

December 1, 2024

# BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5



## TODAY'S MUSIC

FIRST SUNDAY OF ADVENT  
SATURDAY 5:10 PM • SUNDAY 10 AM

Processional: Journey Song # 274 *O Come, O Come, Emmanuel*

Responsorial Psalm: CBW III #16 *To you, O God, I lift my soul, to you I lift my soul.*

Preparation of the Gifts: Journey Song # 717 *Christians Let Us Love One Another*

Eucharistic Accl: CBW 227-232.

Communion Procession: Journey Song # 282 *The King Shall Come When Morning Dawns*

Recessional: Journey Song # 606 *Come Ye Thankful People Come.*

## CHRISTMAS MASS SCHEDULE 2024

### December 24th

- 5:10 PM Mass for Christmas

### December 25th

- 10 AM Mass for Christmas Day

### Mary, Mother of God • January 1st

- 10 AM Mass for New Year's Day

## LITURGY SCHEDULE

*Saturday 5:10 pm*

*Sunday 10:00 am*

*Daily Mass this week*

**MONDAY THROUGH FRIDAY, 12:05 PM**  
**December 2nd – 6th**

### *Sacrament of Reconciliation*

*Before Mass: weekdays at 11:30 am, Saturdays at 4:30 pm*

**Sacrament of Initiation / Baptism, Confirmation & Communion:** *These sacraments require preparation. Please contact the parish office.*

**Sacrament of Marriage:** *Please contact the parish office at least one year before proposed date of marriage.*

**Anointing of the Sick:** *after First Friday Mass, December 6th, or by request.*

## PARISH OFFICE

**Regular Hours • Tuesday to Friday • 11:00–2:00 PM**

**Tel: (306) 522-7422 • [www.blessedsacramentregina.ca](http://www.blessedsacramentregina.ca)**

*Pastor: Rev. James Hentges: [pastor.bsacrament@sasktel.net](mailto:pastor.bsacrament@sasktel.net)*

*Secretary Nancy Diokno: [office.bsacrament@sasktel.net](mailto:office.bsacrament@sasktel.net)*

*Parish Assistant: Mel Ochia [assistant.bsacrament@sasktel.net](mailto:assistant.bsacrament@sasktel.net)*

*Liturgical Ministry Charmaine Elash: [celash@sasktel.net](mailto:celash@sasktel.net)*

*Music Bernadette Kutarna: [music.bsacrament@sasktel.net](mailto:music.bsacrament@sasktel.net)*

*Caretaker Teklesenbet Mebrahtu (contact via parish office).*

## CALENDAR

Thursday, Dec 5th *Parish Finance Council meets, 4:30 PM in Conference Room*

Friday, Dec.6 & Sat Dec.7 *St. Peter's CWL Craft/Bake Sale, Everyone is invited to come shop for Christmas gifts & Christmas baking. Friday 10 - 8, Saturday 10 - 4. For more info, call 306-530-3075.*

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## DONATIONS FOR 2024

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### Tax Receipts

*Note:* Tax receipts for the current year will be available in mid-January. If you wish to have your donation included for those receipts, donations **must be received by Dec 31st.**

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## DONATIONS IN 2025

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In the coming year, we urge more parishioners to adopt the pre-authorized debit method of donating regularly. While we still have some packets of envelopes for the coming year, automatic withdrawals from one's chequing account on a weekly/monthly basis is the most efficient and cost effective way to donate to the Parish and it helps the Parish best manage financial contributions. Forms for *Pre-Authorized Donations* are found at the entrances to the church. Please consider this method - not required - for donating to your parish on a regular basis. Thank you!

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## CHRISTMAS FLOWERS

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Members of the Pastoral Council are requesting donations for Christmas flowers for the Church. Donation envelopes for Christmas flowers for the Church are available at both entrances of the Church. Place your envelope in the collection baskets or in the donation box. Memorial cards for flowers will be placed in the church. *Flower donations are due December 16th.* Thank You.

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## DONATIONS

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Donations to Blessed Sacrament Parish can be sent via **E-transfer (interac)** to:

**[blessed.sacrament@sasktel.net](mailto:blessed.sacrament@sasktel.net)**

*Auto-Deposit Forms* are available at the entrances of the church or at:

**[blessedsacramentregina.ca/donations/](https://blessedsacramentregina.ca/donations/)**

If you wish to direct your donation to the Building Fund or the Painting Project specifically, please indicate on your cheque or transfer.



## ❖ Advent Wreath

AN ADVENT wreath symbolizes our longing for the coming of Christ. The wreath is a circle of evergreen branches into which are set four candles. Traditionally three candles are violet and one is rose, but four violet or four white candles may also be used.

The wreath symbolizes many things. Evergreens signify God's enduring promise of redemption, evident like green branches in the midst of snow. The circle signifies our hope for the return of Christ, whose Kingdom will have no end. The colors of the candles match the traditional colors of the vesture for the four Sundays of Advent. Violet garments signify our penitent hope for salvation. The rose color, which may be worn on Advent's Third Sunday, signals that the season is nearly over—joy is at hand!

The wreath's most luminous symbol is its growing light. One candle is lit on the First Sunday of Advent, two on the Second, three on the Third and all four on the Fourth. In the northern hemisphere, Advent comes at a time when the days decrease to their shortest length. As the hours of darkness increase, we light more candles on the wreath. The wreath, which symbolizes the coming of Christ, grows in intensity as the anniversary of Jesus' birth draws near.

The Advent wreath may be used at home or at church. It should be blessed on the First Sunday of Advent after the homily at one Mass, at evening prayer Saturday night, or during a prayer service including biblical readings and Advent songs. At home, a family member can bless the wreath. It may be lit during the evening meal, to remind everyone of the true meaning of this holy season.

Bulletin Inserts for the Liturgical Life of the Parish: Devotions and Customs  
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# Archdiocese of Regina December 1, 2024

## Bulletin

First Sunday of Advent



### Journey Through Advent

Sign up for a weekly Advent series with weekly reflections, music, prayer, resources and other activities to enhance your Advent Journey. These weekly reflections will be emailed each week during Advent. Sign up here [archregina.flocknote.com/ArchdioceseofRe5](https://archregina.flocknote.com/ArchdioceseofRe5) or email [mгурash@archregina.sk.ca](mailto:mgurash@archregina.sk.ca)

### Archbishop's Appeal

As Advent begins, Jesus urges us to be vigilant, preparing our hearts for His coming. This season is a time of hopeful anticipation and active readiness. Contributing to the Archbishop's Appeal is a meaningful way to prepare, supporting ministries that bring Christ's light to others. Our unified generosity ensures that the message of hope reaches those who need it most. By staying awake and attentive through acts of kindness and support, we not only ready ourselves but also help prepare the world to receive the joy of the Savior's birth.



### Youth Ministry Workshop

On **Saturday, Jan. 25th from 10:00 -4:00**, at the diocesan center, the Office of Youth and Young Adult Ministry is having a workshop for the training, support and collaboration of those who work in ministering to young people, with lunch provided. It is our hope that as many people as possible who are involved in ministering to the young people of our archdiocese, would be willing to bring their minds and hearts to this table of sharing. We are also more than willing to take this workshop on the road! Invite us to come to your community! **TO CONFIRM ATTENDANCE OR ASK QUESTIONS PLEASE SEND EMAIL TO: [ooyam@archregina.sk.ca](mailto:ooyam@archregina.sk.ca)**

### Archbishop's Appeal: Alternate Donation Options Amid Canada Post Strike

We recognize that the ongoing Canada Post strike may impact your plans to contribute to this year's Archbishop's Appeal, especially as we near the end of the year when many wish to ensure their donations count toward 2024 charitable giving. To ensure your generous gifts are received in a timely manner, we encourage you to consider alternate donation methods, which can be found online at [archregina.sk.ca/grouppage/donate-archbishops-appeal](https://archregina.sk.ca/grouppage/donate-archbishops-appeal).

Donations can also be dropped off at your local parish or delivered directly to the Archdiocese of Regina Offices at 200-2151 Scarth Street in Regina.

**For after-hours convenience, donations may be dropped off securely at:**

- Resurrection Parish** (3155 Windsor Park Rd)
  - Christ the King Parish** (3239 Garnet St)
  - Holy Family Parish** (1021 McCarthy Blvd)
- Thank you to all who have already contributed to this year's Appeal and to those who are still prayerfully discerning their gift. Your support helps us continue the vital work of ministry and outreach in our Archdiocese.

### From the Archivist

- St. Joseph's Church in Moose Jaw is looking for chairs with kneelers for their Chapel space. If a parish has any to spare, please contact the archivist at the Archdiocese of Regina: [rhorsman@archregina.sk.ca](mailto:rhorsman@archregina.sk.ca).
- Are you shopping for a history enthusiast this Christmas? Have you ever wanted to know more about the Archdiocese of Regina? The archives has a bundle of archdiocesan history texts for sale. For \$30, receive 3 book titles bundled in a Christmas ribbon, ready to enjoy over the coming winter months or to give away as a gift. Reserve your copies before December 6th, 2024, while supplies last: [archives@archregina.sk.ca](mailto:archives@archregina.sk.ca) . Book bundles are for pick up only at the Archdiocese of Regina Diocesan Centre (on December 13th, 2024).

### Pope Francis' Monthly Intentions - December For pilgrims of hope

We pray that this Jubilee Year strengthen our faith, helping us to recognize the Risen Christ in our daily lives, and that it may transform us into pilgrims of Christian hope. [popevideo.org](https://popevideo.org)

*The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*

## A Family retreat With the Myriam Family! The secret of Hope

When? December 7th 2024, from 9h30 to 4h00

Where? At our beautiful site in the peace of the countryside near McLean, 45 km East from Regina. The retreat will include family morning prayer in front of the Blessed Sacrament, talks, Mass, skits, games, crafts, joy! To register, please call Sr. Stephanie at 306-761-0528 Or email [ps.prairies@famillemyriam.org](mailto:ps.prairies@famillemyriam.org)

## Camp Monahan's Annual Christmas Dinner

Enjoy an evening out with great food, music and friends at Camp Monahan's Annual Christmas Dinner, sponsored by Holy Child Knights of Columbus on December 7th. For more information and tickets are available online [cammonahan.ca](http://cammonahan.ca) or by contacting our office (306)522-1047 or email [cammonahan@sasktel.net](mailto:cammonahan@sasktel.net).

## CWL Corner

- Save the Date, the 102nd Regina Diocesan Convention will be held on Saturday, May 3rd, 2025, at St. Joseph's in Moose Jaw.
- Leadership formation opportunity. The Catholic Women's Leadership Foundation, CWLF is accepting applications for the 2025-2026 Catholic Women's Leadership program. This eleven-month online program is open to all catholic women who have leadership gifts and are seeking a deeper understanding of transformative leadership. Deadline to apply is Dec 15, 2024. More information may be found at [cwlfcanada.ca/](http://cwlfcanada.ca/) and the application is available at [form.jotform.com/241684734994270](http://form.jotform.com/241684734994270)
- The Regina Diocesan CWL has a newsletter. Our first edition was published in October 2024. The Catholic Women's League of Canada calls its members to grow in faith and to witness to the love of God through ministry and service. Wonderful things are happening in CWL councils across the diocese. Join us in Faith, Service and Social Justice. For more information please contact Linda at [regina.diocesan.cwl@gmail.com](mailto:regina.diocesan.cwl@gmail.com).

## Medjugorje Pilgrimage

Join us in early April for a Pilgrimage to Medjugorje. For more information, call and leave your name. You will be contacted once the dates are in place. Cathleen Devraj 306 789-0705 [cdevraj48@gmail.com](mailto:cdevraj48@gmail.com).



## TF #429: Pilgrims of Hope - Together in Mission with Fr. Raymond Lafontaine Part 3

This week on Thinking Faith, we are pleased to conclude our series featuring our recent diocesan gathering with Fr. Raymond Lafontaine, along with a few parting thoughts from our Archbishop, Donald Bolen. Fr. Raymond, a priest

from the Archdiocese of Montreal, spent six months with the Archdiocese of Regina starting in May 2024. During his study leave, he visited countless parishes and groups, connecting with priests, pastoral staff, and lay leaders while observing and learning how we "walk together" as a synodal church on mission. Most recently, he participated as a table facilitator at the 2nd Synodal Assembly in Rome in October. In this series of talks, he shares some of the background leading up to the final gathering in Rome and examines "What did the Spirit speak to the Church through the Synod?" "How far did we progress on the synodal path, and how can we deepen our commitment to walking together in communion, participation, and mission?" [thinkingfaith.libsyn.com/pilgrims-of-hope-together-in-mission-with-fr-raymond-lafontaine-part-3](http://thinkingfaith.libsyn.com/pilgrims-of-hope-together-in-mission-with-fr-raymond-lafontaine-part-3)

## Stewardship Bulletin Bit

*"But when these signs begin to happen, stand erect and raise your heads because your redemption is at hand." (Luke 21:28)*

*We celebrate Advent each year in preparation for the birth of Jesus, His first coming, as we await His second coming. What will you do differently this Advent season to grow in friendship and love with Jesus? How will you inspire others to do the same? Start by sharing your God story with others, especially those that are closest to you. Invite and accompany them on their faith journey this Advent.*