

WELCOME TO BLESSED SACRAMENT PARISH

The Solemnity of the Most Holy Trinity

May 21 & 22, 2016

Sunday Liturgy

Saturdays: 5:10 p.m. at St. Mary's
Sundays: 10:00 a.m. at St. Mary's
Eucharistic Adoration: 1 hr. prior to Mass
Reconciliation: Until 20 min. before Mass

Weekday Liturgy

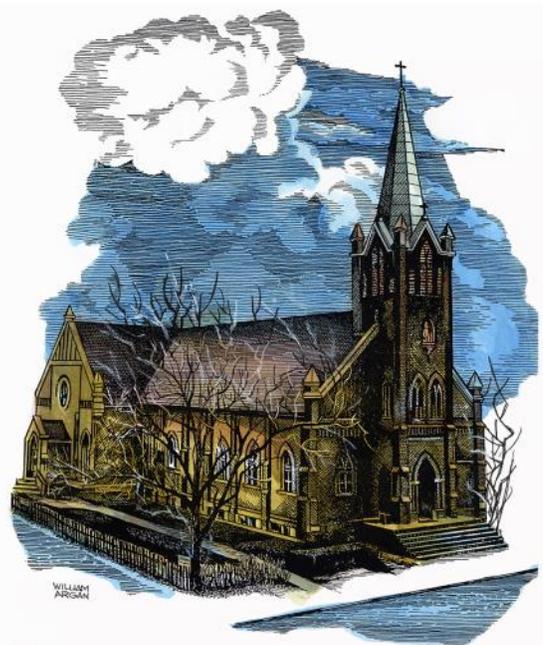
Suspended during Renovations

Office Hours

Tuesday to Friday
9:00 a.m. - 3:00 p.m.

Parish Staff

Pastor: Rev. Barry J. Anwender
Business Manager: John Hoffman
Office Manager (Pt): Valerie Perras
Music Director: Gaétan Hammond



Our Parish Mission: We, the faith community of Blessed Sacrament Parish, seek to help those whom God has placed in our lives to experience the presence of our Lord Jesus Christ. As Jesus' disciples, with the grace of the Holy Spirit, we strive to become living gospels of life through our daily loving choices to serve God, one another, our parish and our community.

2049 Scarth Street
Regina, Saskatchewan
S4P 2H5
Phone (306) 522-7422
Fax (306) 359-1811

E-mail: blessed.sacrament@sasktel.net
frbarry@sasktel.net

Website: www.blessedsacramentregina.ca

The Solemnity of the Most Holy Trinity

May 21 & 22, 2016

In the name of the Father and of the Son and of the Holy Spirit. The Father, Son and Spirit, three persons in one God, reveal to us what it means to live in intimate relationship and perfect unity. It is a message which our lonely and fragmented world needs to hear. Christians know that in baptism, we enter into Trinitarian life. Our relationships are to be signs of unity and communion: one heart, one mind, one spirit. The way we work, live and love should speak of intimacy, care and love for each other. It is to live God's life.

Saturday, May 21, 2016: 5:10 p.m.

Altar Servers: Cristo Katas, Jovan Juancito

Community Leader: Rosie Ongsu

Lectors: Marvella Lovely, Helen Ball

Eucharistic Ministers: Lorraine Vincent, Gail Runge
Mary Wadsworth

Hospitality: Sheryl Sayat, Christn Katas

Sunday, May 22, 2016: 10:00 a.m.

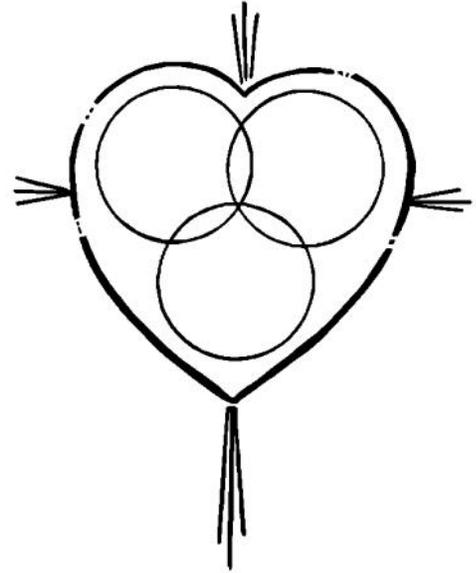
Altar Servers: Arnel Urbiztondo, Patrick Ravasco,
Melchoir Andes

Community Leader: Richard Alejandrai

Lectors : Joseph Alejandria, Reuben Mercado

Eucharistic Ministers: Newton Miranda,
Pete Escanlar, Urbis Urbistondo

Hospitality: Allan Ngui, Art Vanderzalm



Weekday Masses at St. Mary's (2026 Winnipeg St.) with Blessed Sacrament Parish

| | | |
|-------------------|------------|--|
| Monday, | 7:00 p.m. | Mass: Fr. Tubale |
| Tuesday, | 7:30 a.m. | Mass: Fr. Vitalis |
| Wednesday, | 6:00 p.m. | Adoration and Benediction - 7:00 p.m. Mass |
| Thursday, | 7:30 a.m. | Mass: Fr. Vitalis |
| Friday, | 7:00 p.m. | Mass: Fr. Vitalis (Every 3rd Friday of the Month) |
| Saturday, | 7:30 a.m. | Mass: Fr. Vitalis |
| | 5:10 p.m. | Mass: Fr. Barry with Blessed Sacrament Parish scheduled ministers |
| Sunday, | 10:00 a.m. | Fr. Vitalis with St. Mary's scheduled Ministers (Odd Sundays of month) Fr. Barry with Blessed Sacrament's scheduled Ministers (Even Sundays of month) |
| | 1:00 p.m. | Latin Mass (Every 2nd & 4th Sunday of the Month) |
| | 5:00 p.m. | Mass: Fr. Vitalis |

Church Repair Status

Please visit www.blessedsacramentregina.ca for more details.

Church Floor & Bell Tower Underpinning Project: Contractors have completed excavating the ground around and down to the base of the four(4) large transept columns. This preparation work makes way for underpinning each transept column/pad with two(2) new piles. The transept columns will not be adjustable, so the underpinning process is more complicated to ensure that the floor in the transept area will be level as possible.

The floor leveling process in the 1905 part of the building is focused on the last and most dysfunctional part of the building. The southwest corner of the church suffers from extreme longstanding structural dysfunction. This is where the new children's room and washroom are located, where the stained glass window is removed, where the wall is braced and where there is structural roof/bell tower damage. The church floor in this area was heaved (lifted) by more than two(2) inches. The floor still needs to be lowered by another 3/4 inches before the flooring contractor can resume. The building is adapting; however, only small 1/4 inch adjustments can be made and then we wait for the building to heal, before making the next adjustment can be made.

Rediscover Mercy - Feed The Hungry

Reflection by a Dynamic Catholic Team

The works of mercy are broken up into two categories: the corporal works of mercy and the spiritual works of mercy. Sacred Scripture defines seven corporal works of mercy (Matt 25:31-46): Feed the hungry, Give drink to the thirsty, Cloth the naked, Shelter the homeless, Visit the sick, Visit the imprisoned, Bury the dead. The corporal works of mercy are concerned primarily with meeting the physical needs of others.

We live in a world where hunger is a daily reality for nearly 800 million people (World Food Programme). But how do I tangibly and prudently feed the hungry? The “one level down” concept, a practical way to not only feed the hungry, but also live out other works of mercy.

The basic concept is this: Whenever you are going to purchase something, look at what you want, then buy “one level down” from that. You can put that into practice this Advent. Make it a point to purchase one level down from what you normally buy. Order a smaller meal, go for the off-brand, rent a movie instead of going out, etc. At the end of Advent, tally up the money you saved and make sure someone in your community has a meal this Christmas.

FREE TO BE GENEROUS

This exercise clearly is about living more generously and giving to the poor, but let’s dig a little deeper. In order to do that authentically, we need to focus on detachment from the things of this world. In the midst of the complexities of this modern era, we find ourselves enslaved and imprisoned by a thousand different whims, cravings, addictions, and attachments. We cannot live out the works of mercy if we are attached to our desire for things. By separating ourselves from a love of things, we can more fully love people.

To love is to give yourself freely and without reservation. Yet, to give yourself—to another person, to an endeavor, or to God—you must first possess yourself. The person who has little self-possession thinks only of himself and constantly places his desires before the needs of others. The very act of loving is an act of self-donation, of giving ourselves to another.

All the spiritual disciplines that make up the incredible landscape of Catholic spirituality are designed in one way or another to restore our lost self-possession so that we can once again love God and neighbor, and be loved the way we were created to be loved.

Living with a one-level-down mentality is just one way that we can practice this self-possession and free ourselves to love through the works of mercy.

REFLECTION

Focus: In what way are you imprisoned by whims, cravings, addictions, or attachments?

Act: Integrate a one-level-down mentality into your purchase decisions. Start today by doing it once.

Pray: I beg of you, my Lord, to remove anything which separates me from you, and you from me.

(From Saint Peter Faber’s Prayer for Detachment)



Financial Update:

| | Collection | Target | May 14/May 15 Over (Short) | Jan 1– Dec 31 Over (Short) |
|----------------------------|---------------|---------------|-------------------------------|-------------------------------|
| | May 14/May 15 | May 14/May 15 | from Target | from Target |
| Regular Collection | \$1,742.85 | \$3,486.00 | (\$1,743.15) | (\$37,966.18) |
| Building Fund | \$5,927.00 | \$14,142.00 | (\$8,215.00) | (\$352,632.07) |
| Catholic Mission of Canada | \$724.85 | | | \$784.85 |

Thank you for your donation!

Note: The “Regular Collection” target has been revised for an annual operating budget of \$200,000.00. The “Building Fund” target is now based upon the actual underpinning budget, together with the remaining estimated work for a construction budget of \$1.5M.

Blessed Sacrament Parish

Sacrament of the Sick will be offered at the Solemnity of the Most Holy Trinity Masses this weekend. This anointing with the Oil of the Sick blessed by the Bishop at the annual Chrism Mass is provided to individuals who are suffering with an infirmity long term illness or are experiencing a need for healing and strength; be it physical, spiritual, emotional or psychological. The Sacrament of the Sick will be celebrated after the homily.

Visitor Envelopes are available at St. Mary's front entrance. If an unmarked envelope with an amount of money is donated the amount will be shared with St. Mary's Parish.

Mass Intentions at Blessed Sacrament Parish are suspended while the church is closed for repairs. Our Mass intentions are not being celebrated at St. Mary's Parish during the week.

Volunteer Ministry positions are available at Blessed Sacrament: Lectors, Greeters, Communion Ministers, Rosary Leaders. Training will be provided to help you feel comfortable.

Prayer of Petition for the formation of the diaconates and seminarians of our Archdiocese, as these men prepare for a lifetime of service in the Church, we pray to the LORD.

World Youth Day

Sunday, July 31, 2016 from 9:00 am – 4:30 pm at Holy Child Parish, 2636 – 7th Avenue East, Regina
Grades 7 to 12 from the Archdiocese of Regina to a fun-filled day of activities and prayer.

A workshop on the preparation of a Christian Funeral

St. Martin de Porres Parish Hall, Saturday, June 25th from 9am to Noon, St. . Lunch provided at no charge. St. Martin de Porres Funeral Planning Team. The essential elements of a Catholic Funeral will be studied: music, readings, eulogies, etc. Pre-registration is required if you are staying for lunch. Call 306-586-5655 or st.martinsadmin@sasktel.net

Camp Monahan Trash to Treasure Garage Sale
May 27-29, 424 Mullin Ave, open 9 am daily, if the garage door is open, the sale is on. For more information contact: 306-522-1047.

Facing the threat of physician-assisted suicide

As our country faces the moral and social threat of physician-assisted suicide, you are invited to call upon federal, provincial and territorial legislators to defend and protect the lives of all, to renew efforts to guarantee accessible home care and palliative care, and to protect the conscience rights of healthcare providers and agencies refusing to be part of euthanasia and assisted suicide. To share your concerns with your legislators, visit <http://www.canadiansforconscience.ca/>.

Development and Peace

Nepal one year after the Earthquake

Development and Peace has received new funding from Global Affairs Canada to help support those ongoing conflict-affected communities:

Ecuador: \$50,000 towards emergency relief efforts after a violent earthquake measuring 7.8 on the Richter scale struck the country on Saturday, April 16th, 2016. **Iraq:** \$3.7 million for emergency assistance, such as shelters and sanitation facilities. **Syria:** \$2.25 million to food security and supply emergency aid. **MiningWatch** and Development and Peace and sent out a press release asking the Prime Minister to give special attention to the letter on Canada's foreign policy regarding the global mining sector and to take action.

Paris Climate Conference and After?

All are invited to an evening with Steven Guilbeault and Haley Carlson, Saskatchewan Environmental Society, on climate change and our call to action after the Paris Climate Change Conference on Friday, June 10, 7 p.m. at Holy Rosary Cathedral, 2104 Garnet St. in Regina. This presentation is sponsored by Development and Peace, the Canadian Religious Conference.

Catholic Engaged Encounter

The archdiocese has approved a marriage preparation course on June 3 - 5, 2016 weekend near Wolseley. For more information or to register go to www.ceewest.com and click on Regina or call Ann and Jeff Denton at (306)-586-0934.

The Regina Catholic Schools Teachers'

Association (RCSTA) Superannuation 2016

invites you to attend an evening honouring this year's retiring teachers and administrators, on Thursday, June 9, 2016, at 7:00 p.m. at the Hotel Saskatchewan.