

Sunday, February 16, 2025



BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina

TODAY'S MUSIC

6TH SUNDAY IN ORDINARY TIME
SATURDAY 5:10 PM • SUNDAY 10 AM

Processional: JourneySong #828
Whatsoever You Do

Gloria: JS #226

Responsorial Psalm: CBW III # 129
Happy are they who hope, who hope in the Lord.

Preparation of Gifts: JourneySong
#793 *One Bread, One Body*

Eucharistic Accl: CBW 227-232.

Communion Procession: JourneySong
#629 *We Are the Light of the World*

Recessional: JourneySong #774
The Supper of the Lord

CONFIRMATION / FIRST COMMUNION

If parents have young children who would like to be confirmed and receive first communion, please contact the parish office as soon as possible. Preparation sessions begin in March.

DONATIONS

Donations to Blessed Sacrament Parish can be sent via E-transfer (*interac*) to:
blessed.sacrament@sasktel.net
Auto-Deposit Forms are available at the entrances of the church or blessedsacramentregina.ca/donations/.



LITURGY SCHEDULE

Saturday 5:10 pm

Sunday 10:00 am

Monday through Friday, 12:05 PM

Sacrament of Reconciliation

Before Mass: weekdays 11:30 am, Saturdays 4:30 pm

Sacrament of Initiation / Baptism, Confirmation & Communion: *Please contact the parish office.*

Sacrament of Marriage: *Please contact the parish office at least one year before proposed date of marriage.*

Anointing of the Sick: *after First Friday Mass, March 7th or by request.*

PARISH OFFICE

Regular Hours • Tuesday to Friday • 11 am–2 pm

Tel: (306) 522-7422 • www.blessedsacramentregina.ca

email: blessed.sacrament@sasktel.net

Note: Father Jim is away for Mass of Christian Burial of his brother which is later this week.

LITURGICAL MUSIC

The Music Ministry is starting choir practises in preparation for Lent and the Easter Triduum. Please contact Bernadette if you wish to join us. Practises are before the 5:10 Mass on Saturdays, beginning at 3:45 p.m. Practises on Sunday will begin Sunday March 9 right after Mass. Guest choristers are encouraged to come to at least 2 practises before Easter to learn the music with the choir. Also, we are looking for classical (acoustic) guitars for young people who want to learn to play the guitar for our Masses. Please call/text Bernadette at (306) 537-4158, or email at music.bsacrament@sasktel.net if you have a guitar to donate. Thank you!

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Archdiocese of Regina February 16, 2025

Bulletin

6th Sunday
in ordinary Time

The Myriam Family of the Prairies invites you For a day retreat for adults on February 22, 2025

From 9:30 – 4:00

With the theme:

The adventure of my spiritual journey;

The purgative phase

The retreat will include a talk, Mass, Holy hour, prayer ministry, lunch and fellowship, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, Sk, 45 km East of Regina.

A Youth Retreat!

What? A 24 hours youth retreat

When? March 7th, 5:00 pm to March 8th, 3:00 pm.

Where? At the Myriam Family house of prayer in McLean SK

Age? From age 13 to 17

How much? Suggested donation; 25\$/person

To register, call Sr. Stephanie: 306-761-0528 or by email: pss.prairies@famillemyriam.org



Life in Abundance as Proclaimed by a Universal Christ - A 7-Episode video series with Father John Weckend

Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'.

It brings a broader approach to

the dogma of the Incarnation and how it affects our life and spirituality.

Episode 5 is now available. The remaining episodes will be released weekly on Friday at 7 am.

If you enjoy the videos, please Like or Subscribe.

Feedback is welcome in the Comments or email

FatherJohnWeckend@gmail.com

Use one of these ways to watch:

- [Father John Weckend YouTube Channel.](#)
- On YouTube, search @FatherJohnWeckend.



TF #438: Living In The Psalms - Part 4

Join Deacon Eric Gurash **Join** Deacon Eric Gurash for part three of Living in the Psalms. In this final episode of our four-part series on Living in the Psalms with Deacon Eric Gurash, we examine the place of the Psalms in our Church and our spiritual

lives and discuss various tools for making their rich poetry and timeless wisdom our own and truly living in the Psalms. thinkingfaith.libsyn.com/living-in-the-psalms-part-4-0

Stewardship Bulletin Bit

"Blessed are you when people hate you...exclude and insult you, and denounce your name...on account of the Son of Man." - Luke 6:22

All of us have been in situations when someone has made a negative comment or joke about God or our Catholic faith. How did you respond? Did you stay silent or pretend to go along with the crowd because you didn't want to cause waves and then, later, you felt bad? Know that God is with you all the time; the Holy Spirit will put the right words in your mouth. Pray for the strength and courage to proclaim our faith to others, especially during uncomfortable situations.

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Chrism Mass

Friday, April 11
3:00 PM