

Sunday, February 23, 2025



BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina

TODAY'S MUSIC

7TH SUNDAY IN ORDINARY TIME
SATURDAY 5:10 PM • SUNDAY 10 AM

Processional: JourneySong #774 *The Supper of the Lord*

Gloria: JS #226

Responsorial Psalm: CBW III #52 *The Lord is kind and merciful.*

Preparation of Gifts: JourneySong #720 *Where Charity and Love Prevail*

Eucharistic Accl: CBW 227-232.

Communion Procession: Journey Song #717 *Christians, Let Us Love One Another*

Recessional: JourneySong #737 *God, Whose Glory Reigns Eternal*

ASH WEDNESDAY • MARCH 5TH

8:00 AM • 12:05 PM

Mass with the distribution of Ashes

DONATIONS

Donations to Blessed Sacrament Parish can be sent via E-transfer (*interac*) to:
blessed.sacrament@sasktel.net



Auto-Deposit Forms are available at the entrances of the church or
blessedsacramentregina.ca/donations/.

LITURGY SCHEDULE

Saturday 5:10 pm

Sunday 10:00 am

Monday through Friday, 12:05 PM

Sacrament of Reconciliation

Before Mass: weekdays 11:30 am, Saturdays 4:30 pm

Sacrament of Initiation / Baptism, Confirmation & Communion: *Please contact the parish office.*

Sacrament of Marriage: *Please contact the parish office at least one year before proposed date of marriage.*

Anointing of the Sick: *after First Friday Mass, March 7th or by request.*

PARISH OFFICE

Regular Hours • Tuesday to Friday • 10 am–2 pm

Tel: (306) 522-7422 • www.blessedsacramentregina.ca

email: blessed.sacrament@sasktel.net

LITURGICAL MUSIC

The Music Ministry is starting choir practises in preparation for Lent and the Easter Triduum. Please contact Bernadette if you wish to join us. Practises are before the 5:10 Mass on Saturdays, beginning at 3:45 p.m. Practises on Sunday will begin Sunday March 9 right after Mass. Guest choristers are encouraged to come to at least 2 practises before Easter to learn the music with the choir. Also, we are looking for classical (acoustic) guitars for young people who want to learn to play the guitar for our Masses. Please call/text Bernadette at (306) 537-4158, or email at music.bsacrament@sasktel.net if you have a guitar to donate. Thank you!

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nēhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Archdiocese of Regina February 23, 2025

Bulletin

7th Sunday
in Ordinary Time

MyGen Youth Rally

Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "My Gen" Youth Rally. This one-day event is free of charge and happens on Saturday March 29th at Archbishop M.C. O'Neill High School in Regina. It starts at 9:00 am and ends at 11:00 pm. It will be a day of music, talks, games, prayer, service projects, sacraments and community. Further info and registration link can be found at: mygenrally.ca Spots ARE limited!



Life in Abundance as Proclaimed by a Universal Christ - A 7-Episode video series with Father John Weckend

Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'.

It brings a broader approach to the dogma of the Incarnation and how it affects our life and spirituality.

Episode 6 is now available. The remaining episodes will be released weekly on Friday at 7 am.

If you enjoy the videos, please Like or Subscribe. Feedback is welcome in the Comments or email FatherJohnWeckend@gmail.com

Use one of these ways to watch:

- [Father John Weckend YouTube Channel.](#)
- On YouTube, search @FatherJohnWeckend.



Archdiocese of Regina RENEW Lent

RENEW your Lent with weekly reflections, music, prayer resources, and other Lenten activities to enhance your Lenten journey, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca.

Stewardship Bulletin Bit

"But rather, love your enemies and do good to them, and lend without expecting anything back..." - Luke 6:35

Easier said than done, right? But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently. Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive. Instead of plotting revenge on that person, try saying a quick prayer for that person. Praying for our enemies doesn't change them; it changes us. Mercy and compassion will keep us on the path to holiness.

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TF #439: Brett Salkeld and Thomas Harmon on Ordo Amoris – Part One

In this multi-part series, Dr. Brett Salkeld sits down with Thomas P. Harmon, Scanlan Foundation Chair and Professor of Theology, to explore how Thomas Aquinas' Ordo Amoris—the order of love—can help us understand the moral dimensions of immigration policy. As the new U.S. administration introduces sweeping changes in outreach and border policies, this conversation examines how properly ordered love informs our responsibilities toward the stranger, the vulnerable, and the political community as a whole. thinkingfaith.libsyn.com/brett-salkeld-and-thomas-harmon-on-ordo-amoris-part-1



Chrism Mass

Friday, April 11
3:00 PM
Holy Rosary
Cathedral