'S MUSIC

FIRST SUNDAY IN LENT

SATURDAY 5:10 PM • SUNDAY 10 AM

Processional: Journey Song # 352
Lord, Who Throughout These Forty Days

Responsorial Psalm: *Be with me, Lord, when I am in trouble.*

Preparation of Gifts: Journey Song # 534
Create in Me

Eucharistic Accl: CBW 227-232.

Communion: Journey Song # 780
Bread for the World

Recessional: Journey Song # 351
Led By the Spirit

**Taizé
Prayer
around the
Cross**



Taizé Prayer around the Cross is a candlelit prayer service where we meet God in song, the Word, and silent wonder. For this Ecumenical Prayer Service, we meet each **Thursday** during Lent at 5 PM, Blessed Sacrament Church, 2049 Scarth Street, Regina. Begins March 6th.

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

CALENDAR

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|----------------------|--|
| Tuesday, March 11th | Confirmation/First Communion Preparation, 4:30 PM, Parish Meeting Room |
| Thursday, March 13th | Taizé Prayer around the Cross, 5 PM |
| Friday, March 14th | Stations of the Cross, after midday Mass |
| Thursday, April 10th | Communal Penance Service, 5 PM |

DONATIONS

Donations to Blessed Sacrament Parish can be sent via E-transfer (*interac*) to:

blessed.sacrament@sasktel.net



Auto-Deposit Forms are available at the entrances of the church or blessedsacramentregina.ca/donations/

CHILDREN'S LITURGY

We have a "Children's Liturgy" this Sunday at 10 am Mass. This liturgy is for all young children. We aim to provide the children with an adapted Liturgy of the Word which will encourage them to listen, pray and respond to the word of God within a safe place. The children leave the main body of the church with a team of adult leaders before the Liturgy of the Word and come back during the offertory to continue their participation in the Mass.

 Sunday

OUR ENTIRE society sees something special about Sunday. Business hours change. Breakfast menus expand. Work hours shrink. Sporting events surface. The newspaper inflates. Movie schedules increase. We expect leisure on Sunday. Part of the weekend, it begins the week and ends the week. It is a sacred day, a time outside normal time when life takes a break. Sunday symbolizes paradise, a place, and pace of leisure and pleasure.

How did all this happen? We Christians owned Sunday first. It is our most important day. On a Sunday, Jesus rose from the dead (Matthew 28:1). On Sundays, his followers met to break bread (Acts 20:7). The Resurrection is our most central belief. We choose Sunday for our primary gathering because the day itself proclaims our faith. Mass on Wednesday or Monday just would not be the same. Sunday is Easter. You can change the day you shop for groceries or go to the bank without much loss. But church is different. It demands a particular day, like a holiday or an anniversary.

If we did not gather for Eucharist on Sunday, we have not proclaimed the Resurrection.

Our definition of "Sunday" includes Saturday night. This does not compromise to convenience. Jesus rose from the dead during the night. So our Eucharist still honors the Resurrection when it takes place at the beginning of that night—namely, on Saturday evening.

If a serious reason keeps you from attending church on Sunday, your pastor may dispense you. Your conversation with him honors your commitment to your community. On a Sunday when you cannot participate in the Eucharist, you may wish to pray the Scriptures of that day and share a prayer at meal with other believers.

Unity, leisure, and prayer characterize a Sunday. Our attendance at church unites us with the believers of our own community and with all Christians throughout the world. Our abstinence from work frees our mind for prayer. Football, food, and freedom are all supplementary to Sunday's main purpose, celebrating Eucharist.



Archdiocese of Regina

Bulletin

March 9, 2025

First Sunday of Lent

MyGen Youth Rally

Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "My Gen" Youth Rally. This one-day event is free of charge and happens on Saturday March 29th at Archbishop M.C. O'Neill High School in Regina. It starts at 9:00 am and ends at 11:00 pm. It will be a day of music, talks, games, prayer, service projects, sacraments and community. Further info and registration link can be found at: mygenrally.ca Spots ARE limited!

Light in the Darkness Prayer Service to Support Victims of Clergy Sexual Abuse

All are welcome to join us on March 14th at 7 pm at Holy Child Parish 2636 -7th Ave E. for an evening prayer service, Light in the Darkness, to support victims of clergy sexual abuse. May the graces of the Jubilee year enable us to enter into a synodal relationship that demonstrates a commitment to restoring justice, trust and healing for those who bear the deep wounds of clergy sexual abuse. Coffee and conversation in the hall afterwards.

Renew Lent

Weekly Reflections and Resources Sign up at archregina.sk.ca/news

A signature to Turn Debt into Hope

Next Sunday, March 16, you will be invited to sign the global Turn Debt into Hope campaign petition that calls for an end to unjust debt. With inequalities widening as rich countries continue enriching themselves by exploiting the resources of the poorest countries, we respond to Pope Francis's call: "In the spirit of this Jubilee Year, I urge the international community to work towards forgiving foreign debt in recognition of the ecological debt existing between the North and the South of this world. This is an appeal for solidarity, but above all for justice."



(Message for the World Day of Peace, January 1, 2025). Help us reach the Canadian goal of 100,000 signatures, which will feed into the global goal of 10 million signatures. Sign now at devp.org/debt. Thank you for your solidarity!

Archdiocese of Regina RENEW Lent

RENEW your Lent with weekly reflections, music, prayer resources, and other Lenten activities to enhance your Lenten journey, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca.

Stewardship Bulletin Bit

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me." - Deuteronomy 26:10

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer? Or do you give what you have left over? Second, do you realize that everything you have and that everything you are has been given to you by God? We aren't owners of anything; we are merely stewards of God's gifts. Pray for a grateful and generous heart every day, in all circumstances.

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TF #441 Brett Salkeld and Thomas Harmon on Ordo Amoris – Part Three

In this conclusion to our three-part series with Dr. Brett Salkeld and Thomas Harmon, we examine the complexities of immigration policy, the virtue of prudence in Catholic social teaching, and the deacon's role in personally serving those in need. The discussion explores how immigration policies impact family unity, the role of media in shaping public perception, and the tension between international and local solidarity. Through it all, we emphasize the need for nuanced, good-faith conversations that align with Catholic moral principles while allowing for diverse prudential judgments. thinkingfaith.libsyn.com/brett-salkeld-and-thomas-harmon-on-or-do-amoris-part-3