

January 31, 2021

# BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • (306)522-7422  
blessed.sacrament@sasktel.net • www.blessedsacramentregina.ca



## LITURGY SCHEDULE

SATURDAY 5:10 PM • SUNDAY 10:00 AM  
MONDAY - FRIDAY 12:05 PM

• **Pre-registration is required for Saturday & Sunday Masses.** Please register after Mass or by visiting or contacting the parish office during regular office hours.

• **Face Masks are recommended to be worn as much as possible,** and are required to be worn when approaching the priest or Eucharistic minister for communion, while joining in any singing and when moving around the church.

• **Social Distancing** is required at all times.

• **Cleaning and Disinfecting** is done immediately before each Mass, and so the doors of the Church open only 30 minutes before each Mass.

**Church Visitation:** You may visit the Church for prayer each day after weekday Masses, Monday to Friday, until 2 PM.

**Sacrament of Reconciliation:** Confessions will be available Monday through Friday before Mass, 11:30-11:55 AM; Saturdays, 4:30-4:55 PM.

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### THE BLESSING OF THROATS

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Because of the pandemic restrictions at this time, the blessing of throats, by custom given on or around the memorial of Saint Blaise, will take the place of the final blessing at Mass. The blessing will be given to all assembled and not individually as the Church's Book of Blessings indicates.

- *Blessing of throats may simply be offered over all the people: "A priest may give the blessing to all assembled by extending hands, without crossed candles, over the people while saying the prayer of blessing."* (Book of Blessings, 1628).
- *"If the blessing is conferred during Mass... for pastoral reasons, the prayer of blessing may take the place of the final blessing of the Mass..."* (Book of Blessings, 1626).

### Parish Staff

**Office Hours: 1:00-4:00 PM Tuesday to Friday**

**Administrator:** *The Rev. Dr. James Hentges*  
[pastor.bsacrament@sasktel.net](mailto:pastor.bsacrament@sasktel.net)

**Parish/Finance Secretary:** *Rita Alsamaan Kauawati*  
[office.bsacrament@sasktel.net](mailto:office.bsacrament@sasktel.net)

**Music Director:** *Jan Benedict Bitara*  
[music.bsacrament@sasktel.net](mailto:music.bsacrament@sasktel.net)

**Caretaker:** *Simon Hagos*

### *Sunday, January 31st* **4th Sunday Ordinary Time**

Dt 18:15-20  
Psalm 95:1-2, 6-7, 7-9  
1 Corinthians 7:32-35  
Mark 1:21-28

### **Monday, February 1st**

Hebrews 11:32-40  
Psalm 31:19-24  
Mark 5:1-20

### **Tuesday, February 2nd** **Feast of Presentation of the Lord**

Malachi 3:1-4  
Psalms 24:7, 8, 9, 10  
Hebrews 2:14-18  
Luke 2:22-40

### **Wednesday, February 3rd** **Memorial of St. Blaise**

Hebrews 12:4-7, 11-15  
Psalm 103:1-2, 13-14, 17-18a  
Mark 6:1-6

### **Thursday, February 4th**

Hebrews 12:18-19, 21-24  
Psalm 48:2-3ab, 3cd-4, 9, 10-11  
Mark 6:7-13

### **Friday, February 5th** **St. Agatha**

Hebrews 13:1-8  
Psalm 27:1-9  
Mark 6:14-29

### **Saturday, February 6th** **Sts Paul Miki and Companions**

Hebrews 13:15-17, 20-21  
Psalm 23:1-6  
Mark 6:30-34

### **Sunday, February 7th** **5th Sunday Ordinary Time**

Job 7:1-4, 6-7  
Psalm 147:1-2, 3-4, 5-6  
1 Corinthians 9:16-19, 22-23



January 31, 2021

## Blessed Sacrament Parish

**LIVE**   
STREAMING

currently streams the Mass each Saturday at 5:10 PM.

You may see it live or the recorded Mass at this [link](#) or search on the internet for: "blessed sacrament parish regina youtube"

### POPE FRANCIS ON TODAY'S GOSPEL

The power of Jesus confirms the authority of His teaching. He does not just speak with words, but he takes action. In this way, He manifests God's plan with words and with the power of His deeds.

In the Gospel in fact, we see that in His earthly mission, Jesus reveals the love of God both through preaching and through countless gestures of attention and aid to the sick, the needy, children and sinners. Jesus is our Teacher, powerful in word and deed. Jesus imparts to us all the light that illuminates the sometimes dark paths of our lives. He also transmits to us the necessary strength to overcome difficulties, trials and temptations.

Let us consider what a great grace it is for us to have known this God who is so powerful and so good! A teacher and a friend who shows us the path and takes care of us especially when we are in need.

*(Angelus, 28 January 2018)*

### POPE'S PRAYER INTENTION FOR FEBRUARY

#### *Violence Against Women*

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

### TAX RECEIPTS AVAILABLE

2020 Tax receipts for donations to Blessed Sacrament Parish have been issued and are available. You may pick them up in the Church near where the 2021 donation envelopes are available. We will send out via Canada Post those envelopes which have not been picked up later. If you wish to receive them immediately, please stop by the church or parish office when it is open, or call the parish office to have us send it sooner by post. If you have questions about the receipts, please call the parish office during office hours.

### DONATION ENVELOPES FOR 2021

The Parish donation envelopes are still available in the church. Please take your box of envelopes for 2021. If there are any errors, or if you would like us to send the envelopes to you by post, please contact the parish office during office hours.

### MASS INTENTIONS

Saturday, Jan 30	+ <i>Khahsdy Mebrahu by Ka Mebrahu</i>
Sunday, Jan 31	<i>For the Parishioners</i>
Monday, February 1	<i>Intentions of Marcie and Levi Ziegler by a parishioner</i>
Tuesday, February 2	+ <i>Our deceased family members by a parishioner</i>
Wednesday, Feb 3	+ <i>Benvenuto Ben Roy Bacon by Ongsu family</i>
Thursday, February 4	<i>Sarah and all consecrated women missionaries by a parishioner</i>
Friday, February 5	+ <i>Our deceased family members by a parishioner</i>
Saturday, February 6	+ <i>Our deceased family members by a parishioner</i>
Sunday, February 7	<i>For the Parishioners</i>

### LITURGICAL MINISTRY

	Jan 30, 5:10 PM	Jan 31, 10:00 AM
<b>Eucharistic Minister</b>	Mary Wadsworth	_____
<b>Community Leader</b>	Lorraine Vincent	_____
<b>Lector 1</b>	Todd Pilon	Jonah Tremblay
<b>Lector 2</b>	Jeannette Luttmer	Dina Tremblay
	February 6, 5:10 PM	February 7, 10:00 AM
<b>Eucharistic Minister</b>	Dolly Dyck	Madonna House Community members
<b>Community Leader</b>	Rosita Ongsu	
<b>Lector 1</b>	Domenic Scuglia	Madonna House Community members
<b>Lector 2</b>	Larry Ongsu	Madonna House Community members

### FINANCIAL UPDATE

	January 16-17	January 23-24
<b>Regular/Loose Collection</b>	\$515.00	\$1,315.50
<b>Building Fund</b>	\$70.00	\$77.50
<b>Other</b>	\$40.00	\$27.50



# Archdiocese of Regina *Bulletin*

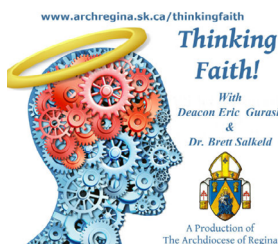
January 31, 2021

4th Sunday in  
Ordinary Time

## Encouragement to Consider Vaccination

Following the directives, guidance, and research carried out by the Vatican and other bodies of bishops world-wide, Archbishop Don supports efforts to provide vaccines to the people of Saskatchewan and encourages the faithful to seriously consider receiving the vaccine as it becomes available. Further information can be found at the following links;

- Congregation for the Doctrine of the Faith “Note on the morality of using some anti-Covid-19 vaccines” - <https://bit.ly/3ogmdJe>
- “Vaccine for all: 20 points for a fairer and healthier world” Vatican Covid-19 Commission in collaboration with the Pontifical Academy for Life - <https://bit.ly/3c8Tdkg>
- Alberta and NWT Bishops OK vaccination for COVID - <https://bit.ly/39hC1qW>
- How to Vaccinate Like a Catholic: A Guide Through the Prickly COVID-19 Issues - <https://bit.ly/3ol0aRI>



## TF229 - Brendan Steven: From Young Atheist to Lay Apostolate - Part 2

In this part 2 of 2, we continue our conversation with Brendan Steven of [catholicconscience.org](http://catholicconscience.org) regarding his journey from young atheist to leading a lay apostolate discussing false idols and the deepest desires of our

souls this week on Thinking Faith!

**Show Snippet:** “I look back on my life on how obsessed I was with ‘the cause’ when politics was my idol. To me, it was a perversion of the desire to give of self, like irrevocable, committed, total self-giving...”  
<https://thinkingfaith.libsyn.com/brendan-steven-from-young-atheist-to-lay-apostolate-part-2>

## Stewardship Resources

For almost a year we have had an inter-church committee [Roman Catholic, Anglican, Lutheran] planning and providing webinars on stewardship. We are happy to further the stewardship approach in our congregations by sharing resources. To this end the Anglican diocese of Qu’Appelle has graciously provided their online resources for use in our Archdiocese. it can accessed at: <https://quappelle.anglican.ca/stewardship>.



NEWS from the OFFICE of  
YOUTH & YOUNG ADULT  
MINISTRY

## Young Adult Ministry:

There are lots of new things going on! Check out the website for small group ministry: <https://archregina.sk.ca/youth-ministry/join-young-adult-small-group>

As well as Theology on Tap, Gloria Patri and ministry opportunities: <https://archregina.sk.ca/youth-ministry/youth-adult-events>

## Youth Events:

Check out new opportunities for teens to gather (virtually) learn, connect and grow. Check out all that is new at <https://archregina.sk.ca/youth-ministry/youth-events-0>

## Youth Ministry Support/Training:

*The Western Canadian Association of Catholic Youth Ministers Annual Gathering*

This gathering will take place on Jan. 29th and 30th. Join the Diocesan Youth Office Staff PLUS others from all walks of life across Western Canada who are passionate about sharing the gospel and particularly about ministering to young people. (You do NOT need to be a youth minister) There is no charge for this event. Join us! For details check out <https://www.wcacym.ca/ag-2021.html>

## When Youth Group Can't Gather:

Join the Office of Youth and Young Adult Ministry online for one hour at NOON on Feb. 4th for a look at what ministry to our young people CAN look like now, and some foundational pieces to consider down the road. So if you are a priest, deacon, religious, parent, educator, parish volunteer or a youth minister, join us to spend some time focusing on the possible. If you are interested but unable to join us on the 4th, email us as and we will make arrangements to chat with you. (mbraden@archregina.sk.ca) The workshop can be accessed at <https://us02web.zoom.us/j/81611081478?pwd=ekhIMzVYVEFuZjRhc051NWZYVXNRQT09>

## Stewardship Bulletin Bit

“Brothers and sisters: I should like you to be free of anxieties.” - 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word “pray” instead of the word “worry” in the future. Then pray for things instead of worrying about them.

# BULLETIN BOARD

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0DVV LQ )UHQFK ZLOO EH OLYHVWUHD  
IURP 6W -HDQ %DSWLNVWH 3DU  
9LVLW RXU /LYHVWUHD SDJH  
[archregina.sk.ca/live](http://archregina.sk.ca/live)

**Archdiocese of Regina on Social Media We invite you to follow us on our social media accounts:**

**Facebook:** [IDFHERRNFRP\\$UFKGLRFHVVHRI5H](https://www.facebook.com/IDFHERRNFRP$UFKGLRFHVVHRI5H)

**Twitter:** @archdioceseofreg

**Instagram:** archdioceseofregina

**YouTube:** [\RXWXEHFRPDUFKGLRFHVVH5HJLC](https://www.youtube.com/channel/UCRXWXEHFRPDUFKGLRFHVVH5HJLC)

**Pinterest:** [pinterest.ca/archdioceseofregina/](https://www.pinterest.ca/archdioceseofregina/)

[EHIRXQGDW](https://www.youtube.com/channel/UCIRXQGDW) youtube.

**Archdiocese of Regina Weekly Report**

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**The Diocese Tonight – The Church: Called to be**

**Forever Young -** [37KH'LRFHVH7RQLJKW'DLUVRQ6XQG](https://www.facebook.com/37KH'LRFHVH7RQLJKW'DLUVRQ6XQG)

[HEUXDU\DW30,WFDQ](https://www.facebook.com/HEUXDU\DW30,WFDQ)

[FRP\\$UFKGLRF](https://www.facebook.com/FRP$UFKGLRF) The Diocese Tonight is a “virtual

family gathering” that celebrates the diversity of people that

make up our diocesan faith family. Join us to laugh, learn,

pray, sing and celebrate.

## ReStart

BUILDING SEPARATION & DIVORCE RESILIENCE

with Madeline Oliver

Why?

Because your best you is our best future together.

Separation and divorce are not the worst things that can happen; abandoning people when they are going through a separation and divorce is the worst thing that can happen.

How?

One step at a time. One conversation at a time. One day at a time. Work through the building blocks that grow resilience.

What?

This is the book we are using: [Rebuilding: When Your Relationship Trip](https://www.amazon.com/Rebuilding-When-Your-Relationship-Trip/dp/0762424444) The program is offered virtually.

Call Madeline at 306-260-6213. Learn more about [ReStart](https://www.archdioceseofregina.ca/Restart) registration is ongoing Wednesday evenings: 7-8:30 p.m.

Madeline is a founding partners of Olive Branch Marriage and Family Ministry [olivebranchministry.ca](https://www.olivebranchministry.ca)

We are located at Queen's House of Retreats and Renewal

601 Taylor St. West, Saskatoon, Saskatchewan

**Archdiocese of Regina**

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Please send Bulletin Announcements to:

[communications@archregina.sk.ca](mailto:communications@archregina.sk.ca)

## Trinity Manor at Westerra: Welcome Home!

[5HJLQD1VQHZDFWLYHOLYLQJUHVLUHPHQV](https://www.facebook.com/5HJLQD1VQHZDFWLYHOLYLQJUHVLUHPHQV) packages, and a wide choice of social and recreational activities!

[/RFDWHGLQWKHEHXWLIXO:HVWHUUDQH](https://www.facebook.com/FRFDWHGLQWKHEHXWLIXO:HVWHUUDQH)

[SHUVRQDOFDUHVXLWHVUXQE\QXUVHV](https://www.facebook.com/SHUVRQDOFDUHVXLWHVUXQE\QXUVHV) F

specialized services. Attend daily mass, visit with our spiritual care

[ZRUNHUVRUVSHQGWLPHLQTXLHWUHÀH](https://www.facebook.com/ZRUNHUVRUVSHQGWLPHLQTXLHWUHÀH)

Our services promote opportunities for our residents' personal

growth, while providing stimulating and entertaining activities. At

the end of the day sit by the window and enjoy country sunsets,

10 mins from downtown. For further information, or to book

[\RXUYLUWXDOWRXUFRQWDFW\)UDQFLDW](https://www.facebook.com/\RXUYLUWXDOWRXUFRQWDFW)UDQFLDW)

[www.trinitymanorregina.ca](http://www.trinitymanorregina.ca).