

Sunday, January 26, 2025



BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina

TODAY'S MUSIC

3RD SUNDAY IN ORDINARY TIME
SATURDAY 5:10 PM

Processional: CBW III # 545 *Sing Out, Earth and Skies!*

Gloria: JS # 226

Responsorial Psalm: CBW III # 120
Your words are spirit, God, and they are life.

Preparation of Gifts: CBW III # 439
The Master Came to Bring Good News (use 438 melody)

Eucharistic Accl: CBW 227-232.

Communion Procession: CBW III # 601
Gather Us Together

Recessional: CBW III # 571 *Praise the Lord with the Sound of Trumpet*

DONATIONS 2025

Donations to Blessed Sacrament Parish can be sent via E-transfer (*interac*) to:
blessed.sacrament@sasktel.net

Auto-Deposit Forms are available at the entrances of the church or
blessedsacramentregina.ca/donations/



DONATION TAX RECEIPTS

Tax receipts for donations are available in the back of church. If there are any corrections to be made, please contact the parish office. Thank you.

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nēhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

LITURGY SCHEDULE

Saturday 5:10 pm

Sunday 10:00 am

Monday through Friday, 12:05 PM

Sacrament of Reconciliation

Before Mass: weekdays at 11:30 am, Saturdays at 4:30 pm

Sacrament of Initiation / Baptism, Confirmation & Communion: *Please contact the parish office.*

Sacrament of Marriage: *Please contact the parish office at least one year before proposed date of marriage.*

Anointing of the Sick: *after First Friday Mass, February 7th or by request.*

PARISH OFFICE

Regular Hours • Tuesday to Friday • 11:00–2:00 PM

Tel: (306) 522-7422 • www.blessedsacramentregina.ca

Pastor: Rev. James Hentges: pastor.bsacrament@sasktel.net

Secretary Nancy Diokno: office.bsacrament@sasktel.net

Parish Assistant: Mel Ochia
assistant.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash: celash@sasktel.net

Music Bernadette Kutarna: music.bsacrament@sasktel.net

Caretaker Teklesenbet Mebrahtu (*contact via parish office*).

HOLY FATHER'S PRAYER INTENTION FOR JANUARY

For the right to an education

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.



Free Webinar: Caring for Our Common Home

From February 2 to 8, 2025, Canada will celebrate the sixth annual National Catholic Health Care Week. This is a time to recognize the mission and contributions of Catholic health teams and ministries across the country.

This year's theme, Caring for Our Common Home, highlights the profound connection between human health and the health of the planet.

You are invited to join a free webinar on February 6, 2025, from 12:00 – 1:30 pm, featuring information and inspiring stories from Catholic health care. Please see the attached poster and the link below to register:

[us02web.zoom.us/meeting/register/17rf8Y5JSLuYTVgYyamxTA#registration](https://us02web.zoom.us/j/7f8Y5JSLuYTVgYyamxTA#registration)

Additionally, weekly resources, including daily prayers and reflections, are available to help you explore how our individual and collective actions can promote a healthy world where all can thrive. These materials can be accessed on the CHAC website:

chac.ca/en/national-catholic-health-care-week/

Thank you for supporting this important week of reflection and celebration.



Life in Abundance as Proclaimed by a Universal Christ

A 7-Episode video series with Father John Weckend

Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'. It brings a broader approach to the

dogma of the Incarnation and how it affects our life and spirituality.

The Introduction and Episode 1 were online January 17. Each of the remaining episodes will be released weekly on Friday.

Use one of these ways to watch:

- [Father John Weckend YouTube Channel.](#)
- On YouTube, search @FatherJohnWeckend.



Turn Debt Into Hope – Worldwide Caritas Campaign Workshop

Our Holy Father has called us all to journey on a pilgrimage of hope this year of Jubilee. But, at the same time, [there are over 3.3 billion people in our world](#) who live in countries wracked with spiraling national debt costs. Pope Francis calls on all the Catholic faithful to journey towards Jubilee justice this year, [by taking a stand to promote fairness in international debt relief](#)

[amid the climate crisis.](#) Join Development and Peace – Caritas Canada [members](#) as we respond to this call in our Parish and Diocesan communities. online workshops (these will be both online and in-person):

February 1 at 10:00 am - 11:15 am (Saskatoon workshop) Register at: [us02web.zoom.us/meeting/register/HsjVSYkTQX6A9dF78upJbQ#registration](https://us02web.zoom.us/j/7f8Y5JSLuYTVgYyamxTA#registration)

February 15 at 10:00 am – 11:15 am (PA workshop) register at: [us02web.zoom.us/meeting/register/tU0bNphUSnuvbX-ZY9VQx0w#registration](https://us02web.zoom.us/j/7f8Y5JSLuYTVgYyamxTA#registration)

Contact: Mike LeBlanc at 306-205-2334 or mleblanc@devp.org. Visit devp.org for more info.



TF #436: Living In The Psalms - Part 2

Join Deacon Eric Gurash for part two of the four-part series Living in the Psalms. This week, discover how the five books of the Psalms weave together the story of salvation history, reflecting the experiences of Israel through times of exile, kingship,

and restoration. Explore how these ancient prayers continue to shape our spiritual journey, offering hope, healing, and the assurance of God's steadfast love.

thinkingfaith.libsyn.com/living-in-the-psalms-part-2

Stewardship Bulletin Bit

"Go, eat rich foods and drink sweet drinks, and allot portions to those who had nothing prepared..." Nehemiah 8:10

Ezra's instructions to the people show us that God does not forbid us from enjoying the good things in life. He wants us to be happy! However, God expects us to be grateful for all that He has given us and to generously share our blessings with those who are in need. Now, here's the hard part – to share all we have without expecting anything in return.

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