Blessed Sacrament Parish

2049 Scarth Street, Regina, SK S4P 2H5
www.blessedsacramentregina.ca

Sunday, January 9th
The Baptism of the Lord
Isaiah 42:1-4, 6-7
Psalm 29:1-2, 3-4, 3, 9-10
Acts 10: 34-38
Luke 3:15-16, 21-22

Monday, January 10th
Monday 1st Week in Ordinary Time
Samuel 1:1-8
Psalm 116:12-13, 14-17, 18-19
Mark 1:14-20

Tuesday, January 11th
Samuel 1:9-20
Psalm 2:1, 4-5, 6-7
Mark 1:21-28

Wednesday, January 12th
Samuel 3:1-10, 19-20
Psalm 40:2 and 5, 7-8a, 8b-9, 10
Mark 1:29-39

Thursday, January 13th
Samuel 4:1-11
Psalms 44:10-11, 14-15, 24-25
Mark 1:40-45

Friday, January 14th
Samuel 8:4-7, 10-22a
Psalm 89:16-17, 18-19
Mark 2:1-12

Saturday, January 15th
Samuel 9:1-4, 17-19; 10:1
Psalm 21:2-3, 4-5, 6-7
Mark 2:13-17

Sunday, January 16th
Second Sunday of Ordinary Time
Isaiah 62:1-5
Psalm 96:1-2, 2-3, 7-8, 9-10
1 Corinthians 12: 4-11
John 2:1-11

Regular Mass Schedule

Saturday 5:10 pm • Sunday 10:00 am
Monday - Friday 12:05 pm

Sacrament of Reconciliation: Confessions will be available Monday to Friday before Mass, 11:30-11:55 AM; Saturdays, 4:30-4:55 PM.

Sacrament of Baptism or Sacraments of Initiation: Please contact the parish office for Baptism and for the Sacrament of Initiation.

Sacrament of the Sick: Please contact the parish office (available on request).

Exposition of the Blessed Sacrament: During the rest of January, Exposition of the Blessed Sacrament after Mass is suspended; returning in February.

All parishioners and visitors attending Mass at Blessed Sacrament Church are requested to wear a face mask and maintain social distance.

Parish Office Hours

Tuesday to Thursday 1100–2:00 PM
Tel: (306) 522-7422 • blessed.sacrament@sasktel.net
www.blessedsacramentregina.ca

Administrator: *The Rev. Dr. James Hentges*
pastor.bsacrament@sasktel.net

Parish Secretary: *Nancy Diokno*
office.bsacrament@sasktel.net

Finance/Bookkeeping: *Father Jim*
finance.bsacrament@sasktel.net

Music Director: *Jan Benedict Bitara*
music.bsacrament@sasktel.net

Caretaker: *Simon Hagos*

Live Stream Liturgy

We live stream the 5:10 PM Mass on Saturdays – search on YouTube for: "blessed sacrament parish regina"

Envelopes for 2022

Envelopes are available near the front entrance of the Church on tables behind the last pew. If there are any difficulties or problem with your envelope or if yours is missing, please contact the parish office.

Holy Father's Intention for January 2022

For true human fraternity • *We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.*

January 9, 2022

Mass Intentions

Currently, we have few Mass intentions for our Masses in the parish. If you would like to offer an intention, please contact the parish office by email or by calling during office hours.

Mass Intentions for Week of January 9, 2022	
Saturday 5:10 pm	
Sunday 10 am	*For all parishioners*
Monday	*available*
Tuesday	*available*
Wednesday	*available*
Thursday	*available*
Friday	*available*
Saturday	*available*

Words of the Holy Father on Today's Gospel

The Holy Spirit, received for the first time on the day of our Baptism, opens our heart to the Truth, to all Truth. The Spirit impels our life on the challenging but joyful path of charity and solidarity toward our brothers and sisters. The Spirit gives us the tenderness of divine forgiveness and permeates us with the invincible power of the Father's mercy. Let us not forget that the Holy Spirit is a living and vivifying presence in those who welcome him, he prays in us and fills us with spiritual joy.

(Angelus, 10 January 2016)

Financial Update	Christmas & Dec 26th	January 1/2
Regular/Loose Collection	$1,456.50	$1,303.65
Christmas	$2,370.00	$5,620.20
Building Fund	$2,370.00	$106.25
Initial Offering for Envelopes	——	$115.00
New Year's/Initial Offerings		$515.00
Other	$36.25	$1.25

Liturgical Ministry

Baptism of the Lord	January 8th 5:10 PM	January 9th 10:00 AM
Eucharistic Minister	Dolly Dyck	Jean Bonneville Stroh
Community Leader	Charmine Elash	Jean Bonneville Stroh
Lector 1	Todd Pilon	Kim Lovely
Lector 2	Larry Ongsu	James Sawka
2nd Sunday of Ordinary Time	**Jan 15th, 5:10**	**Jan 16th, 10 AM**
Eucharistic Minister	Mary Wadsworth	Marian Centre
Community Leader	Rosita Ongsu	Marian Centre
Lector 1	Ray Lalonde	Marian Centre
Lector 2	Larry Ongsu	Marian Centre
3rd Sunday of Ordinary Time	**Jan 22nd, 5:10**	**Jan 23rd, 10 AM**
Eucharistic Minister	Dolly Dyck	KCs
Community Leader	Charmine Elash	KCs
Lector 1	Charmine Elash	KCs
Lector 2	Ray Lalonde	KCs
4th Sunday of Ordinary Time	**Jan 29th, 5:10**	**Jan 30th, 10 AM**
Eucharistic Minister	Mary Wadsworth	Jean Bonneville Stroh
Community Leader	Rosita Ongsu	Jean Bonneville Stroh
Lector 1	Todd Pilon	Kim Lovely
Lector 2	Larry Ongsu	James Sawka

Donations and Tax Receipts

Tax Receipts will be available the first weekend of February in the church or in the parish office. If you need your receipt earlier, please contact the parish office or send us an email message.

Queen's House Retreat and Renewal Centre

Our programming combines in-person and online events using Zoom. Please visit our webpage for a list of all upcoming programs and to register for all programs: https://www.queenshouse.org/programs/ Nourish Your Mind and Nurture Your Spirit at Queen's House!

Foundations of Spiritual Companionship

At Queen's House: An Introductory Training Program for Those Wanting to be a Compassionate Presence with Others - a Zoom gathering Julie Bergen, a CASC certified Spiritual Care Practitioner and Supervisor-Educator with experience in the provision of spiritual care in acute care and long-term care settings. Currently, Julie facilitates the Clinical Pastoral Education program at St. Paul's Hospital in Saskatoon, SK.

This four-session program provides an opportunity to develop your skills in listening and spiritual companionship. Learn how to walk alongside others on their journey, supporting them through your listening presence. This inter-faith program is for those who wish to volunteer in the community, provide care within their faith-group, or further develop their supportive presence with those they encounter. This interactive training will provide skills, discussion, and small-group interaction as we practice active listening, attend to feelings, and focus on providing a compassionate presence to others.

Zoom gatherings on Wednesday evenings, January 12, 19, 26 & February 2, 6:30 - 8:30 p.m. Cost: $80/4 sessions. A minimum of 9 participants are needed to offer this program - registration deadline: January 10. For inquiries/additional information contact Sarah Donnelly, Programming Director: 306-242-1916 x226.

Emmaus Family Support

1 in 4 families experience chronic mental health challenges. Holidays can be tough when navigating these kinds of difficulties. Even good feelings like excitement and anticipation can trigger stress responses. You do not have to walk this path alone. If you care for a loved one with mental health challenges and feel you could benefit from the support and prayers of peers, contact www.emmaussupport.ca to join a meeting. Meetings are currently held on the fourth Thursday of each month, via Zoom.

Accompaniment Workshop Series Compassionate Communication

Life has its challenges and Covid has brought to light that many people are struggling and often have no one to turn to. Have you ever tried to accompany someone and struggled to know what to say or how to act? The Archdiocese of Regina through the Victim Service Advocacy position is pleased to offer the first in a series of four workshops on accompaniment through a trauma informed approach.

Please join us for this free zoom workshop on Sunday January 16 from 1-5 PM. Our topic in this workshop will be Compassionate Communication: through the lens of a professional counsellor, a spiritual director and a victim of clergy sexual abuse and other traumas. If you would like to register or are looking for more information please contact Pamela at victimserviceadvocacy@gmail.com.

Synodality

Our Journey of Faith, Discerning Where the Holy Spirit Leads Us.

Synodality is about journeying together as a people of faith, attentive to the prompting of the Holy Spirit in our lives.

Pope Francis has launched the Synod on Synodality: a two-year global process of listening to the faithful that will help the Church reflect on how we can do God's will in the world today. The comments of the faithful will ultimately be discussed at a meeting of the bishops in the Vatican in 2023.

During February and March 2022, our Parish will convene various sessions and organize various opportunities for you and others to contribute to this process.

To learn more about the Synod on Synodality, go to the Synodality webpage on the Archdiocesan website: *https://archregina.sk.ca/synod-2021-2023*

Archdiocese of Regina
Bulletin
January 9, 2022
Baptism of the Lord

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TF278: Dr. Brett Salkeld and Brendan Steven on Universal Basic Income - Part 4

Dr. Brett Salkeld and guest, Brendan Steven begin a four-part series of discussions on the idea of a Universal Basic Income.

Show Snippet: “As much as I just said you can’t have private property with universal destination of goods, and that’s true, private property nonetheless is an important principle and you do have to discern when are we unjustly taking away from the producer of the goods, goods that are rightfully theirs...”

https://thinkingfaith.libsyn.com/dr-brett-salkeld-and-brendan-steven-on-universal-basic-income-part-4

Stewardship Bulletin Bit

“John answered them all, ‘I baptize you with water; but he who is mightier than I is coming…he will baptize you with the Holy Spirit... ’” (Luke 3:16)

The Catholic Catechism states that “Jesus’ immersion in the water is a sign for all human beings of the need to die to themselves to do God’s will.” In other words, as baptized Catholics there is only one gift that we need to give to Jesus – the gift of ourselves. Surrender yourself to God, place your trust in Him and allow the Holy Spirit to work through you for the greater glory of God.

Join the most ambitious, global consultation endeavor in human history! Contact your local parish, email us at synod@archregina.sk.ca, or visit https://archregina.sk.ca/synod-2021-2023 to find out how you can participate.
#synod20212023

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itwewin Corner (itwewin is the Cree word which means ‘the word’ or ‘as it is said...’)

Did you know that... when the original treaties were drawn up between the Canadian government and the First Nations people of the prairies, neither party negotiated and agreed that residential schools be established. Instead, The First Nations negotiated for schools on their reserves where their languages and cultures were the main components of the curriculum along with learning the English language and math so that their children could work alongside the newcomers and their children.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.