

November 29, 2020

BLESSED SACRAMENT PARISH

2049 Scarth Street, Regina, SK S4P 2H5 • (306)522-7422
blessed.sacrament@sasktel.net • www.blessedsacramentregina.ca



1st Sunday of Advent November 29th

Isaiah 63:16-17, 19
Psalm 80:2-3, 15-16, 18-19
1 Corinthians 1:3-9
Mark 13:33-37

Monday, November 30th Feast of Saint Andrew

Romans 10:9-18
Psalm 19:2-3, 4-5
Matthew 4:18-22

Tuesday, December 1st

Isaiah 11:1-10
Psalm 72:1, 7-8, 12-13, 17
Luke 10:21-24

Wednesday, December 2nd

Isaiah 25:6-10
Psalm 23:1-3, 3-4, 5, 6
Matthew 15:29-37

Thursday, December 3rd Memorial of St Francis Xavier

Isaiah 26:1-6
Psalm 118:1, 8-9, 19-21, 25-27
Matthew 7:21, 24-27

Friday, December 4th

Isaiah 29:17-24
Psalm 27:1, 4, 13-14
Matthew 9:27-31

Saturday, December 5th

Isaiah 30:19-21, 23-26
Psalm 147:1-2, 3-4, 5-6
Matthew 9:35-10:1, 6-8

2nd Sunday of Advent December 6th

Isaiah 40:1-5, 9-11
Psalm 85:9-10, 11-12, 13-14
2 Peter 3:8-14
Mark 1:1-8

LITURGY SCHEDULE

Saturday 5:10 pm • Sunday 10:00 am
Monday - Friday 12:05 pm

Sacrament of Reconciliation is available before Mass
(except Sunday morning): 11:30-11:50 AM Monday to Friday;
Saturdays, 4:30-4:50 PM. Or by request.

Pre-registration for Masses on Saturday and Sunday is required but not for weekday Masses. Contact the parish office during office hours to place your name on the list.

ATTENDING MASS AT OUR CHURCH

- **New SHA Health Order** was announced increasing certain COVID-19 restrictions (details on next page).
 - **All persons attending Masses** (including other events or meetings) at Blessed Sacrament Church **are limited to 30 persons (total) and everyone is required to wear face masks** from the time they enter our church until they have exited the church.
 - **For communion**, people should **leave their mask on** when they come forward, receive communion in the hand, step to the side, slip the mask up, consume the host, replace mask and return to the pew.
 - **Arrive** on time so that everyone can be properly social-distanced.
 - **Cleaning and Disinfecting** is done immediately before each Mass, and so the doors of the Church open only 30 minutes before each Mass.
- Exposition of the Blessed Sacrament:** Wednesday, Thursday and Friday after Mass, until 1:00 PM.

Parish Staff

Office Hours: 12:30-4:00 PM Tuesday to Friday
(office closed on Mondays or holidays)

Administrator: *The Rev. Dr. James Hentges*

• **Email:** pastor.bsacrament@sasktel.net

Parish Secretary: *Rita Alsamaan Kauawati*

• **Email:** office.bsacrament@sasktel.net

Music Director: *Jan Benedict Bitara*

• **Email:** music.bsacrament@sasktel.net

Finance/Bookkeeping: *Jim Alvarez*

• **Email:** finance.bsacrament@sasktel.net

Caretaker: *Simon Hagos*

LIVE STREAMING COMING SOON

We are preparing to live stream our Mass. We hopefully will be streaming on a variety of places. For now, watch our [YouTube channel](#) or go to our parish website for the link to our channel. *Coming Soon!*

**COVID-19
UPDATE**

from Archdiocese of Regina

The most recent tightening of restrictions for mitigating the spread of COVID-19 as announced yesterday by Saskatchewan's Chief Medical Officer now include further restrictions on the size of all public gatherings (**SK government new guidelines**).

As of Friday, November 27 public gathering sizes are reduced to a **maximum of 30 people**. This includes gatherings for Mass, weddings, funerals, baptisms, and all other parish events and activities. As with previous number restrictions, this does not include necessary presiders, ministers, and ushers.

While food and drink services are also restricted in these contexts, we have received an authoritative indication that we are allowed to celebrate the Eucharist and to give communion. Distribution of communion should continue as per the directives found at the Church and Sacraments link below.

We will be making on the **Archdiocesan website updates to our one-page guidelines** for church and sacraments in the coming days to reflect these new restrictions.

All restrictions issued in past health orders remain in effect, including **mandatory masking** for all public gatherings.

Parishes are encouraged at this time to restrict all in-person meetings that take place outside of the Mass as well. Where possible, meetings should take place online. If this is not possible, strict distancing, good hand hygiene, and masks are required. These meetings must also remain limited to 30 people.

Faith leaders continue to be in dialogue with the provincial government. Updates will be provided as more information becomes available.

Questions about these new changes may be directed to Lisa Polk <lpolk@archregina.sk.ca> or Fr. Brian Meredith <fatherbrian@sasktel.net>.

Thank you for your continuing efforts to help mitigate the spread of this virus and protect our vulnerable populations through social distancing, hand washing and mask use.

MASS INTENTIONS

Saturday, November 28	<i>+Vincente & Concepcion Escanlar by Dr. Escanlar</i>
Sunday, November 29	<i>For the Parishioners</i>
Monday, November 30	<i>Sarah and all consecrated women missionaries by a parishioner</i>
Tuesday, December 1	<i>+Our deceased family members by parishioner</i>
Wednesday, December 2	<i>For healing of Kayden and his family</i>
Thursday, December 3	<i>+Our deceased family members by parishioner</i>
Friday, December 4	<i>+Father Ken Miller by LeBoldus Family</i>
Saturday, December 5	<i>Sarah and all consecrated women missionaries by a parishioner</i>
Sunday, December 6	<i>For the Parishioners</i>

LITURGICAL MINISTRY

Because of the reduced numbers that can attend each Mass, liturgical ministry is restricted to one lector (who does both readings and the general intercessions)

	November 28, 5:10 PM	November 29, 10 am
Lector	Larry Ongsu	Richard Alejandria
	December 5, 5:10 PM	December 6, 10 am
Lector	Larry Ongsu	Jonah Tremblay

FINANCIAL UPDATE

	Nov 14/15	Nov 21/22
Regular/Loose Collection	\$1,304.90	\$889.70
Building Fund	\$366.25	\$136.25
Disinfecting Fund	-	\$210.00
Education of Seminarians	\$1.25	\$1.25

HOLY FATHER ON TODAY'S READINGS

Today Advent begins, the liturgical time which prepares us for Christmas, inviting us to lift our gaze and open our hearts to welcome Jesus. During Advent we do not just live in anticipation of Christmas; we are also called to rekindle the anticipation of the glorious return of Christ — when He will return at the end of time — preparing ourselves, with consistent and courageous choices, for the final encounter with Him. We remember Christmas, we await the glorious return of Christ, and also our personal encounter: the day in which the Lord will call. During these four weeks we are called to leave behind a resigned and routine way of life and to go forth, nourishing hope, nourishing dreams for a new future. This is a favourable time to open our hearts, to ask ourselves concrete questions about how and for whom we expend our lives.

(Angelus, 2 December 2018)



Archdiocese of Regina *Bulletin*

November 29, 2020

*First Sunday of
Advent*

We Need Leaders!

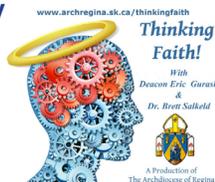
The Office of Youth and Young Adult Ministry is launching a small group ministry for young adults!! Registration for joining the groups will open in mid December and groups will start gathering in mid January. All groups will have 6-8 people, have both a social and a faith-building component, will gather based around a common interest and will gather once a week for 8-10 weeks. But first...we need leaders!! If you have a hobby or interest you are willing to share with others and are interested in building community and growing in faith, this is for you! We will provide all needed training and support. We just need willing hearts. For more info go to <https://archregina.sk.ca/youth.../young-adult-small-groups> or email mbraden@archregina.sk.ca

TF220: A Funny Story and a Cautionary Tale - Part 1

Wherein we discuss the interesting exchanges that can take place in email inboxes and the need for charity in our virtual conversations.

Show Snippet: "I got a little assertive at this point, I don't think unjustly, but I got a little assertive, I said, if you decline to show me the error I need to stop responding to your email...not everyone who attacks you on the internet deserves your time."

<https://thinkingfaith.libsyn.com/a-funny-story-and-a-cautionary-tale-part-1>



Bill C-7: Speak out Against Expanding the Criteria for Euthanasia and Assisted Suicide

The Government of Canada has introduced legislation to expand the criteria for euthanasia so that even more people will be eligible. As Trudo Lemmens, Professor of Law and Bioethics at the University of Toronto said: "Legalizing MAID outside the end-of-life context explicitly confirms the ableist presumption that people with chronic disabilities may be better off dead." Write your MP today to let them know what you think. We have a draft letter below, but we ask you to personalize it as much as you can. They need to hear your stories, your fears, and your opinions. Visit the link to send your message to your MP today: https://www.canadiansforconscience.ca/federal_government

Livestream Daily Mass

Tune in at 9:00 AM daily for Mass in English, Mass in French will be available every second Sunday.

Visit our [livestream page](https://archregina.sk.ca/live) for more info at archregina.sk.ca/live



On Behalf of Archbishop Donald Bolen, the Archdiocese of Regina and all of the ministries and organizations we fund and support, we would like to thank everyone for their prayers and for their help in the various ministries of the Archdiocese.

Thank you for your financial support to this year's Archbishop's Appeal. If you have not already done so, there is still time to make a contribution, as donations will be accepted until the end of December. Your contributions, regardless of size, will ensure that the mission of Christ will continue and that the Church of Christ will grow to touch the lives of others, making the peace and grace of Christ known throughout the Archdiocese of Regina.

For more information on how you can donate, please visit <https://archregina.sk.ca/giving>.

REVIVE PARISHES

The Archdiocese of Regina is pleased to provide free, online faith formation and leadership training through a partnership with Revive Parishes. Revive is a free online platform with a variety of resources to help parish leaders learn, grow, and renew their parishes. Featuring courses lead by renowned Catholic speakers like Mark Hart, Pat Lencioni, Fr. Mike Schmitz, and Chris Stefanick, Revive offers leadership training in areas of parish renewal, evangelization, stewardship and giving, parish communications, and more. For more information and free access to online courses, visit Revive Parishes at: <https://reviveparishes.com/regina>.

Stewardship Bulletin Bit

"Take heed, watch and pray; for you do not know when the time will come." - Mark 13:33

We all take things for granted. In particular, we take time for granted. We make our lives too busy. We plan our time, our days, weeks, months, even years in advance. Remember, our time on earth is a gift. None of us knows how long we will be here. Start today and begin thanking God for each and every day. Take time in silence, every day, and listen to how God is calling you right now to help build His kingdom on earth.

BULLETIN BOARD

Journey Through Advent - A Video Series to Introduce UbX'FYÚYWh'cb'h\Y'GYUgcb

The Canadian Conference of Catholic Bishops (CCCB) announces a new online weekly video series created to help Canadian Catholic faithful to prepare for the celebration of the birth of Jesus. Entitled Journey through Advent, the series is a joint project involving the CCCB's Office national de liturgie, the National Liturgy Office, and the Office for Evangelization and Catechesis. The initiative was developed as a way, through the modern method of video messaging, to offer a resource that enriches faith formation during a time of joyful anticipation for the coming of the Lord and Saviour into the world.

This video series is especially relevant given the COVID-19 pandemic that places limitations on in-person gatherings for faith communities. It is hoped that Journey through Advent will be a source of deep spiritual solace and insightful preparation for all.

The videos will be available on the CCCB website each Monday in advance of the upcoming Sunday celebration (November 23, November 30, December 7 and December 14). <http://bitly.ws/aEq9>

Advent and Christmas Books and DVD's

Looking for a fruitful and meaningful Advent and Christmas Celebration with your family? Advent and Christmas Books and DVDs are available at the Archdiocesan Resource, Centre 445 Broad Street North, Regina.

We are open Monday – Friday 9:00 a.m. – 4:30 p.m.
Contact Melissa Gurash at 306-352-1651 ext. 237 or email mgurash@archregina.sk.ca. You can also search and reserve library materials online at www.archregina.sk.ca/resource-center.

Home for Christmas – Virtual Christmas Concert

Covid can't stop Christmas. And this year, the Daughters of St Paul choir's Christmas Concert is finally making it to Canada... virtually!

The Daughters of St Paul are an international congregation of religious sisters who evangelize through the media. The sisters of the USA & Canada province have long wished to bring their Christmas Concert tour north, but international rights and customs made it impossible. But this year has offered the sisters the unique opportunity to launch their first ever virtual concert, "Home for Christmas," with choir members joining in from their homes to sing to you in yours! So, join us, the Daughters of St Paul Choir, for our first concert for Canada! "Home for Christmas" is a free YouTube live-streamed event where you can expect to meet our choir members, listen to some concert favourites, learn some dance moves, hear some inspirational stories, and have the opportunity to support our mission of evangelization. We hope to see you there, December 3rd at 8pm EST!

Visit <http://www.pauline.org/virtualconcert> for more information.

Give me Jesus: Asking, Expecting & Receiving this Advent

An Advent online retreat series with Leah Perrault. What does it mean to long for Jesus during Advent, let alone during a global pandemic? How do we enter into God becoming human, in our own flesh and blood? Join Leah as we rest gently into the asking, expecting, and receiving of Jesus this Advent. Saturday mornings, December 5, 12 & 19, 10:00 - 11:30 a.m. Cost: \$45/3 sessions. A minimum of 20 participants are needed to offer each series. Registration deadline: December 2. To register call 306-242-1916 or Email: receptionist@queenshouse.org.

Archdiocese of Regina Weekly Report

Sign up for our Free Archdiocese of Regina Weekly Report
Sign up HERE: <https://archregina.sk.ca/news>

SCAM Alert

Please be aware that some emails are being sent from scammers claiming to be some of our priests and office staff. Names are being pulled from parish and diocesan websites to create fake email (often Gmail) accounts. Most will ask you to contact them or send information. Please do not reply to any suspicious emails. If you are in doubt, contact the person the email is claiming to be from using an alternate contact method (do not reply to the suspicious email). Also note: At no time will our priests, deacons, religious or diocesan staff contact you seeking Google Play cards, iTunes cards or any other form of personal financial assistance.

Archdiocese of Regina

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Please send Bulletin Announcements to:

communications@archregina.sk.ca