

March 10, 2024

BLESSED SACRAMENT PARISH

www.blessedsacramentregina.ca
2049 Scarth Street, Regina, SK S4P 2H5



4TH SUNDAY OF LENT

TODAY'S MUSIC

SATURDAY 5:10 PM • SUNDAY 10 AM

Processional: CBW III # 580
Rejoice in God (melody is # 578)

Gloria – JourneySong #226

Responsorial Psalm: CBW III
#154 *Let my tongue be silenced if
ever I forget you.*

Preparation of Gifts: CBWIII #
373 *Tree of Life*

Eucharistic Acclamations: Journey
Song # 227–232.

Communion Procession: CBWIII
#67 *Ubi Caritas.*

Recessional: CBW III # 650 *This
Day God Gives Me*

CHOIR

Blessed Sacrament Parish is forming a choir for the Easter Vigil, Saturday March 30. All people are invited to join the choir, including children. We request that you attend 2 practises - one on either March 16 or 17 after Mass and the Saturday March 23rd:

- Saturday March 16 after Mass
- Sunday March 17 after Mass
- Saturday March 23 after Mass

Please stop by to speak with Bernadette or call/text (306) 537-4158. Thank you for sharing your love of music with the parish community!

EASTER TRIDUUM

AT BLESSED SACRAMENT CHURCH

Thursday, March 28th

7:00 PM • Mass of the Lord's Supper

Friday, March 29th

3:00 PM • The Passion of the Lord

Saturday, March 30th

8:00 PM • The Great Vigil of Easter

Easter Sunday, March 31st

10:00 AM • Easter Day Mass

REGULAR LITURGY SCHEDULE

Sunday 10 am • Saturday 5:10 pm

Monday - Friday 12:05 pm

Sacrament of Reconciliation

before Mass each Monday to Saturday



assistive
listening
106.1

Anointing of the Sick: April 5th, First Friday, after Eucharist or anytime by request.

Sacrament of Initiation / Baptism, Confirmation & Communion: Please contact the parish office.

Sacrament of Marriage: Please contact the parish office at least one year before proposed date of marriage.

PARISH OFFICE

Tuesday to Friday 11:00–2:00 PM

Tel: (306) 522-7422 • Email: blessed.sacrament@sasktel.net

Pastor: The Rev. James Hentges: pastor.bsacrament@sasktel.net

Parish Secretary Nancy Diokno: office.bsacrament@sasktel.net

Liturgical Ministry Charmaine Elash: celash@sasktel.net

Liturgical Music Bernadette Kutarna: music.bsacrament@sasktel.net

Caretaker Teklesenbet Mebrahtu (contact via parish office).

Blessed Sacrament Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Lent

LENT IS the season that prepares us to celebrate Easter. The main reason Lent is important is that Easter is more important. On Easter we celebrate the Resurrection of Jesus Christ, the Son of God, whose passage beyond death into life offers redemption to believers. The Resurrection is the cornerstone of Christian faith. The mystery of Christ's rising from the dead is so deep that the Church invites us to six weeks of preparation before we fully celebrate it. We call that period Lent.

For the faithful, Lent is a time of penitential practices and spiritual discipline. During this time, we acknowledge our sins and seek God's help to overcome them. Traditionally, we engage in acts of prayer, fasting, and almsgiving. Together these actions show our dependence on God, our renunciation of the fascinations of this world, and our desire to better the lives of others.

For the elect, those preparing for Baptism, Lent is a time of intense spiritual preparation. They will celebrate Baptism at Easter because in this sacrament they enter the mystery of Christ's dying and rising. They die to their former way of life and open their hearts fully to discipleship in Jesus. For the elect, this is a season of purification and enlightenment. The prayers of this season help scrutinize and purify their intentions, removing whatever might block their commitment, and strengthening their resolve. They will become fully illumined with the light of Christ when they celebrate initiation at the Easter Vigil.

Lent begins on Ash Wednesday and ends before the Mass of the Lord's Supper on Holy Thursday. Ash Wednesday is a day of fast and abstinence. All the Fridays of Lent are days of abstinence.

Bulletin Inserts for the Liturgical Life of the Parish: The Liturgical Year © 2020
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Written by Paul Turner.

Liturgical Ministry		
5TH SUNDAY LENT	March 16 , 5:10 PM	March 17, 10 AM
Eucharistic Minister	Mary Wadsworth	Marie Alercon
Community Leader	Charmaine Elash	Stella Ilozumba
Lector 1	Debby O'Malley	Kim Lovely
Lector 2	Terry O'Malley	Todd Pilon
Usher/ Collection	Gordon Pilon	Ron Girard

DONATIONS FOR FIRE DAMAGE

Q: How does one donate to help the rebuilding process from the fire damage at Blessed Sacrament Parish?

A: If you wish to donate towards the repair of the fire damage to the church, parish offices and rectory, send your contributions by e-transfer, check or credit card (see below) and in the memo option indicate "Blessed Sacrament Recovery Fund" (should there be any excess funds, these will be added to the building fund).

Any Donations to Blessed Sacrament Parish can be sent via e-transfer (*interac*) to: blessed.sacrament@sasktel.net

EASTER FLOWER DONATIONS

Flower offerings envelopes are at both entrances. Please return envelope with donation by March 25th Place in the regular collection boxes/baskets. Include your name and your intention for your gift of Easter flowers. The names of donors with intention will be posted in church.

HOLY FATHER'S PRAYER INTENTION • MARCH

For the New Martyrs:

Pope Francis invites prayer "for those around the world who risk their lives for the Gospel, to inspire the Church with their courage and missionary zeal."

MASS INTENTIONS

Mass intentions are posted on the bulletin boards and will be announced at each Mass. Please contact the parish office to request Mass intentions.

HOLY FATHER ON TODAY'S GOSPEL

The coming of Jesus into the world leads to a choice: whoever chooses darkness will face a judgment of condemnation; whoever chooses light will have a judgment of salvation. The judgement is always the consequence of the free choice of each person: whoever practices evil seeks the darkness; evil always hides, it covers itself. Whoever seeks the truth, that is, who practices what is good, comes to the light, illuminates the paths of life. Whoever walks in the light, whoever approaches the light, cannot but do good works. The light leads us to do good works. This is what we are called to do with greater dedication during Lent: to welcome the light into our conscience, to open our hearts to God's infinite love, to his mercy full of tenderness and goodness, to his forgiveness. Do not forget that God always forgives, always, if we humbly ask for forgiveness. It is enough just to ask for forgiveness, and he forgives. In this way we will find true joy and will be able to rejoice in God's forgiveness, which regenerates and gives life.

(Angelus, 14 March 2021)

Chrism Mass

THE CHRISM Mass comes once a year to your cathedral. If you've never celebrated it, you're missing one of the most solemn and significant liturgies of our Church. During the Mass, your bishop will bless the Oil of Catechumens, the Oil of the Sick, and the Sacred Chrism. We use the first for adult catechumens and infants, the second for anointing the sick, and the Sacred Chrism for Baptism, Confirmation, the ordination of priests and bishops, and the consecration of altars. All three are basically an olive oil; Chrism spices the air with the scent of a perfume, traditionally balsam. For pastoral reasons, another vegetable oil and perfume may be used.

Bishops have blessed oil ever since the early Church. They baptized catechumens at the Easter Vigil and prepared Chrism fresh for the occasion. While they were consecrating Chrism, they blessed the other oils as well. Rather than overburdening the Vigil with this ritual, bishops blessed these oils at the previous celebration of the Eucharist, Holy Thursday. This also allowed time to transport vessels of oil

from the cathedral to all the churches in the diocese. For more than one thousand years, bishops blessed the oils at the cathedral Holy Thursday liturgy, but in 1955, we added a separate Mass earlier in the day at the cathedral for that purpose, the Chrism Mass. Today it may be celebrated on a different day shortly before Holy Thursday to give the celebration independence and so that more people like you may attend.

Because the bishop is the only minister in the diocese who may consecrate Chrism, this Mass highlights his ministry and our union with him. He will not baptize and confirm everyone in the parishes of the diocese, but he will be symbolically present in the Chrism that the priests and deacons will use. In recent years, this Mass has also acknowledged the ministry of priests. It invites them to renew their commitment of service and to receive the prayers and support of the people. The Chrism Mass gathers the faithful of the diocese at their mother church with their shepherd to prepare for celebrations of Christ in all our churches throughout the year.



Archdiocese of Regina

Bulletin

March 10, 2024
Fourth Sunday
of Lent

2nd Annual French Livestream Way of the Cross Through the Voice of Victims

Supporting Victims of Clergy Sexual Abuse

Saint Jean Baptiste parish, 2517, 25th Avenue, will host the second live stream edition of "The Stations of the Cross: Through the Voice of Victims: Supporting Victims of Clergy Sexual Abuse." on Friday, March 15th at 7 pm. All are welcome: please join us in person or via live stream: youtube.com/@paroissesaient-jean-baptiste4799/streams.

To view or download the program visit this link: archregina.sk.ca/wp-content/uploads/2019/03/Soutenir-les-victimes-dabus-sexuels-clericaux.

Join a new phase of the Synod! Tell the Pope What You're Thinking

How can we be a synodal Church in mission? The Synod of Bishops is reaching out for feedback on its Oct 2023 report, bit.ly/A-Synodal-Church-in-Mission. You are invited to attend a listening session to offer feedback on the October 2023 Synod document. Your contributions will feed into the 2024 Synod next fall. Attend a listening session in your parish or gather some friends for your own discussion. Prepare some notes and send us your thoughts. A Spiritual Conversation Guide is available at bit.ly/Spiritual-Conversation-Guide

Or, you might want to join a Zoom discussion (attend one or all, no commitment required). Before coming, read the marked sections of the Oct. 2023 Synod Report at

•Part I. The Face of the Synodal Church - Mar. 20 @ 7 pm

– read sections 3 and 5

•Part II. All Disciples, All Missionaries - Mar. 23 @ 10 am

– read sections 8 and 9

•Part III. Weaving Bonds, Building Communities - Apr. 6 @ 10 am

– read sections 14 and 18

•Draft report on 2024 Archdiocesan phase - Apr. 13 @ 10am

All sessions at bit.ly/YQR-Synod-2024 No registration. All are welcome.


For further information, contact Nick Jesson, Archdiocesan Synod Coordinator, njesson@archregina.sk.ca, or visit archregina.sk.ca/group/synod-2021-2024/

Camp Monahan

Camp Monahan is getting ready for summer! Both camper Registrations and job applications are now open for our 2024 season. Please check our website for more information: campmonahan.ca. Camp Monahan AGM is scheduled for April 1st at 7:00 pm. Please call our office at 306-522-1047 or email us at cammonahan@sasktel.net for the link to the meeting.

TF #391: Restoring a First Nations Perspective on Treaty and Natural Resource Rights - Part 2 - In this part one of two episodes, Indigenous ally Javed Sommers and Michael Leblanc of Development and Peace Caritas Canada join the podcast to discuss treaty and natural resource rights through an Indigenous lens.

thinkingfaith.libsyn.com/restoring-a-first-nations-perspective-on-treaty-and-natural-resource-rights-part-2



Chrism Mass
Monday, March 18
2:00 PM

Chrism Mass

Monday, March 18 at 2:00 PM at Holy Rosary Cathedral.



Training next-generation farmers in Indonesia

In rural Indonesia, young people are abandoning agriculture to work in cities. Over time, this could threaten food sovereignty.

Our partner PAYOPAYO empowers village communities to work together to find solutions to common challenges related to agriculture, food, energy, natural resource

management and the engagement of youths, especially women. This Lent, meet our solidarity visitor Karno Batiran, the executive director of PAYOPAYO. Learn more at devp.org/lent.

Stewardship Bulletin Bit

"For God so loved the world that he gave his only Son..." - John 3:16
Of all the wonderful gifts that God has given to us, the gift of His own Son is truly the greatest. How can we ever thank God for a gift like that? God does not ask us to sacrifice our own precious firstborn, but He does ask that we are grateful and generous with our God-given gifts; that we nurture and develop our gifts, and in gratitude, generously give back with increase our time in prayer, our talent in charitable works and our treasure to support the mission and ministry of our parish and greater Church.

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