

June 16, 2024

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina



**11TH SUNDAY
IN ORDINARY TIME**

TODAY'S MUSIC

SATURDAY 5:10 PM • SUNDAY 10 AM

**Proclamation: CBW III # 545 Sing
Out, Earth and Skies!**

Gloria: Journey Song 226

**Responsorial Psalm: CBW III
143 It is good to give thanks to
you, O God, to make music to
your name**

**Preparation of Gifts: CBW III
420 Creator God, Creating Still.**

**Eucharistic Acclamations:
Journey Song # 227–232.**

**Communion Procession: CBW
604 Seed, Scattered and Sown**

**Recessional: CBW III # 563
Sing a New Song.**

**EUCCHARISTIC MINISTRY & LECTOR
MINISTRY**

If you are interested in becoming a
Extraordinary Minister of the
Eucharist or to read and proclaim the
Scripture at our Mass, either Saturday
5:10 pm or Sunday 10 am. Please
contact our organizer of liturgical
ministry in person or by email:
Charmaine Elash: celash@sasktel.net

LITURGY SCHEDULE

Saturday 5:10 pm • Sunday 10:00 am

Monday - Friday 12:05 pm

**Monday to Friday, 12:05 PM The Eucharist
Sacrament of Reconciliation before Mass Monday- Saturday**

**Anointing of the Sick: July 5th, First Friday, after Eucharist or anytime
by request.**

**Sacrament of Marriage: Please contact the parish office at least one year
before proposed date of marriage.**

PARISH OFFICE

Regular Hours • Tuesday to Friday • 11:00–2:00 PM

Tel: (306) 522-7422 • Email: blessed.sacrament@sasktel.net

Pastor: The Rev. James Hentges: pastor.bsacrament@sasktel.net

Parish Secretary Nancy Diokno: office.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash: celash@sasktel.net

Music Bernadette Kutarna: music.bsacrament@sasktel.net

Caretaker Teklesenbet Mebrahtu (contact via parish office).

DONATIONS

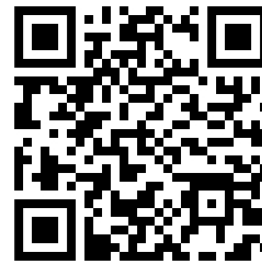
Donations to Blessed Sacrament Parish can be sent via

E-transfer (interac) to:

blessed.sacrament@sasktel.net

Auto-Deposit Forms for regular (e.g.
monthly or weekly) donating to
Blessed Sacrament Parish are available
at the entrance of the church, from
parish office or at:

blessedsacramentregina.ca/donations/



*Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé,
and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*

ASSISTANT FOR DONATIONS AND COMMUNICATIONS

Blessed Sacrament Parish is seeking an Assistant for Donations and Communications under the general oversight of the pastor. This office assistant functions as the coordinator for all parish donations including envelope and electronic direct donations, and also other reporting including charitable tax receipts. In addition this person will serve as the person responsible for coordinating the Archdiocesan Annual Appeal for our parish.

This person will also function as the coordinator of parish communications, including Flocknote mailings and email messages, Parish website, and also other communication methods. This is a part-time position requiring 6-10 hours per weekly, and mostly in person/in office responsibilities. Basic computer skills are necessary but training will be provided for specific duties and software applications. This is a new and additional position. There is a considerable degree of flexibility in the sharing of responsibilities with the current office manager, and in the days when needed in the office.

To apply or for further information, contact the pastor at:

pastor.bsacrament@sasktel.net

HOLY FATHER'S INTENTION FOR JUNE

For migrants fleeing their homes:

We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

ST. PHILOMENA WALKING PILGRIMAGE

The St. Philomena Walking Pilgrimage, August 11-14, 2024 sponsored by the Archdiocese of Regina. Join pilgrims from ages 7-77 in this life changing, 4-day journey from Yorkton, Sk. to the Shrine of Our Lady of Lourdes, Rama Sk. For more information and to register, visit:

stphilomena.ca

Pious Exercises

PIOUS EXERCISES are ways that many Christians express their faith either in public or in private. They are not part of the official liturgy of the Church, but they harmonize with it. When prayed well, popular devotions stimulate people's faith and help them worship God even better in the liturgy.

These devotions cover a broad range of interests—the Sacred Heart, the Immaculate Conception, Benediction of the Blessed Sacrament, and the Rosary, to name but a few. They become “popular” as they spread among people who find them helpful to develop their piety as individuals or in groups. Many pious exercises are shared by a large number of people, and their practice has been passed on from one generation to the next. These developments show the value of such devotions.

Prior to the Second Vatican Council, pious exercises profoundly formed the spiritual lives of Catholics partly because they could be prayed in vernacular languages. Although Catholics prayed at Mass when it was always in Latin, they have participated more fully, consciously, and actively ever since the Mass has become available to them in their own tongue.

The liturgical renewal appropriately drew Catholics more deeply into the liturgy, which is the most important form of common prayer. Some pious exercises have become less available and less practiced because devotion to the Mass has increased. However, Catholics are still encouraged to develop pious exercises to balance a healthy spiritual life. The Vatican has dealt with this matter in its *Directory on Popular Piety and the Liturgy: Principles and Guidelines*. It indicates that these devotions are at their best when they lead people back to the Mass and other forms of liturgical prayer.