

October 27, 2024



BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5

LITURGY SCHEDULE

Saturday 5:10 pm

Sunday 10:00 am

Friday, All Saints, November 1st, 5PM

Saturday, All Souls, November 2nd, 8 am

No Scheduled Weekday Masses

Monday-Thursday, October 28-31st

Sacrament of Reconciliation

Saturday before Mass at 4:30 pm

Sacrament of Initiation / Baptism, Confirmation & Communion:
These sacraments require preparation. Please contact the parish office.

Sacrament of Marriage: *Please contact the parish office at least one year before proposed date of marriage.*

Anointing of the Sick: *after First Friday Masses or by request.*

PARISH OFFICE

Regular Hours • Tuesday to Friday • 11:00–2:00 PM

Tel: (306) 522-7422 • Email: blessed.sacrament@sasktel.net

Pastor: Rev. James Hentges: pastor.bsacrament@sasktel.net

Parish Secretary Nancy Diokno: office.bsacrament@sasktel.net

*Assistant for Donations/Communications: Mel Ochia
assistant.bsacrament@sasktel.net*

Liturgical Ministry Charmaine Elash: celash@sasktel.net

Music Bernadette Kutarna: music.bsacrament@sasktel.net

Caretaker Teklesenbet Mebrahtu (contact via parish office).

TODAY'S MUSIC

30TH SUNDAY IN ORDINARY TIME
SATURDAY 5:10 PM • SUNDAY 10 AM

Processional: CBW III # 582 *Praise the One Who Breaks the Darkness*

Gloria: JourneySong 226

Responsorial Psalm: CBW III # 199
I love you, God, I love you, God, my strength.

Preparation of Gifts: CBW III # 441 *You Are the Way*

Eucharistic Acclamations: CBW 227-232.

Communion Procession: CBW # 495 *We Walk by Faith*

Recessional: CBW III # 571 *Praise the Lord with the Sound of Trumpet*

HOLY FATHER'S NOVEMBER INTENTION

For anyone who has lost a child

We pray that all parents who mourn the loss of a son or daughter find support in their community and receive peace and consolation from the Holy Spirit.

CALENDAR

Saturday, November 16	<i>RCIA Preparation, first session, Parish Conference Room, 11 AM</i>
Thursday, November 21st	<i>Blessed Sacrament Parish Finance Council, 4:30 PM, conference room</i>
Saturday, November 23rd	<i>Blessed Sacrament Parish Pastoral Council, 10:30 am, conference room</i>
Sunday, November 24th	<i>St. Martin de Porres Fall Harvest Supper, 5:00 p.m. Refreshments, 5:30 p.m. Buffet Supper. Details and tickets information: call parish office.</i>

October 27, 2024

RCIA

ARE YOU INTERESTED IN THE CATHOLIC FAITH?

If you've been coming to Mass for a while, but are not Catholic, we invite you to look deeper into the richness of what the Catholic Church teaches in an open and welcoming environment with our parish family.

These gatherings are for inquirers and are open to people who are not baptized, as well as those who are baptized Christians from Protestant or Evangelical backgrounds, and those baptized Catholics in need of Confirmation and/or First Communion. See Fr Jim after Mass or contact the parish office if you are interested. The first session (mandatory) is Saturday, November 16th (see calendar).

NEWS FROM THE SYNOD

We are making this journey together

From Vatican News

Pope to young people of the Synod: 'Keep moving forward'

In the final days of the Synod on Synodality, Pope Francis has sent a video message to the young adult participants, challenging them to "walk forward courageously."

With the Synod on Synodality in its final days in the Vatican, Pope Francis sent a video message on Wednesday to the young people participating in the 16th Ordinary General Assembly.

DONATIONS

Donations to Blessed Sacrament Parish can be sent via **E-transfer (interac)** to:

blessedsacrament@sasktel.net

Auto-Deposit Forms are available at the entrances of the church or at:

blessedsacramentregina.ca/donations/

If you wish to direct your donation to the Building Fund or the Painting Project specifically, please indicate on your



Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

In the video, the Pope compares young people to water. "When water flows, it's good," he said, "but when water stops, it ends badly." Just as stagnant water gets contaminated with "little creatures," Pope Francis warned, "the young person who is tired is the first to be corrupted."

To avoid this, he stressed the need to keep moving forward and to continue walking with courage and joy.

Pope to Families: Always engage in dialogue in the family despite misunderstandings

The importance of dialogue as an essential element of a healthy family life: Dialogue, even amid disagreements

"They ask me to speak about synodality in the family," says Pope Francis, continuing: "I can only think that, in the family, there must be dialogue. Sometimes with a bit of conflict, but always dialogue. Always."

The alternative is grim - relationships within the home, when not nurtured by constant conversation, deteriorate to the point of collapse, he says.

The Pope doesn't mince his words: "A family that doesn't dialogue is a dead family." Synodal style, rooted in listening and dialogue, is a fully familial way of living.

Who Votes in the Synod

368 people can vote in the Synod on Synodality and they come from a wide range of backgrounds—from cardinals and theologians to professors and college students. Of them, 272 are bishops and 96 are non-bishops. A number are lay Catholics, with two of the youngest participants being in their early 20s.

Full coverage of the Synod and many other articles and videos are found at vaticannews.va



Archdiocese of Regina

Bulletin

October 27, 2024

30th Sunday in Ordinary Time

Read. Pray. Vote! Saskatchewan Elections

The October election will offer Saskatchewan voters an opportunity to ensure that the province is guided by leaders who will provide practical and efficient leadership with the good of all in mind – including the unborn, the elderly, the young, families, and those who are too often forgotten by society – as well as workers, farmers, business owners, and all future generations. Catholics are called to participate, in accordance with the full measure of talents entrusted to us by God, each of us in accordance with our own well-formed conscience. At a minimum, this means voting prayerfully and wisely after having considered all relevant issues, the positions of each of the candidates and parties, and relevant Church teachings. Many of us are called to even deeper involvement: volunteering at polling stations and other efforts to get out the vote; engaging personally with candidates and party officials; helping to spread good ideas and encourage others to vote properly; or in some cases volunteering to assist candidates or parties – or even putting ourselves forward as candidates.

To assist you with these efforts, you can visit the Catholic Conscience Page at: catholicconscience.org/Canada/Saskatchewan/2024-provincial-election/

Learn more about your candidates for Catholic School board trustees at archregina.sk.ca/newsstory/regina-catholic-school-board-trustees-whos-running-2/

Cuernavaca Student Mission Trip

Student mission trip with Cuernavaca Project December 25, 2025, to January 3, 2026. Open to all Grade 9 to 11 students. Five from each Catholic High School will be chosen. For more information, call Joan Rink at 306-533-1648.

Stewardship Bulletin Bit

“And Jesus said to him, ‘Go your way; your faith has made you well.’ And immediately he received his sight and followed him on the way.” (Mark 10:52)

Faith is believing in something even though you may not be able to physically see it. Many people think that miracles don't happen anymore. This is hard, but try to focus on the positive and not the negative things in your life. When you focus on your blessings instead of your hardships, miracles will seem common. You will see God's active presence in your daily life. You will begin to develop an attitude of gratitude.

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Archbishop's Appeal

Blind Bartimaeus calls out to Jesus and is healed because of his unwavering faith. His persistence teaches us the power of reaching out in trust. In our community, many are searching for hope and healing. By supporting the Archbishop's Appeal, we can work to become instruments of God's mercy, helping to restore sight to those blinded by despair. Through the support of mental health ministry within the diocese, those who struggle can find a space to work towards healing. Together, we can echo Bartimaeus's faith, creating a ripple effect throughout our Church and beyond.



Pilgrims of Hope: Together in Mission

Fr. Raymond Lafontaine, a priest of the Archdiocese of Montreal, has been present in the Archdiocese of Regina since May 2024. During this six-month study leave, he has visited numerous parishes and groups across the Archdiocese, meeting with priests, pastoral staff, and lay leaders, observing and learning from the different ways in which we “walk together” as a synodal church in mission. He will be serving as a table facilitator at the 2nd Synodal Assembly in Rome this October, and upon his return, he will lead us in a diocesan study day. What is the Spirit speaking to the Church through the Synod? How far have we progressed along the synodal path, and how can we deepen our commitment to walking together as we live the call to communion, participation, and mission? Fr. Raymond will have many lively stories to share, and so do each of us! Come and share in this conversation with friends and mission partners from across the diocese. Join us on Saturday, November 9, 2024. The study day begins at 9:30 am with a light breakfast and concludes at 1:00 pm at Resurrection Parish, 3155 Windsor Park Rd, Regina.

Free registration is requested to assist with planning. To register email mgurash@archregina.sk.ca or call 306-721-6734 by Wednesday, November 6.

Emmaus Men's Mental Health Support

Are you feeling overwhelmed by guilt, anxiety, or constant self-doubt? Do you struggle with negative thoughts or find yourself questioning your decisions? You're not alone. Our Emmaus Men's Mental Health support group in Regina can help you find strength, understanding, and a path to peace.

Our group offers a safe space for men facing mental health challenges, providing a faith-filled environment to share experiences, receive encouragement, and explore practical coping strategies. Through open discussions, prayer, educational resources, and spiritual guidance with peers, we walk together on our collective journeys toward healing and growth.

Please note that Emmaus groups do not provide professional counselling services and are not intended to replace professional counselling, medication, or therapies.

For more information on meeting times and locations, and how to join, contact emmausmentalhealth@gmail.com or visit our website at emmaussupport.ca

CEFFA invites you to its Faith Congress 'Growing in Love' on November 1, 2024 from 9 a.m. to 3:30 p.m. <https://archregina.sk.ca/group/en-francais/> If you participate online as a group as a parish in the same location, the registration fee is \$75 for the parish. The CÉFFA wants to know the name of the parish and the number of people present. The fee is \$45 for individuals, online. If you want a subsidy for registration fees, apply to direction.cpfis@gmail.com.

The Myriam Family of the Prairies invites you
For a day retreat for adults on November 23rd, 2024
From 9h30 to 4h00

With the theme:

The adventure of my spiritual journey;

The purgative phase

The retreat will include talks, sharing, Mass with Bishop James Weisberger, Holy hour, and lunch, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, Sk, 45 km East of Regina.

A Youth retreat

What? A 24 hours youth retreat.

When? November 8th, 5h00pm to November 9th, 2h00pm.

Where? At the Myriam Family house of prayer in McLean SK

Age? From age 12 to 17

How much? Suggested donation; 25\$/person

To register, call Sr. Stephanie: 306-761-0528 or by email: pss.prairies@famillemiriam.org

ArchRegina Weekly Report



The weekly report is published every Friday and features top stories, reflections, Catholic news, and events from our Archdiocese and around the world.



Stay connected and inspired throughout the year! Subscribe to our other email publications and follow us on social media for the latest Catholic News, inspirations, and updates on Archdiocese of Regina events and activities. Let's journey together in faith!"

HOSPITAL CHAPLAINS

Pastoral Care focuses on people's needs from a spiritual and theological perspective in order to help create an optimum climate for healing of body, mind and spirit. If you or a loved one is in the hospital, please contact a chaplain to arrange a pastoral care visit or an anointing.



General - Jerry: 306-519-1405

Pasqua - Jennifer: 306-519-1380

Wascana - Joan: 306-530-6511

