

2049 Scarth Street, Regina, SK S4P 2H5

www.blessedsacramentregina.ca



We praise you, gracious God, for the glad tidings of peace, and the good news of salvation: your Word became flesh, and we have seen his glory. As we celebrate his birth. let the radiance of that glory enlighten our lives. Reveal to all the world Jesus Christ, the light no darkness can extinguish.

May you have a blessed Christmas!

- Fr. Jim Hentges

Sunday, December 26th Feast of the Holy Family

1 Samuel 1:20-22, 24-28 Psalm 128:1-2, 3, 4-5 1 John 3:1-2, 21-24 Luke 2:41-5

Monday, December 27th Feast of St John the Apostle

1 John 1:1-4 Psalm 97:1-2, 5-6, 11-12 John 20:1a and 2-8

Tuesday, December 28th Feast of the Holy Innocents

1 John 1:5-2:2 Psalm 124:2-3, 4-5, 7-8 Matthew 2:13-18

Wednesday, December 29 Fifth Day in the Octave Christmas

1 John 2:3-11 Psalm 96:1-2a, 2b-3, 5b-6 Luke 2:22-35

Thursday, December 30th Sixth Day in the Octave Christmas

1 John 2:12-17 Psalm 96:7-8a, 8b-9, 10 Luke 2:36-40

Friday, December 31st Seventh Day in the Octave Christmas

1 John 2:18-21 Psalm 96:1-2, 11-12, 13 John 1:1-18

Saturday, January 1st Mary, Mother of God

Numbers 6:22-27 Psalm 67:2-3, 5, 6, 8 Galatians 4:4-7 Luke 2:16-21

Sunday, January 2nd Epiphany of the Lord

Isaiah 60:1-6 Psalm 72:1-2, 7-8, 10-11, 12-13 Ephesians 3:2-3a, 5-6 Matthew 2:1-12

LITURGY SCHEDULE: CHRISTMAS SEASON

December 28th to 30th (Tue-Thu) • 12:05 PM

No scheduled Mass on Monday, December 27th

December 31st, Friday 5:10 PM • Mary, Mother of God

January 1st, Saturday 5:10 PM • Epiphany of the Lord

January 2nd, Sunday 10:00 AM • Epiphany of the Lord

Sacrament of Reconciliation (confessions) scheduled before each Mass except Sunday.

REGULAR MASS SCHEDULE

resumes Monday, January 3rd

Saturday 5:10 pm • Sunday 10:00 am Monday - Friday 12:05 pm

Sacrament of Reconciliation: Confessions will be available Monday to Saturday before Mass.

LIVE STREAM LITURGY

We live stream the 5:10 PM Mass on Saturdays - search on YouTube for: "blessed sacrament parish regina"

December 25, 2021

Mass Intentions for Christmas & Week of December 25, 2021				
Christmas 5:10	+Dennis McGeady by family			
Christmas 8 am	For all the unvaccinated			
Christmas 10 am	For all parishioners			
Sunday, 10 AM	For all parishioners			
Monday	No scheduled Mass in the parish			
Tuesday	available			
Wednesday	available			
Thursday	available			
Mary, Mother of God (Fri) 5:10 pm	available			
Saturday 5:10 pm	available			

PARISH OFFICE HOURS

During Christmas Season the Parish Office is closed. Regular office hours resume January 4th

Tuesday to Thursday 1100–2:00 PM Tel: (306) 522-7422 • blessed.sacrament@sasktel.net

www.blessedsacramentregina.ca

Administrator: *The Rev. Dr. James Hentges*

<u>pastor.bsacrament@sasktel.net</u> <u>Parish Secretary:</u> *Nancy Diokno* office.bsacrament@sasktel.net

Finance/Bookkeeping:

finance.bsacrament@sasktel.net

Music Director: Jan Benedict Bitara
music.bsacrament@sasktel.net

Caretaker: Simon Hagos

ENULLOPES AND DONATIONS FOR 2022

Envelopes are available near the front entrance of the Church on tables behind the last pew. If there are any difficulties with your envelope or if yours is missing, please contact the office.

If you wish to set up a regular transfer of your donations to the parish, please contact your own bank or the parish office.

eTranfer: you can send your donation to the parish by e-transfer to the parish account at Affinity Credit Union via our email address:

blessed.sacrament@sasktel.net

LITURGICAL MINISTRY					
Holy Family		Dec 26th, 10 AM			
Eucharistic Minister			Ś		
Community Leader			Ś		
Lector 1			's		
Lector 2		KCs			
Mary, Mother of God		December 31st, 5:10 PM			
Eucharistic Minister		De	olly I	Dyck	
Community Leader		Char	mair	ne Elash	
Lector 1		Larry Ongsu			
Lector 2		Todd Pilon			
Epiphany of the Lord		an 1, 5:10		Jan 2, 10 AM	
Eucharistic Minister	·	Mary Wadsworth		Marian Centre	
Community Leader	Ro	Rosita Ongsu		Marian Centre	
Lector 1	Ra	Ray Lalonde		Marian Centre	
Lector 2	<u>L</u>	Larry Ongsu		Marian Centre	
Baptism of the Lord		January 8th 5:10 PM		January 9th 10:00 AM	
Eucharistic Minister	Do	Dolly Dyck		Jean Bonneville Stroh	
Community Leader				Jean Bonneville Stroh	
Lector 1	La	Larry Ongsu		Kim Lovely	
Lector 2	Cha	Charmine Elash		James Sawka	
FINANCIAL UPDATE		Dec 11/1		Dec 18/19	
Regular/Loose Collec	ction	ion \$2,192		\$1,167.75	
Christmas Dona	ation	n		\$1,310.00	
Building F	und	nd \$20'		\$1,009.50	
C	Other		2.50	\$7.50	

CALENDAR OF EVENTS

January 1, 2022 Archbishop's New Year's Levée, 1-2 PM at Holy Rosary Cathedral



Archdiocese of Regina Bulletin

Merry Christmas E_T Happy New Year

Christmas Greetings from Archbishop Don

Getting ready for Christmas this year, many have found themselves needing to find the courage and resilience to keep going, to come to a place of gratitude and joy. I came across an old story on the internet a few days ago, from the American author Grace Paley, recounting how her elderly bedridden father shared with her a word of how to persevere when growing old, and his main advice was this: "when you get up in the morning you must take your heart in your two hands. You must do this every morning.... Talk softly (to it)... You can whisper also, Remember, remember."

The gentle advice seems to speak today to more than the elderly. On these cold wintry mornings when the sun rises late, sets early, and the wind blows, many people wake up each morning to significant challenges: some to head to work in health care facilities where everyone is stretched thin and wearied by a pandemic that has come at us all in relentless waves; some waken to fears of another year on the land when the rain doesn't fall but the economy does; some to wounds from the past which do not heal easily; others to burdens that weigh us down, including isolation and loneliness; and many wake each day to strained relations in the midst of polarizing forces bent on pushing us apart instead of holding us together.

The experiences of suffering, of injustice, of relentless burdens, can lead us to dark places of the spirit, to deep discouragement, where hope is hard to come by. Christmas carols that sing of fun and good cheer might seem a far reach. But from a faith perspective, this season also offers a word that can meet us in the places of deep struggle.

The Incarnation, the birth of Jesus, is not about God taking us out of the world of human brokenness and suffering, but about God coming into that world. God, who has authored a world of incomprehensible

vastness, and planted us within it, does not remain infinitely distant, but rather, comes eternally near.

A few days ago, some family members of mine arrived by plane from out of province. We had seen each other frequently by video calls, but my nine year old great nephew in joyful enthusiasm uttered what we all felt on the way home from the airport, when he said "now we are seeing each other en chair et en os" - that is, in flesh and bone. That's a very good entry point for what we are celebrating here. In the poetic words of one spiritual writer (Nathan Mitchell), "when the Word took flesh," God "encamp(ed) among our hearbeats as body, blood, breath, bone, and bread."

Jesus' birth, the Incarnation, is God's profound embrace of the human condition. Nothing that we experience as human beings is alien to God, because God has come among us, walked with us, and experienced what it is, at is depths, to be human. And in Jesus' living, dying and rising, we see God bringing healing to this wounded world not from without, but by being there with us in it. Our broken world is a paschal world, being transformed and redeemed by God from within.

Think of it this way: in Jesus, God has taken the heart of the world into his hands, and there, speaks tenderly to us, whispering to our hearts, remember, remember. I am walking with you. I will be with you always, yes, to the end of time. So the next time you awaken to a world that feels heavy and overwhelming, to burdens that feel like they can crush you, see if it might help to think of this, and to hear the Christ child speak to you gentle words of perseverance. You are not in this alone. For a light has shone into our darkness, a light the darkness cannot put out (Jn. 1:5).

Merry Christmas, everybody!

BULLETIN BOARD



NEW YEAR'S DAY LEVÉE

The faithful of the Archdiocese
are cordially invited to
the Archbishop's New Year's Levée
to be held at
Holy Rosary Cathedral
3125-13th Ave., Regina
January 1, 2022
1:00 - 2:00 PM
And to receive the Archbishop's blessing

Upcoming in 2022 - Save the Date

for the beginning of the New Year

Please mark your calendars for:

The Qu'Appelle deanery is hosting a zoom presentation: The Legacy of Clergy Sexual Abuse: What Can We Do Now? How Can We Help? On **Thursday January 6 at 7:00 PM**. All are welcome to come and join Bishop Don and the Archdiocesan Core Working Group for Clergy Sexual Abuse for an engaging conversation on the topic of clergy sexual abuse. To receive the zoom link please contact for registration: victimserviceadvocacy@gmail.com

Accompaniment Workshop Series Compassionate Communication

Life has its challenges and Covid has brought to light that many people are struggling and often have no one to turn to. Have you ever tried to accompany someone and struggled to know what to say or how to act? The Archdiocese of Regina through the Victim Service Advocacy position is pleased to offer the first in a series of four workshops on accompaniment through a trauma informed approach.

Please join us for this free zoom workshop on **Sunday January 16 from 1-5 PM**. Our topic in this workshop will be Compassionate Communication: through the lens of a professional counsellor, a spiritual director and a victim of clergy sexual abuse and other traumas. If you would like to register or are looking for more information please contact Pamela at victimserviceadvocacy@gmail.com.

Archdiocese of Regina

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Regina, SK S4R 2X8
(306) 352-1651
Please send Bulletin Announcements to:
communications@archregina.sk.ca

Emmaus Family Support

1 in 4 families experience chronic mental health challenges. Holidays can be tough when navigating these kinds of difficulties. Even good feelings like excitement and anticipation can trigger stress responses. You do not have to walk this path alone. If you care for a loved one with mental health challenges and feel you could benefit from the support and prayers of peers, contact www.emmaussupport.ca to join a meeting. Meetings are currently held on the fourth Thursday of each month, via Zoom.

Throughout the Christmas season the
Archdiocese of Regina has been able to promote
the message of Christmas on various Rawlco
radio stations. We are grateful for the financial
support provided by the Knights of Columbus to
make these radio spots possible. Thank you!

Livestream Mass

Visit our livestream page for more info at <u>archregina.sk.ca/live</u>

Pastoral Centre Christmas Hours

The Archdiocese of Regina Pastoral Centre will be closed to the public for Christmas, beginning Friday, December 24th. We will reopen on Monday, January 3rd. Staff from the Finance and Appeal Offices will be present occasionally between December 29th and 31st. Deliveries can be placed in the mail slot or you can ring the doorbell at the front door to see if anyone is available. You may also contact one of the following extensions after dialling 306-352-1651: 210, 212, or 218. Merry Christmas from Archbishop Don and all of the staff at the Pastoral Centre!

