

June 2, 2024

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina



THE SOLEMNITY OF THE BODY AND BLOOD OF CHRIST

TODAY'S MUSIC
SATURDAY 5:10 PM • SUNDAY 10 AM

Processional: CBW III # 583
As We Gather at Your Table

Sprinkling/Gloria: Journey Song 226

Responsorial Psalm: CBW III # 112
*I will take the cup of salvation, and
call on the name of the Lord.*

Sequence (after second reading):
CBW III # 693, verses 1-4 & 10-12.

Preparation of Gifts: CBW III # 597A
Bread of Life.

Eucharistic Acclamations: Journey
Song # 227-232.

Communion Procession: CBW III
611 *Take and Eat*

Post-Communion (please stand):
CBW III # 528 *Father, We Give You
Thanks Who Planted.*

Recessional: CBW III # 533
*Sent Forth By God's Blessing (melody
#534)*

PARISH AGM • JUNE 2ND • 11 AM

Annual General Meeting of our parish will be Sunday, June 2nd at 11 am (following the 10 am Mass). An agenda and other reports are available before or online. A picnic in the rectory/garden with hot dogs and chips will follow. If you wish, please bring finger-foods to share.

All are welcome!

LITURGY SCHEDULE

Saturday 5:10 pm • Sunday 10:00 am
Monday - Friday 12:05 pm

Monday to Friday, 12:05 PM The Eucharist
Sacrament of Reconciliation before Mass Monday- Saturday

*Anointing of the Sick: June 7th, First Friday, after Eucharist or anytime
by request.*

*Sacrament of Marriage: Please contact the parish office at least one year
before proposed date of marriage.*

PARISH OFFICE

Regular Hours • Tuesday to Friday • 11:00-2:00 PM
Tel: (306) 522-7422 • Email: blessed.sacrament@sasktel.net

Pastor: The Rev. James Hentges: pastor.bsacrament@sasktel.net

Parish Secretary Nancy Diokno: office.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash: celash@sasktel.net

Music Bernadette Kutarna: music.bsacrament@sasktel.net

Caretaker Teklesenbet Mebrahtu (contact via parish office).

DONATIONS

Donations to Blessed Sacrament Parish can be sent via E-transfer (interac) to:
blessed.sacrament@sasktel.net

Auto-Deposit Forms for regular (e.g. monthly or weekly) donating to Blessed Sacrament Parish are available at the entrances of the church, from parish office or at: blessedsacramentregina.ca/donations/



ASSISTANT FOR DONATIONS AND COMMUNICATIONS

Blessed Sacrament Parish is seeking an Assistant for Donations and Communications under the general oversight of the pastor.

This office assistant functions as the coordinator for all parish donations including envelope and electronic direct donations, and also other reporting including charitable tax receipts. In addition this person will serve as the person responsible for coordinating the Archdiocesan Annual Appeal for our parish.

This person will also function as the coordinator of parish communications, including Flocknote mailings and email messages, Parish website, and also other communication methods. This is a part-time position requiring 6-10 hours per weekly, and mostly in person/in office responsibilities. Basic computer skills are necessary but training will be provided for specific duties and software applications. This is a new and additional position. There is a considerable degree of flexibility in the sharing of responsibilities with the current office manager, and in the days when needed in the office.

To apply or for further information, contact the pastor at:

pastor.bsacrament@sasktel.net

HOLY FATHER'S PRAYER INTENTION FOR MAY

For the formation of religious and seminarians

We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Lauda Sion

LAUDA SION is the Latin title of the Sequence for the Solemnity of the Most Holy Body and Blood of Christ, formerly known as the feast of Corpus Christi.

A sequence is a hymn before the Gospel that develops the theme of a particular day. Throughout history, the liturgy has included many sequences. Today, there are only a few, and some of them, including Lauda Sion, are optional.

The melody of this hymn is even older than the words. The words were composed by Thomas Aquinas (+1274), at the request of Pope Urban IV, who set the Feast of Corpus Christi on the universal calendar. The lengthy text helps the community announce what we believe about the Eucharist.

The hymn opens with praise to Christ for the Eucharist. "Sion" refers to the Church, the New Jerusalem. "Lauda" is the command to praise or laud.

The text then professes our belief: The Eucharist replaces the former way of offering sacrifice. The Church continues this sacrifice at the request of Christ. Faith, not sight, believes that bread becomes his body, and wine becomes his blood. Christ is whole under either form. Eating does not break Christ apart; rather, it unifies thousands of believers. People eat and drink their judgment—salvation or doom.

The final few verses may be sung alone, as a shorter version of the sequence: The food of angels is given to pilgrims. The Eucharist was foreshadowed in the sacrifice of Isaac, the Paschal Lamb and the manna in the desert.

The hymn closes with a prayer that Jesus might grant the singers a place at the heavenly table with the saints.



Archdiocese of Regina

June 2, 2024

Bulletin

Body and Blood of Christ

The Roman Catholic Archdiocese of Regina will gather in joy and thanksgiving for the Ordination of



DANIEL MALONE

TO THE

Sacred Order of the Priesthood

By the Most Rev. Donald J. Bolen
Archbishop of Regina

On
Friday, June 7, 2024
7:00 PM

at
Holy Rosary Cathedral
Regina, SK

Livestream: youtube.com/ArchdioceseRegina

The Roman Catholic Archdiocese of Regina will gather in joy and thanksgiving for the Ordination of



**KEN FAHLMAN
AND
MARTIN KONDZIELEWSKI**

TO THE

Permanent Diaconate

By the Most Rev. Donald J. Bolen
Archbishop of Regina

On
Friday, June 14, 2024
7:00 PM

at
Holy Rosary Cathedral
Regina, SK

Livestream: youtube.com/ArchdioceseRegina

Stewardship Bulletin Bit

"Then he took a cup, gave thanks, and gave it to them and they all drank from it." - Mark 14:23

Jesus, the perfect steward, gave thanks, just before He gave Himself up for us, completely for our salvation. He offers us the same chance to drink from His cup. In the bread and wine, we meet Christ personally. If we follow Him, drinking from His cup means we offer our own self-sacrifice, using all of our gifts for the benefit of others and to do His work on earth.



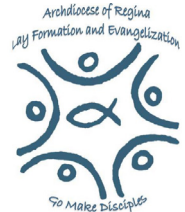
TF #403: Conquest Boys Club Q&A - Part 7

Deacon Eric and Dr. Brett continue to delve into the pile of questions sent to them from the Conquest Boys Club at St. Anne's parish in Regina, Saskatchewan. This week they discuss how a person can know about their vocation. thinkingfaith.libsyn.com/conquest-boys-club-qa-part-7

Lay Formation Commissioning Mass Saturday, June 15 at 1:00 PM

at Holy Trinity Parish, 5020 Sherwood Drive
If you plan to attend, please RSVP to mgurash@archregina.sk.ca by Friday, June 7, 2024.

The Archdiocese of Regina's Lay Formation Program has been providing well-formed, evangelizing disciples for over 35 years. Our alumni serve as leaders in liturgical and catechetical roles, as well as in pastoral and other parish groups, teams, and committees. Join our program and become part of this community of leaders. Our Fall intake starts this November, with weekend sessions held monthly at Campion College. Register now to deepen your understanding of Church and faith and discern how best to offer your God-given gifts and talents in service. For more information on how to register, contact Deacon Eric Gurash at 306-352-1651 ext 6724 or email him ategurash@archregina.sk.ca.



Initial Results from the 2024 Share Lent Campaign

Thank you for all your very hard work in promoting the Share Lent campaign this year! So far the campaign has raised \$2,247,548.56. Check out the Thank-You Video at youtube.com/watch?v=wTHe8Mz0DAA.

Thank you, on April 25, 52,629 signatures were delivered to the Honduran Ambassador. Read about it at: devp.org/en/wp_press_release/stand-for-the-land-campaign-concludes-with-honduran-ambassador-to-canada-receiving-over-52000-signatures/

an additional article thanking those who have signed can be read here: catholicregister.org/opinion/columnists/item/36722-the-heartfelt-sound-of-human-solidarity

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

The Spirituality of Childhood Catechist Formation

Catechesis of the Good Shepherd is a Montessori based faith formation program for children. This summer, July 2-7 this national formation course will be offered here in Regina. In Catechesis of the Good Shepherd, adults are given the opportunity to embrace a method of catechesis (or religious education) that will deepen one's relationship with God. Catechist formation in Catechesis of the Good Shepherd is both instructive as well as experiential. It captivates both the head as well as the heart. It has a holistic approach for the adult, enriching the adult in a background of scripture and liturgy, theology and prayer, as well as the pedagogy of the young child, helping the adult to see what face of God the young child most needs in order to enter into a relationship with God. Therefore, Catechesis of the Good Shepherd requires the adult to receive training in the method in a way that is "retreat-like," giving time and space to absorb the richness of what it means to live one's baptismal covenant and grow in the love and knowledge of God. For more information email cassandra.ursu@gmail.com or register at cgsac.ca/course-offerings/regina%3A-level-1%2C-part-a

Upcoming CPE unit in Regina

The Spiritual Care department of Santa Maria Senior Citizens Home, Regina, will be offering Clinical Psycho Spiritual Education (CPE) from September 2024 to March 2025. CPE helps to form and develop one's self for service, which is our primary tool in caring for others. If you are interested in developing your skills in soul-care, whether for professional development, seminary credit, or as a way to develop your personalized learning goals, CPE is a formational learning opportunity. An internationally recognized program, CPE teaches skills and competencies for professional spiritual care and can lead to certification with Canadian Association of Spiritual Care (CASC/ACSS). Students gather with a small peer group for a full day on Tuesdays and spiritual care clinical practice opportunities will take place one day per week at Santa Maria + students' current ministry sites. Group and individual supervision will be provided by Erika Mills, CASC Certified Supervisor-Educator. CPE accepts up to 6 students per learning site. Tuition is \$1350 plus required student membership and insurance with CASC/ACSS, approximately \$200. Applications are due July 1, 2024. Further information and application forms are available at cpe-saskatoon.com.

Catholic Engaged Encounter

Getting married? Want a weekend away to focus on your relationship? Catholic Engaged Encounter uses a method of marriage preparation that has been used in hundreds of dioceses throughout the world since 1976 and was Vatican approved in 1992 by Pope John Paul II. A weekend will be held at the Briercrest college the 14 to the 16th of June. Also at Mother Teresa Centre at Kenosee on 15th to 17th of November. For more info or to register visit ceewest.com, Contact Kim and Vance Weber at eereginnacc@gmail.com if you have any questions.

Summer activities at the Myriam Family of the Prairies:

Young adult retreat: Called to the infinite, July 5-7th.

Adult retreat: Abide in me, July 24th. Youth retreat for age 12-17, Saved and free, August 2-4th

Two family retreats: Happy together, August 9-11th and August 16-18th.

If you are interested, please reach Sr. Stéphanie at pss.prairies@famillemyriam.org or 306-536-2721

Rapid Access Counselling for those Impacted by Suicide Loss

Free 1-Hour Sessions with trained counsellors

Available in-person, phone, and video appointments

Book your session at counsellingconnectsask.ca

Provided by Family Service Saskatchewan

Catholic Family Services of Prince Albert, 306-922-3202

Family Service Regina, 306-757-6675

Family Service Saskatoon, 306-244-0127

PARTNERS Family Services (serving rural central Saskatchewan), 306-682-4135

Stones Cry Out: Praying with the Land

ELCIC/ACC National Worship Conference July 18-21, 2024

Registration is now open! Visit our website at nationalworshipconference.org/ and follow us on Facebook

@nationalworshipconference for updates. The focus of the conference is to help us to think about, talk about,

and pray about how we can transform our worship in authentic ways - from language and image of empire and colonialism to one that recognizes our rich multi-cultural

and Indigenous heritage. Early bird registration ends on May 31. nationalworshipconference.org/registration/

Nine inspiring workshops: *Ceremony and Liturgy; New Words, New Melodies, New Inspiration; Mysterium: the development and practice of an Ancient-Future worship service; Sacred Treaty relationships and promises; Understanding Indigenous Spirituality; Walking together in a good way: stories from Indigenous and Ally perspectives; An Indigenous Creed; Crafting and Leading Rituals of Healing and Reconciliation; Singing and Praying Justly.*

Canadian Christian Meditation Community National Conference Retreat - From Anxiety to Peace

UBC Vancouver July 5-7, 2024

In-person or Online

The Canadian Christian Meditation Community Conference Retreat: From Anxiety to Peace will be led by Benedictine

Father Laurence Freeman, Spiritual Director of the World Community of Christian Meditation, and recipient of the

Order of Canada for interfaith dialogue. July 5-7, 2024,

at UBC Vancouver. Participants can attend in person or

online. Register early as in-person spaces are limited. For

more information contact JoAnn 604-318-3429, Maeve at

bcccchristianmeditation@gmail.com, visit [wccm-](https://wccm-canada.ca)

[canada.ca](https://wccm-canada.ca) or the Vancouver Archdiocese Events Page

beholdvancouver.org/events.